



COVID-19 Risk Assessment

Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal

Players and persons from the same house must not attend training sessions if:	<ul style="list-style-type: none"> • If they have COVID-19 symptoms (high temperature, a new continuous cough) fever, cough. • If you players or family members are clinically extremely vulnerable (e.g. if you have cancer, people with respiratory conditions etc. These people are likely to have been written to by the NHS)
--	---

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
Travelling to training sessions / matches.	Players and family members	<p>Only people who live in the same house can travel to training sessions in the same vehicle.</p> <p>Where possible it is encouraged players and family should walk or cycle to training sessions</p>	Coaches / manager to keep a record of who has attended a training session / match, records to be kept for a minimum of 21 days.	
Parking	Players Family members Coaches	People traveling to training sessions are encouraged to park with social distancing in mind.		



COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
		Where this is not possible please stagger getting in and out of vehicles		
Spectators	Family members	<p>2M Social distancing to be in place at all times except.</p> <p>Spectator groups should be limited to six people per group and spread out in line with wider Government guidance.</p>		
First aid	Players Coaches	<p>Normal first aid kit to be provided.</p> <p>A supply of masks to be provided to all coaches if first aid is required.</p> <p>Gloves will be worn when administering first aid in normal practices of good hygiene.</p>		



COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
		For younger players it will be encouraged for family members to initially check the child's injury.		
Hand hygiene	Players Coaches	<p>All players and coaches are to wash their hands prior to leaving their house.</p> <p>When they arrive at training / match all players are to use alcohol hand sanitiser prior to each training session in front of the coaches.</p> <p>After the training session / match has finished alcohol hand sanitiser must be used.</p> <p>Spitting it be discouraged by all.</p>		
Training session	Players Coaches	If a group session with one ball is required no touching the ball with your hands.	Training balls can be numbered and issued to a player at the beginning of each training session.	



COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
		Social distancing is to be applied throughout the training session. No physical contact is allowed.		
Cleaning equipment training	Players Coaches	When coaching sessions have finished balls, cones etc are to be disinfected and cleaned.		
Safe guarding	Players	Normal safe guarding policies apply.		
Toilet facilities	Players Family members Coaches	One person at a time allowed in toilet area to ensure social distancing is adhered to. Wash hands before and after using the facilities.		
Water	Players	Each player is to bring their own water bottle.		
Changing rooms and shower facilities	Players Coaches	It is advised not to use the changing rooms and there will be no use of the showers. Players are requested to go home to change and shower.		



COVID-19 Risk Assessment

Hazard/ Task	Who might be harmed	Controls required	Additional controls	Who
		Where changing facilities are required, follow social distancing at all times, a maximum of 5 players in the changing room at any one time. Remove all personal items and use hand sanitiser when leaving the pavilion.		
Disposing of PPE	Coaches	Used disposable masks/ gloves should be double bagged and either placed in the specific bin on site or they should be stored for 72 hours then disposed of in the normal general waste.		

Risk Assessor:

Signature: _____

Date: 08/06/2020

Review Date: When required

Name: Steve Allen



COVID-19 Risk Assessment

RE-STARTING OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL – SUMMARY

COVID19 GUIDANCE

FOR CLUBS, PLAYERS, COACHES, CLUB OFFICIALS, CLUB WELFARE OFFICERS, MATCH OFFICIALS, LEAGUE OFFICIALS, VOLUNTEERS, PARENTS/CARERS SPECTATORS AND FOOTBALL FACILITY PROVIDERS – Published 18 July 2020

BEFORE ACTIVITY

- Everyone should self-assess for **Covid-19 symptoms** before every training session or match. If you are symptomatic or living in a household with possible or actual Covid-19 infection you must not participate or attend. You should stay home and follow the latest **Government guidance**.
- Clubs/facility providers should appoint a Covid-19 officer and conduct a thorough **risk assessment** before re-opening or re-starting competitive activity. They should also follow current '**NHS test and trace**' protocols, such as keeping an attendance register.
- Personal hygiene measures should be carried out by everyone and hand sanitisers brought and used at the training/match venue.
- The sharing of kit and equipment should be avoided, but where equipment is shared, it must be cleaned before use by another person.
- Goal posts and corner poles should be wiped down before matches, after matches and at half time.
- Follow Government guidance for travel, including minimising use of public transport.
- Active participants should arrive changed and ready to take part.
- Youth team coaches should re-acquaint themselves with all safeguarding policies and procedures.
- Meet-up times should be adjusted to avoid time spent congregating at a venue.



COVID-19 Risk Assessment

- Use of clubhouses, hospitality facilities, changing rooms and toilets must adhere to **Government guidance**. Anyone who is deemed vulnerable in respect of Covid-19 is reminded to follow the Government's guidance, only returning to football when it's right for them to do so.

DURING TRAINING & MATCH PLAY

- Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches).
- Competitive match play is permitted, with social distancing in place before and after the session, and in any breaks in play.
- The sharing of kit and equipment should be avoided and participants should bring their own drinks or refreshments, in named containers.
- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.
- Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in The FA Covid-19 Code of Behaviour.
- Set plays: players are encouraged to avoid unnecessarily long set-up or close marking. Other modifications apply to specific situations, such as goal celebrations being discouraged. Read more in The FA's more detailed guidance [here](#).
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training.
- Observing rigorous hygiene standards, injuries can be treated. See full guidance [here](#).
- Spectator groups should be limited to six people per group and spread out in line with wider **Government guidance**.
- Match fee payments should be cashless – consider using **The FA Matchday App**.
- Small-sided football should include more regular hygiene breaks in activity and players discouraged from touching or tackling against boards.



COVID-19 Risk Assessment

AFTER ACTIVITY

- Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant.
- Unless absolutely necessary, participants should take their kit home and wash it themselves, or by family members. Post activity showers should be taken at home.
- Everyone must continue to maintain **social distancing** including in any facilities where groups of people congregate (e.g. clubhouses).
- Everyone should leave following the traffic-flow system the club or facility provider has put place.
- Anyone who becomes infected after training/matches should report this to the **NHS test and trace system**.

Published: 18 July 2020