

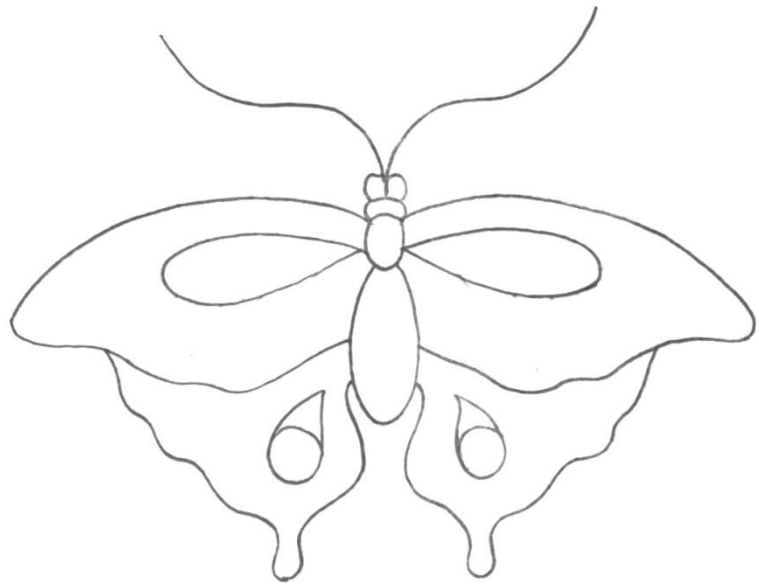
Free Design

'Beginner's butterfly'

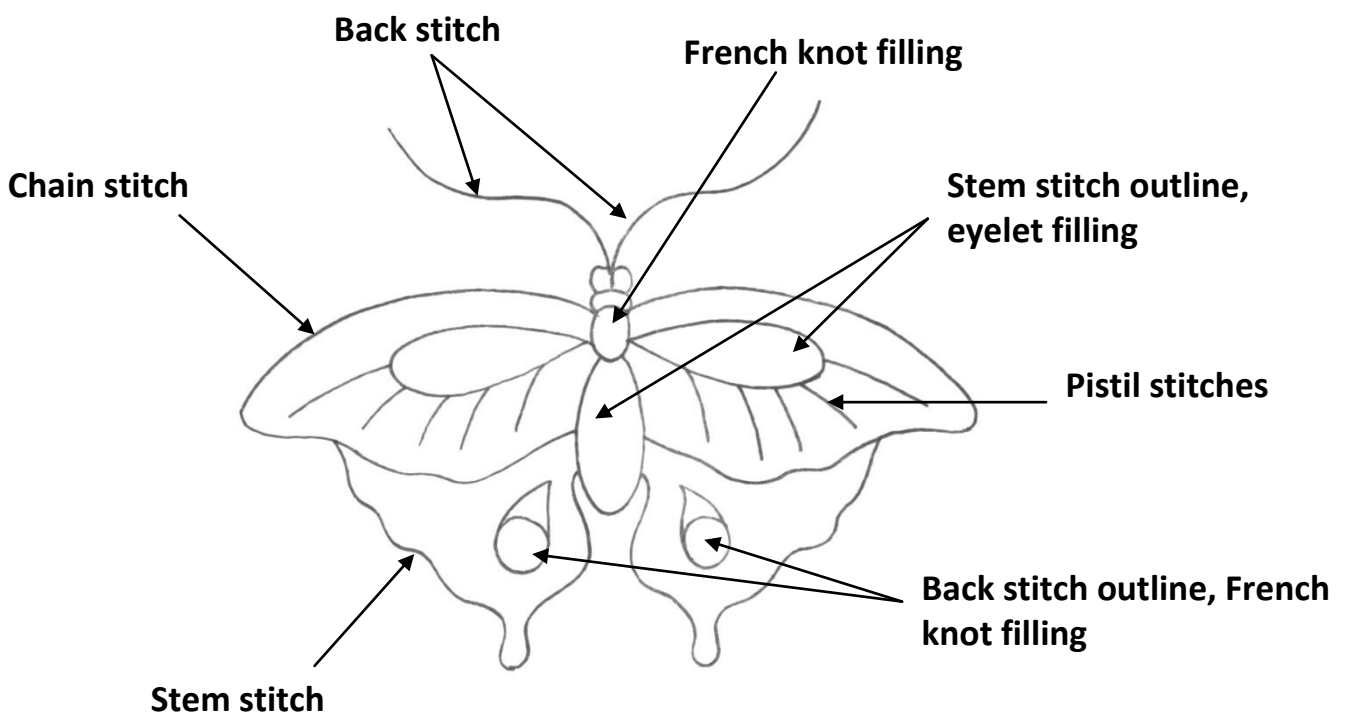


Gather together your materials (see page two for list, or choose from your stash!). Print off this page and trace the design provided (below right) onto your chosen fabric/item of clothing (go over the design with a black pen first if you can't see it clearly through the fabric). Frame the fabric/clothing into your embroidery hoop. Use the stitch guide below along with the video to work the 'Beginner's Butterfly.'

Outline design for transfer (to scale)



Stitch guide



Materials list:

- Linen or clothing item of your choice!
- Lana threads:
 - Pink – 3783
 - Dark Purple -3997
 - Light purple - 3833
 - Medium Green -3903
 - Light Green - 3980

Equipment:

- 5" Embroidery hoop
- Embroidery scissors
- Number 7 embroidery/crewel needle for the Lana thread
- Permanent black pen or design transfer pen for transferring the design

All of the above materials unless otherwise stated are available from our online shop here:

<http://www.sarahhomfray.com/myshop>

See the beginner's embroidery videos here:

<http://www.sarahhomfray.com/howto.html>

Sarah is happy for you to use this design for your own personal use but not for any commercial use please (e.g. selling it on, selling the finished embroidery).