

Free Design

Leaf shapes



Print off this page and trace the leaves onto your fabric. Go over the design with a black pen first if you can't see it clearly through the fabric or you can use the prick and pounce method or carbon transfer paper.

Frame the fabric in/on to your embroidery frame; place a cotton fabric behind your embroidery fabric to give you a more stable ground to work on.

Design for transfer



Level: Beginners

Use this page of leaf shapes to practice some stitches, make yourself a leaf sampler or move them around to make your own design!

Check out our stitch library for more in-depth videos on lots of different stitches as well as videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads. Just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page!

You will need:-

A printer to print off the design!

Threads I used:

A mix of stranded cottons and DMC Coton A Broder (see stitch plan) but you really can work these stitches in any thread you like. Do some samples to see what works best for you!

Fabric

- I used a cotton embroidery fabric but any natural fabric (cotton, linen, silk) will work well
- Calico background

Needles

This depends on what threads you use but an embroidery No. 9 and 7 will be good for most threads. Check out our video on needles if you aren't sure how to choose the right one.

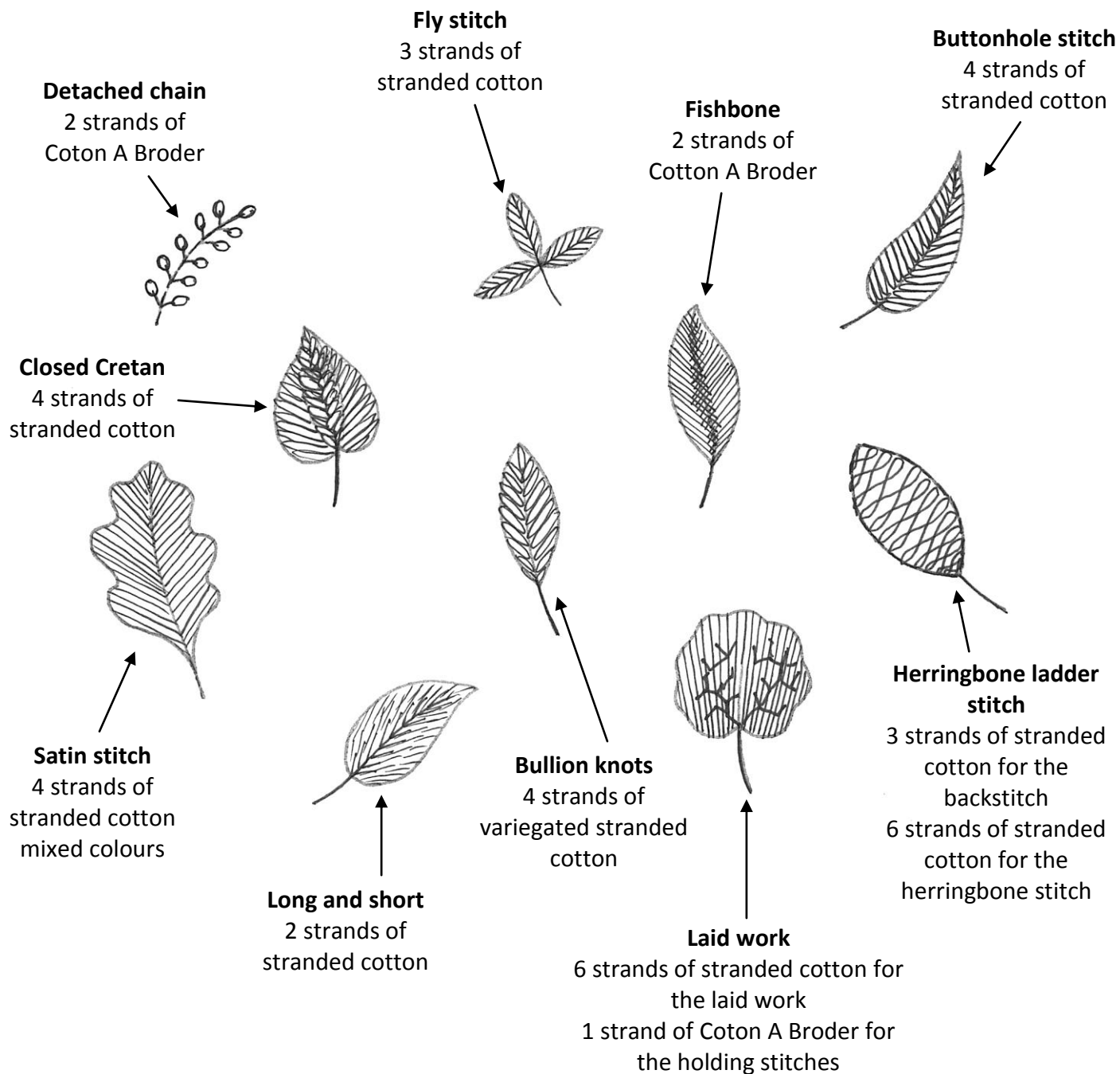
Other

- Embroidery scissors
- Ring frame or bar frames to fit your design
- Waterproof or design transfer pen

Check out our shop for Lana threads, cotton and linen fabrics, frames, needles and lots more!

www.sarahhomfray.com/myshop

Stitch Plan



Visit YouTube or the 'How To' section of the website to see the video of this project and more in-depth videos on some of the techniques used:

<https://www.sarahhomfray.com/howtovideos.html>

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