Banana skin tonic for plants

- A good source of Potassium especially for tomato plants & peppers.
- Banana peel can be buried when planting tomatoes to give them a boost.

Method:

- Soak two to three banana skins in 500ml of water
- Leave for a few days
- Remove the skins to your compost bin
- Mix one part tonic with one part water and

… watch your plants flourish