

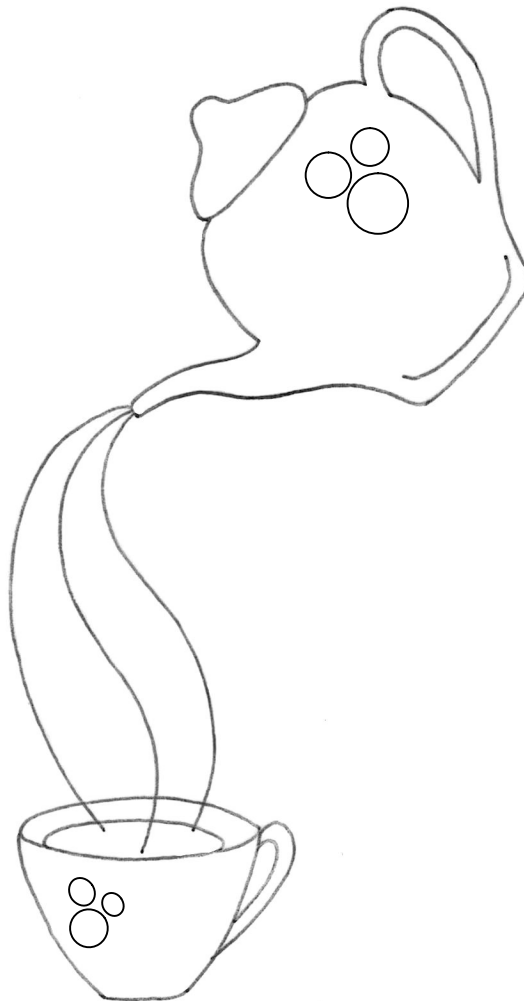
Free Design

Time for tea!



Print off this page and trace the design below onto your fabric with a waterproof or erasable transfer pen. Go over the design with a black pen first if you can't see it clearly through the fabric or you can use the prick and pounce method or carbon transfer paper. Frame the fabric into your embroidery hoop placing a backing fabric behind your embroidery fabric to give you a more stable ground to work on.

Outline design for transfer



Inspiration

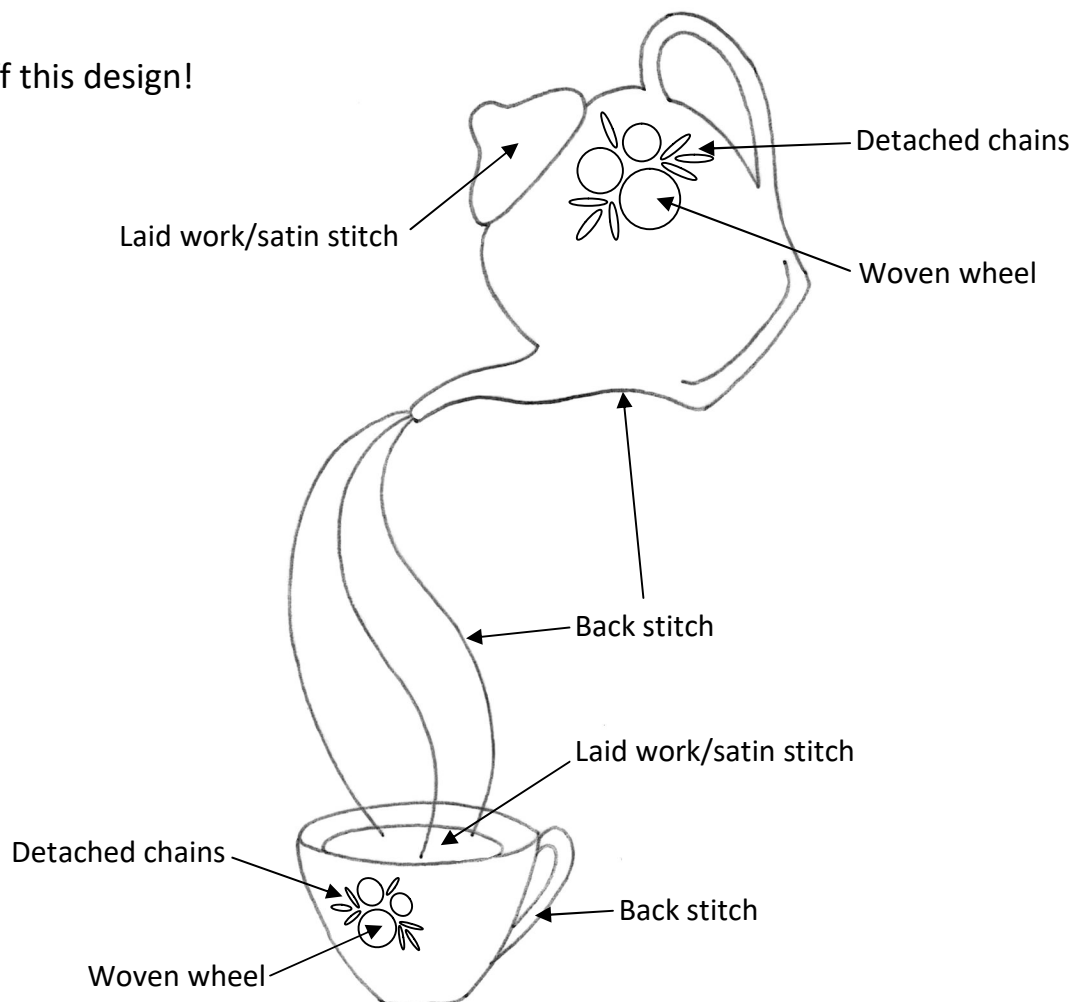
I used this design to try out some new linen threads (check out the video on YouTube) and the stitch diagram on the next page contains the stitches and colours that I used but you can interpret this in any technique, colours or threads that you like!

Check out our other videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page.

You will need:-

A printer to print off this design!

Stitch Plan



Threads

I used this design to try out some linen threads but it could be worked in many different kinds of threads; stranded cotton gives you a wonderful range of colours to choose from and you can choose the number of strands you want to use. Our Burmilana thread range is a very fine crewel wool that would look lovely also or just have a look in your stash!

Fabric

I suggest something made of natural fibres such as cotton, linen or linen/cotton blend. I always use a cotton backing fabric also.

Other items you will need:

- Embroidery scissors
- Needles to match the thread you are using
- Embroidery hoop (this design is 13cm/5" high)
- Waterproof or erasable design transfer pen
- Optional - Versatile table clamp to hold the frame still

Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)