

Chair's Report for the AGM 2020

Thank you harriers for all you have done for the club this year, from coaching to competing, training to taking part, supporting to socialising. It all counts.

I am grateful and proud to be chair of our great club.

I would like to mention all the committee members and thank them for their work. Many others also work quietly behind the scenes making things happen smoothly. Our coaches give their time willingly for free, supporting their athletes in all sorts of weather. Thanks also to our team managers for their continued commitment during the past year. We could not manage without you all.

If you see a job that could be done to improve things, don't hesitate to come forward. Every little counts.

Challenges in the future for the club include finding more help with the junior section in particular, plus our lack of a permanent 'home'. See our Development Plan for more information.

Looking ahead to our own events this year:

1. T and F Open Event at K2, Crawley, on Thursday evening, 30th April
2. Wakehurst Willow 8k on Wednesday evening 8th July
3. Great Walstead 5 on Sunday morning 11th October.

Please put at least one of these events in your diary and book your volunteer slot.

It has been another sparkling year for the club.

- We have many enthusiastic new members who have added their own flavour to the beetroot mix and helped us to develop a great team spirit
- Membership has remained steady at just under 300
- Andy Hind and others have worked hard at improving our communication and social media presence
- Plans for a training track in Burgess Hill are moving forward slowly but steadily
- James Skinner and Emma Navesey have continued to break club records and to establish themselves as competitive athletes both inside and outside the county
- James, Samantha Ridley, Paul Cousins and Tim Hicks all qualified to compete in England Masters road races
- James and Sam both won the club road racing open and age-related championships. A double each!
- Among her many achievements, Darja Knotkova-Hanley was awarded a gold medal in the U20 Women category in Sussex XC league, alongside another high achiever, Arun Khursheed – Silver in the U13 Boys; with Jenny Denyer – Silver in the O65 Women; Tim Hicks – Bronze in the O60 Men, and Karen Thompson – ties with Bronze in the O55 Women

- In the Sussex Masters XC, Tim Hicks, Chris Russell and Mark Sykes gained silver medals in the O60 event
- Oscar Dalgliesh was our first ever club winner of the QuadKids for U11s at the Sussex Champs (75m, 600m, Standing Long Jump & Howler). He won 3 out of the 4 events and was 2nd in the 4th event!
- The U13s won the Plate trophy at the U13 League Final in September
- Mike Bale was awarded the South East counties Throws Association cup for hammer/heavy hammer which was presented in December.

In particular I would like to mention our U13 boys. There have been some outstanding results in this age group and we cannot wait to see what happens in the future.

Please read Paul Cousin's excellent Middy reports on our website for more information on club achievements. Too many to list here.

We are all looking forward to more success and team building in 2020, after all it's an Olympic year!

Happy running, jumping and throwing to all
Marion

HHH Chair March 2020