



NORTH MIDLANDS RIDING FOR THE DISABLED REGIONAL ROUND-UP SEPTEMBER 2017

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SPECIAL OLYMPICS SUCCESS IN THE EAST MIDLANDS

Congratulations to the team of riders that represented the East Midlands at this summers Special Olympics national Games. Many of the riders who took part ride with RDA groups in our region. The team won 14 medals between them, including seven gold!! Well done to Carolyn, Christine, Ellie, Emily, Hayley, Kirsty, Richard and Tim.
Thank you too to the great team of volunteers who supported them to make this happen.



BELVOIR VALE GET OUT & ABOUT



Belvoir Vale RDA have had a busy summer getting out and about. After competing at Hartpury they then had a riding holiday at Clwyd, followed by a riding fun day at Scropton RDA, meaning that all their riders had the chance to get out & do something different!



SOUTH NOTTS TRAINING

Sam Peck, Lincolnshire County Coach, delivered a very informative hands on workshop covering a demonstration lesson for the volunteers to observe. Observation feedback and demonstration of The three stages of Leading were demonstrated and discussed and then volunteers took part in leading ,mounting and dismounting. Everyone actively participated in the sessions : Coaches, experienced volunteers and new volunteers.

Then, working in teams, individual rider scenarios were discussed.Each group then gave a practical mounted demonstration of their profile.

Everybody including the ponies enjoyed this hands on practical interactive workshop which encouraged discussion and participation

A big thank you to Claire and Molly who rode.

The day went too quickly but was fun. Thank you Sam. The photo shows some of the volunteers relaxing with Sam after all the hard work!!



DALMORE ARRIVES AT WENLO



There's a new mascot in North Midlands - Dalmore from Wenlo RDA. Although he's only recently arrived he's already been busy getting out and about. He enjoyed supporting the East Midlands Special Olympics Team at the National Summer Games and was recently spotted checking out the cross country jumps at Burghley. Nomad is looking forward to meeting him!

WHAT'S GOING ON IN YOUR GROUP?

Would you like your group's news, events or activities shared with the region in the next newsletter? Please send pictures / stories to Matt by Friday 29th September - thank you!

NEW HOME FOR CLEETHORPES & GRIMSBY

After 30 long & successful years at Weelsby, Cleethorpes & Grimsby RDA are on the move. They have moved to Cottagers Plot and have been busy getting all the horses settled in. We wish them all the best in their new home.



NORTH MIDS PARA SUCCESS

Para riders from North Midlands RDA groups are having a successful time! Our congratulations go to:

Becky from Cleethorpes & Grimsby winning the Grade 4 Silver Para Dressage Championship



Gabriella from South Notts winning the Grade 2 Bronze Para Dressage Championship



Matt from Scropton RDA coming 2nd in the Grade II Para Show Jumping at the British Show Jumping Scope Festival.



Have you signed up for the RDA BIG RIDE

it's happening in the North Midlands Region on
Friday 22nd September
at **Beacon Hill Country Park in**
Leicestershire

It'll be a great opportunity to get together with other groups from the region & give your riders the chance to do something different!

For more information about the event, please contact Jane Corral (Leics. County Chair) at dencorral@gmail.com as soon as possible. Hoping to see lots of groups there!



NOMAD'S NOTES

Nomad is the North Midlands RDA Regional Mascot. Follow him on Facebook & Twitter. Here's a taste of what he's been up to lately...



Nomad loved meeting Hope. She was visiting Scropton RDA to collect her award winning artwork which had won 5th prize at the RDA Championships. Nomad and the Scropton mascot Dobbin were very impressed with her model of the South Notts stables & horses!

If you'd like Nomad to visit your group just get in touch with Matt.

Follow North Midlands RDA on

Facebook: North Midlands RDA Twitter: North_Mids_RDA

Instagram: northmidlandsrda Website: www.northmidlandsrda.org.uk

For all publicity contact Matt at matdalley@me.com