



NORTH MIDLANDS RIDING FOR THE DISABLED REGIONAL ROUND-UP NOVEMBER 2017

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TOP COACHING AWARD WON BY KAREN FROM KESTEVEN RDA!!



Coach of the Year, Karen Thompson was praised for her ability to build confidence and self-belief in her riders. Awards organiser and RDA Coaching Coordinator, Fiona Harris said, "Karen's sessions are delivered with encouragement and positivity. She is dedicated to her work as an RDA Coach and always shares her knowledge and experience. Her leadership has created an RDA group which truly embodies the motto of the RDA 'it's what you can do that counts'.

Congratulations Karen from everyone in North Midlands RDA - we're all very proud of you!

2018 HERE WE COME!!

Even though there's still a couple of months of this year to go, we've already started to think about next year! We have the dates for next year's regional qualifiers, so get them in your diary and make use of the time before them to get training so we have some great representation from North Midlands for the 2018 Championships!

Regional Show Jumping Qualifier

Friday 13th April at Scropton RDA, Derbyshire

Regional Dressage Championships

Monday 30th April at Field Farm, Leicestershire

Regional Countryside Challenge Qualifier

Friday 18th May at Scropton RDA, Derbyshire

Regional Arts & Crafts Qualifier

Friday 18th May at Scropton RDA, Derbyshire



DRESSAGE ANYWHERE?



Have you got access to a 20x40m space, a pony and a keen RDA rider? Then 'Dressage Anywhere' could be for you! It's the chance to take part in a dressage competition without leaving home! Just film the test being ridden and download it to the Dressage Anywhere website and you're away.

Dressage Anywhere run a monthly competition for RDA riders with tents available for all levels from walk only to walk, trot & canter. There are prizes & rosettes to be won every month, plus the opportunity to qualify for the RDA online championships next year.

We tried this for the first time at Scropton RDA in October and it was a great success! We started small with just 3 riders trying it out. Two opted for the walk only test, and when we contacted Dressage online they were very happy for one of these to complete the test on the lead rein. Although all the riders rode at home, it was a chance to dress up in competition gear, smarten



up the pony and ride for an RDA judge. The results were anxiously awaited, and were back very quickly. All scored well and were in the rosettes, but just as important, all received feedback on their tests from the judge to learn and improve from. All three riders have been bitten by the bug and are keen to have ago in this month's competition to see if they can beat their scores!

Why not think about this for your group. It's a great way to extend opportunities for your riders without leaving your own yard, and is proving to be a really positive experience for all involved.

Visit

www.dressageanywhere.com

To find out more.

WHAT'S GOING ON IN YOUR GROUP?

Would you like your group's news, events or activities shared with the region in the next newsletter? Please send pictures / stories to Matt by Friday 24th November - thank you!

HAVE YOU GOT A NEW STORY TO TELL?

Regional contributions to the RDA Magazine are changing for 2018. Each issue there will be a theme and regions can contribute one article based on this theme.

The first theme for is 'New' so we're looking for an interesting story about something new happening in the North Midlands region. Have you got something new happening in your group, a fresh idea, the start of a new project, a new idea for your RDA sessions? We've been asking for ideas around the region so that we can choose a story that will interest and inspire RDA nationally.

We've had two possible stories submitted so far:

Hannah Payne RDA have been struggling to find suitable **new** ponies for their RDA group, so have decided to invest their time on bringing on a young pony from scratch. As a 4year old now he's in training with the group, being ridden by volunteers, but once he turns 5 they have high hopes that he will be a great **new** pony for their group.



Like many groups, **Scropton RDA** are always in need of **new** volunteers. At the start of 2017 they ran a recruitment campaign called 'New Year, New Challenge' aiming to capitalise on all those **new** years resolutions everyone makes! The campaign was really successful, and so they are planning to develop this and run it again in January 2018, hoping for plenty more **new** volunteers.



If you've got a new story you'd like to put forward, please get in touch with Matt by Friday 17th November.

We can only put one story forward to the RDA magazine, but can feature others in our own regions Round Up!

AROUND THE REGION



Smart new transport for Cleethorpes & Grimsby RDA

North Midlands mascots have halloween fun!



Dont forget RDA's 'Buy a Brick' campaign - <http://www.rda.org.uk/buyabrick/>

NOMAD'S NOTES

Nomad is the North Midlands RDA Regional Mascot. Follow him on Facebook & Twitter. Here's a taste of what he's been up to lately...



Nomad paid a visit to the RDA Coaches Conference so he's all up to date with coaching 'know how' when he visits local groups!

If you'd like Nomad to visit your group just get in touch with Matt.

Follow North Midlands RDA on

Facebook: North Midlands RDA Twitter: North_Mids_RDA

Instagram: northmidlandsrda Website: www.northmidlandsrda.org.uk

For all publicity contact Matt at matdalley@me.com