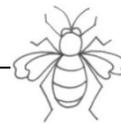


# Free Design

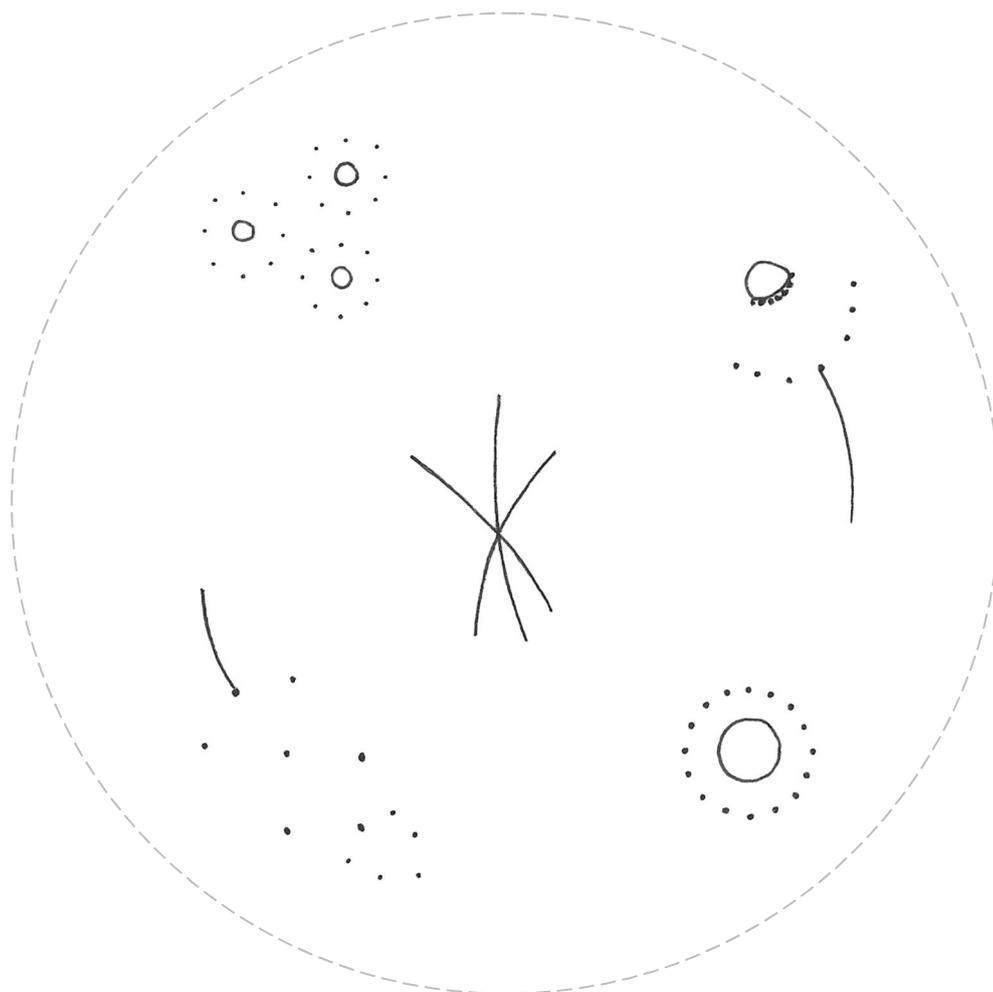
## 5 embroidered flowers sampler



Print off this page and trace the lines below onto your fabric with a waterproof or erasable transfer pen. Go over the designs with a black pen first if you can't see them clearly through the fabric or you can use the prick and pounce method or carbon transfer paper. Frame the fabric into your embroidery hoop and if you are using a cotton fabric place a backing behind your embroidery fabric to give you a more stable ground to work on.

### Outline design for transfer

*Note: Make the dots as small as possible so they are easy to cover with your stitches! The outer circle is just to mark where the edge of a 5" frame comes, you don't need to mark this on.*



## **Level: beginners and those who love flowers!**

This sampler is a wonderful way to learn how to stitch some flowers with just a few simple stitches. The stitches repeat themselves and you don't need many materials (see below for the colours I used, but substitute these for any colours you like!). Check out our other videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page!

### **You will need:-**

A printer to print off this design! The outline design is the size I worked.

### **Threads**

Stranded cottons in the following colours:

**White & yellow** for the Daisies

**Bright pink and dark purple** for the Fuchsia

**Mid pink, orange and dark red** for the Echinacea

**Bright yellow and dark brown** for the Sunflower

**Light purple and mid green** for the Lavender

I also used the following, all available from [www.sarahhomfray.com](http://www.sarahhomfray.com):

### **Fabric**

- Linen twill (you can use any fabric you like but I suggest something made of natural fibres such as cotton, linen or linen/cotton blend).

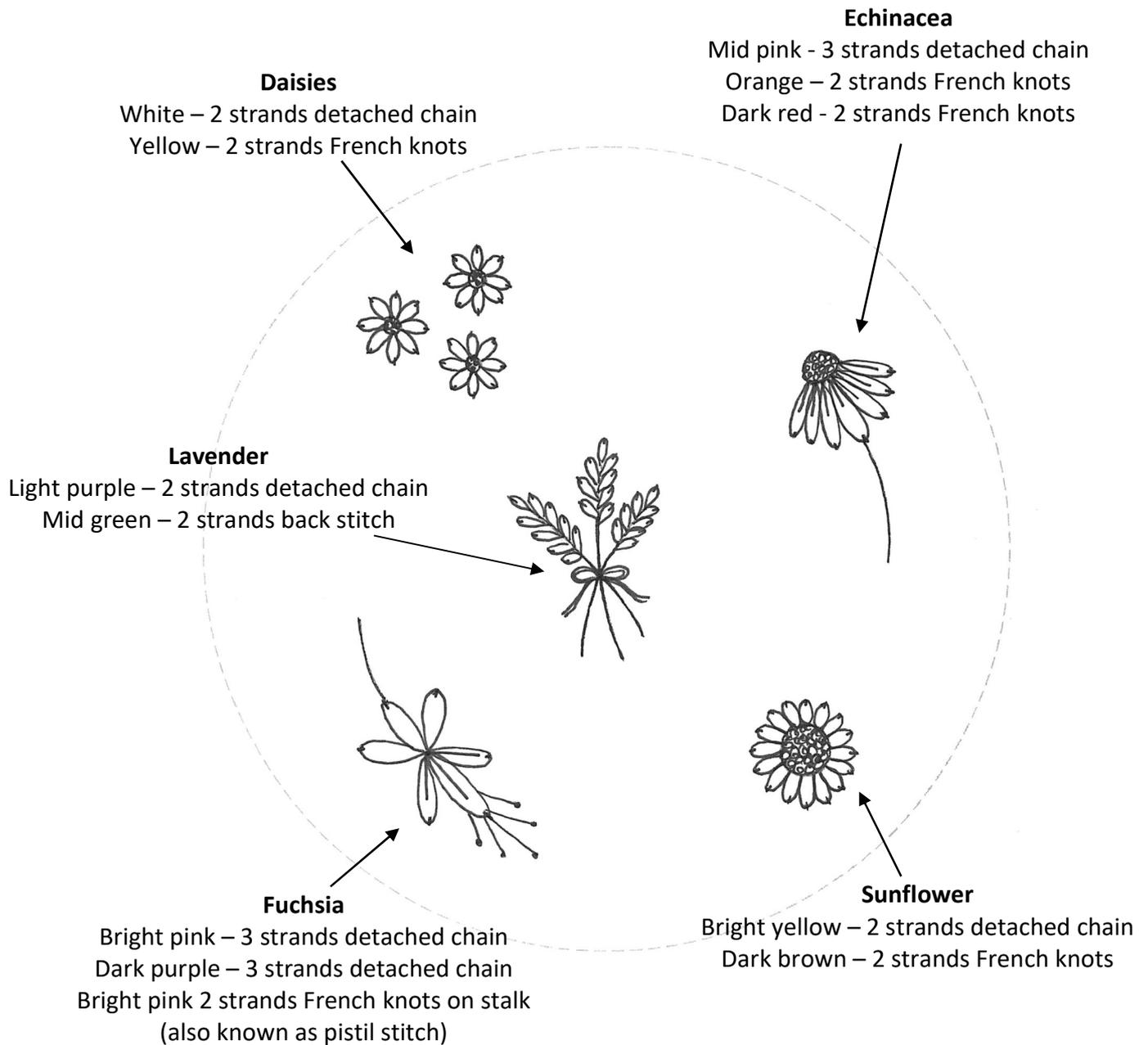
### **Needles**

- Crewel size 7

### **Other**

- Embroidery scissors
- 5" embroidery hoop
- Waterproof or erasable design transfer pen
- Versatile table clamp to hold my frame still

# Stitch and colour plan



Visit YouTube or the 'How To' section of the website to see the video of this sampler:

<https://www.sarahomfray.com/howtovideos.html>

**Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)**