

# Free Design

## L for Lavender

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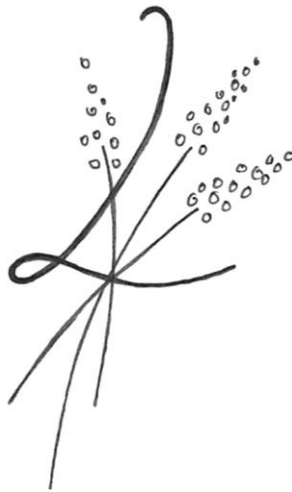


Print off this page and trace the design onto your fabric. Go over the design with a black pen first if you can't see it clearly through the fabric or you can use the prick and pounce method or carbon transfer paper. Mark the circles with just a dot in the centre.

Frame the fabric in/on to your embroidery frame; place a cotton fabric behind your embroidery fabric to give you a more stable ground to work on.

### Design for transfer

Change the letter if you want to!



## Level: Beginners

This project is a lovely quick one if you need an urgent present for someone! Change the initial to theirs for a really personal touch. It's also a great introduction to couching goldwork threads and silk ribbon embroidery. We have separate videos on every technique and stitch used in the video if you need more detailed information as well as videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads and ribbons. Just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page!

### You will need:-

A printer to print off the design!

### Threads I used:

- Green stranded embroidery cotton for the lavender stems – I used two strands
- 4mm Silk ribbon in two colours of purple
- 4mm pink silk ribbon for the bow
- Gilt rococo medium and pink twist for the letter

### Fabric

- Vintage Rose bio washed cotton
- Calico background

### Needles

- Embroidery 9 for stranded cotton and couching down the gold
- Chenille size 24 for the ribbon

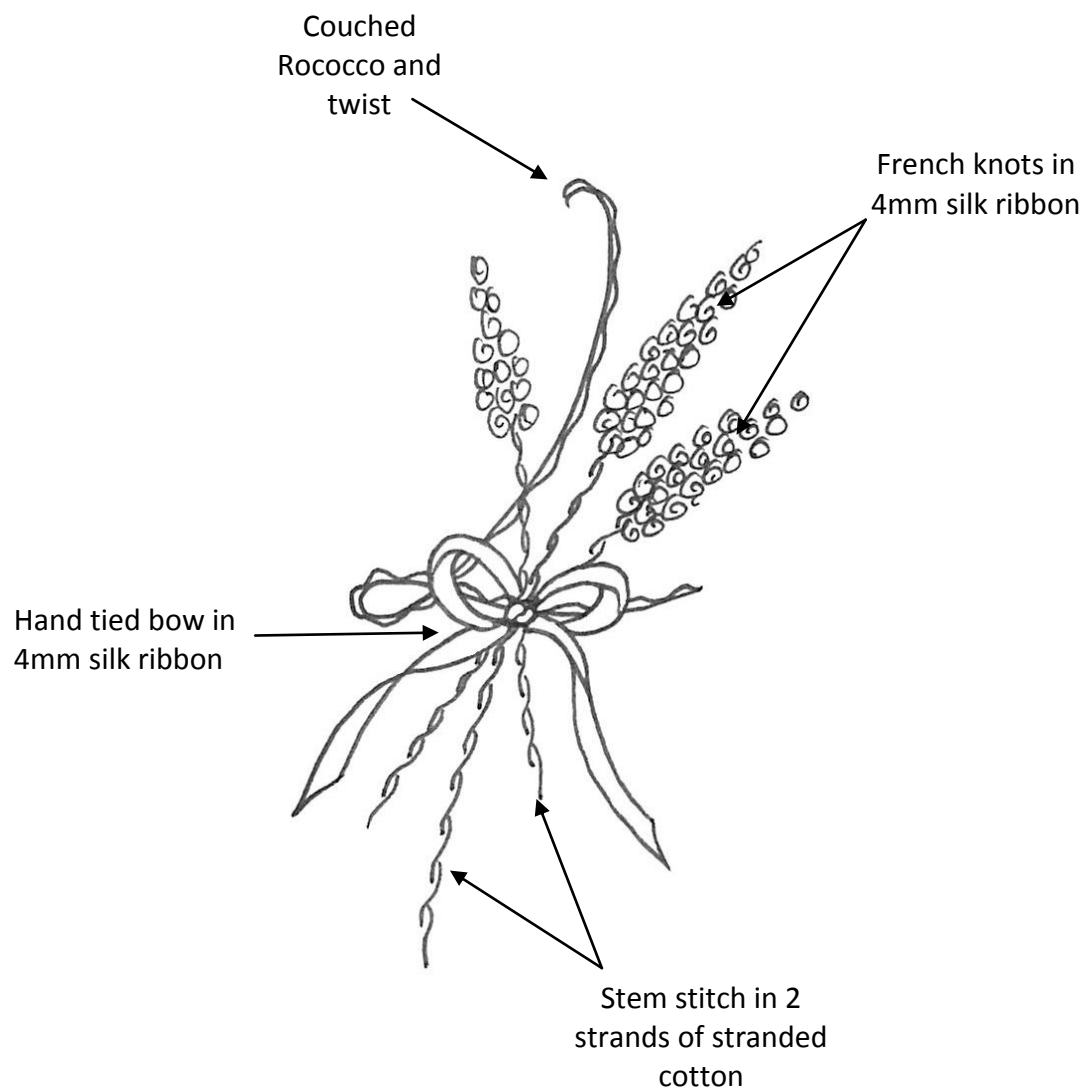
### Other

- Embroidery scissors
- 5" ring frame
- Waterproof or design transfer pen
- Versatile table clamp to hold my frame still
- 3 inch flexi frame for display

All of the above are available from [www.sarahhomfray.com/myshop](http://www.sarahhomfray.com/myshop)

# Stitch Plan

(Not to scale)



Visit YouTube or the 'How To' section of the website to see the video of this project and more in-depth videos on all of the techniques used:

<https://www.sarahhomfray.com/howtovideos.html>

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