

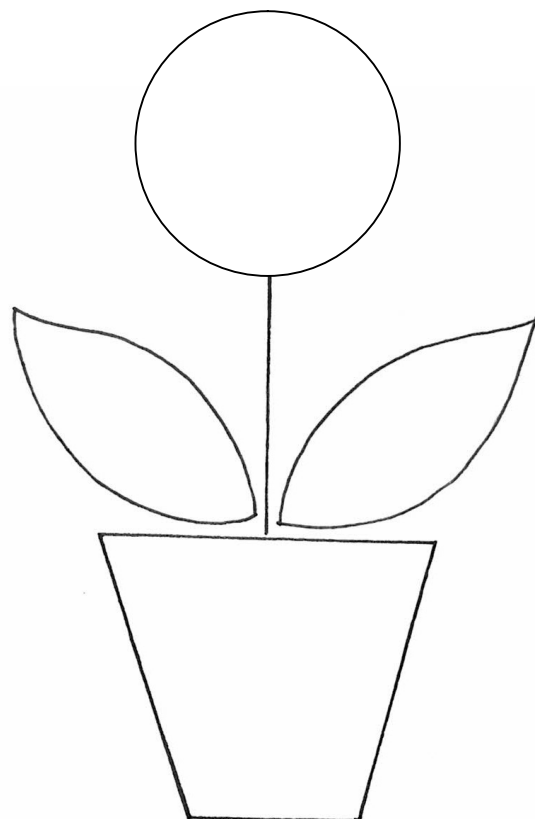
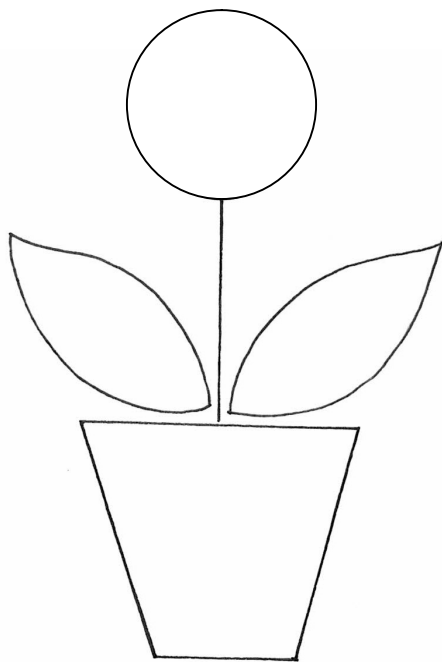
# Free Design

## Appliqué Flower pot



Print off this page and cut out the pattern pieces below. Watch my video 'The Ultimate guide to Appliqué for beginners' and have a go at your own plant pot design. I used the small design in the video but the larger one would look great on a cushion!

### Pattern pieces to cut out



## Inspiration

A ginger cat on a piece of quilting fabric inspired this design but you can just work the flower and pot or have a look through your own fabrics and see if there are any motifs that you like! Flowers, butterflies and plants would all work well.

Check out our other videos on how to frame up your fabric, how to thread your needles, how to start and finish your threads and The Stitch Library for lots of embroidery stitches to use on your appliqué; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page.

## You will need:-

A printer to print off these pattern pieces

## Fabric

You can work appliqué in all different kinds of fabric, look at the qualities of the fabrics: can you make use of fabrics that fray easily? Lighter weight cotton fabrics will turn under more easily and silk fabrics will add some luxury and shine. Have a look in your stash and see what you can use, you can always paint some plain fabric with fabric paint if you don't have the right colour! Stitch your layers of appliqué onto a base fabric for extra stability; plain cotton is good for this.

## Threads

Again, you can use lots of different types of threads for this technique. Think about texture, weight, colour and shine. Stranded cotton/floss is a great thread initially if you aren't sure what to use as it comes in hundreds of colours and you can choose how many strands to use.

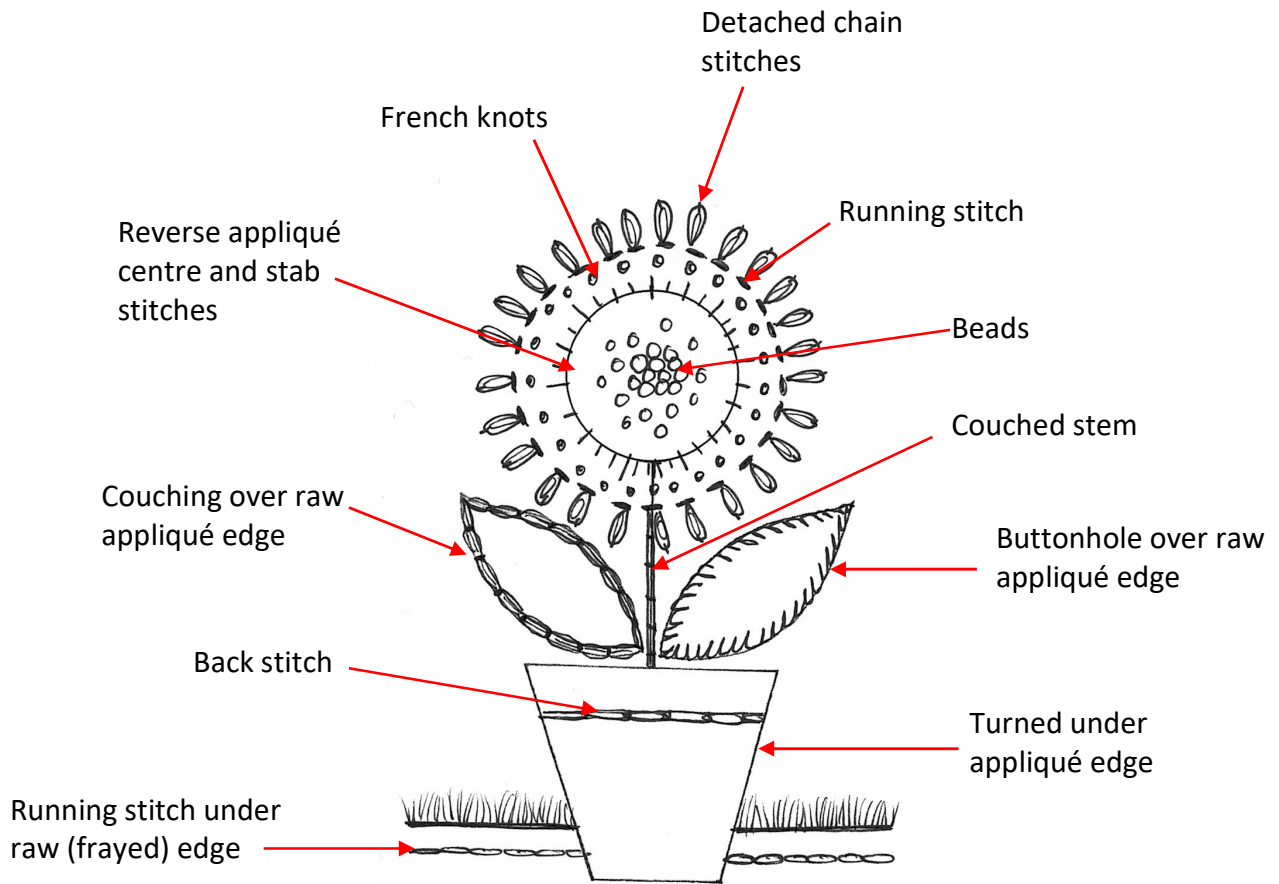
## Embellishments

Appliqué is a great technique to add some extra embellishments to. Beads, buttons, tassels, wire, found objects...anything you can stitch over or through! I added beads and a stick for the stem to this project.

## Other items you will need:

- Embroidery scissors
- Paper scissors to cut out the pattern pieces
- Needles to match the thread you are using
- Pins and a pencil or water dissolvable pen for reverse appliqué
- Ordinary sewing thread to tack/baste your pieces into place
- Embroidery hoop or stretcher bars to fit your chosen design
- Optional - Versatile table clamp to hold the frame still

## Stitch Plan (to work as I have in the video)



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