

ANITA'S SPECIAL SLALOM LESSON: Equipment: 2 poles/lots of cones or other markers
Bends, turns, changes of pace, changes of rein. Good for showing independent steering & raising awareness of where other horses are. First done as "follow my leader", which can be a helper or instructor, then taking solo turns. Can be timed to introduce competition element. Can be shortened by missing out the trot element – going direct from 7 to 10

