

Free Design

'Little Egret'

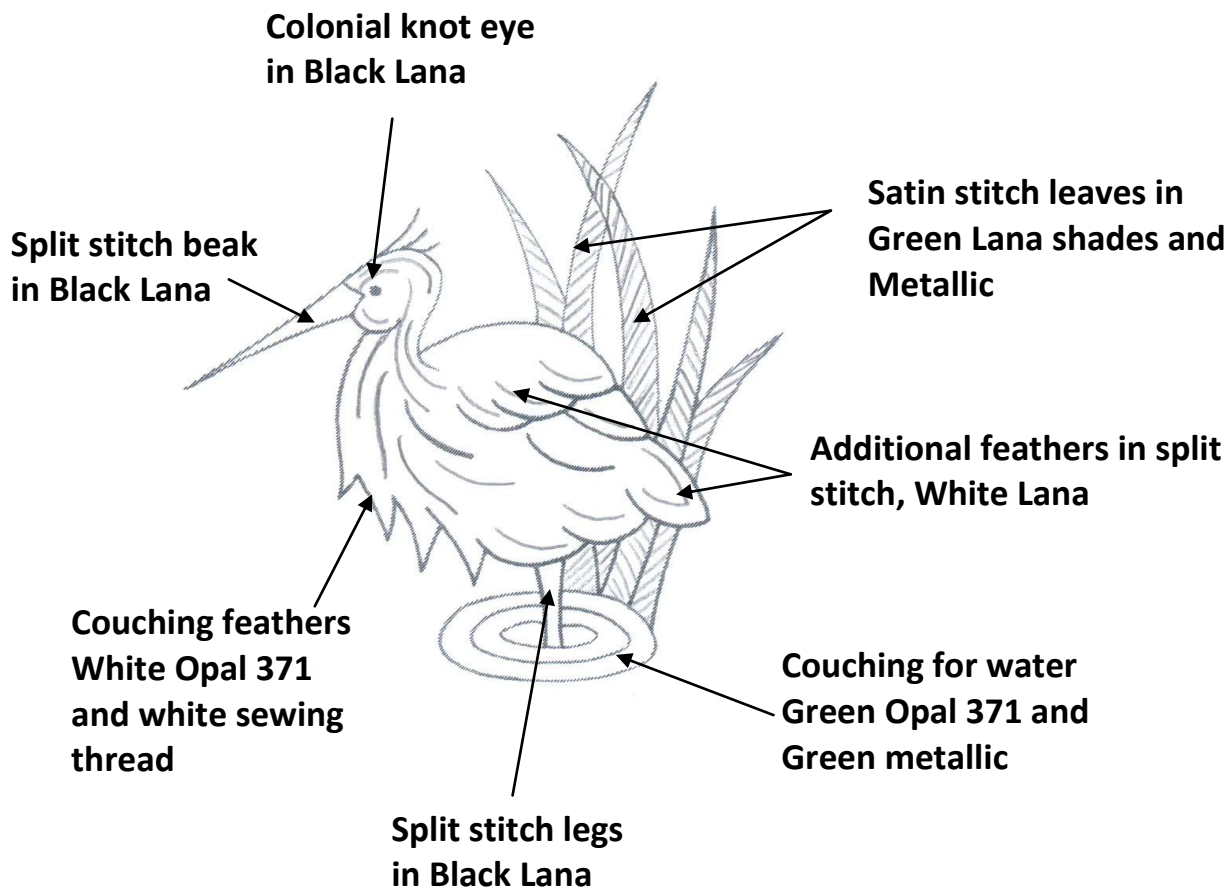


Gather together your materials (see page two for list, or choose from your stash!). Transfer the design provided (below right) onto your chosen fabric (you can trace it or use the Prick and Pounce method) and frame up with the calico backing into your chosen embroidery frame. Use the stitch guide below along with the video to work the 'Little Egret.'

Outline design for transfer



Stitch guide



Materials list:

- Olive Green linen
- Calico backing fabric
- Black Lana thread 3892
- White Lana thread 3891 or 3601
- Green Lana thread 3906
- Green Lana thread 3903
- White Opal 371
- Green Opal 371
- Gutermann metallic light green



Equipment:

- Embroidery frame
- Embroidery scissors
- Number 9 embroidery needle (for the Lana thread)
- Number 24 Chenille needle (for the 371)
- Pen for transferring the design

You will also need some plain white sewing cotton from your stash

All of the above materials unless otherwise stated are available from our online shop here:

<http://www.sarahhomfray.com/myshop>

See the video here:

<http://www.sarahhomfray.com/howto.html>

We also have videos on framing your fabric, threading a needle and mounting your work plus all of the stitches in this project!

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Sarah is happy for you to use this design for your own personal use but not for any commercial use please (e.g. selling it on, selling the finished embroidery).