

Harriers Turn Out for Stanmer Cross Country



Haywards Heath Harriers – Men's Team

On Saturday 13 November it was the second of the **Sussex Cross Country** League events which was held at Stanmer Park, Brighton.

The conditions were good for cross country running: being dry and not too muddy and lots of hill running. The event attracted record number of entries from many of the Sussex clubs.

Haywards Heath Harriers managed a good turn out at this second league event, with fifty runners from the young ones upwards all taking part.

There were also Harriers new to cross country joining in the league race for their first run for the club.

Top club places went to the **Rafael Selby** in 8th place in under 11 boys and **Annabelle Parkin** also 8th place in the under 11 girls.

The under 15 boys packed well with **Arun Khursheed**, **Jonathan Beckett** and **Finlay Blythe** finishing inside the top 15.

The Harriers results were as follows:

Under 11 Boys race:

8th **Rafael Selby** 8:56; 19th **Samuel Duffield** 9:45; 38th **Alpha Camara** 18:18.

Under 11 Girls race:

8th **Annabelle Parkin** 9:45 15th **Maya Brazier** 10:17; 16th **Annabel Axford** 10:18; 19th **Lucy Roderick** 10:56; 30th **Adele Gaudiosi** 12:36; 31st **Lorni Cole** 12:44; 32nd **Coco Rhodes** 13:23.

Under 13 Boys Race:

30th **Noah Blythe** 14:05; 36th **Charlie Stay** 14:21.

Under 13 Boys Race:

44th Anya Cole 18:27.

Under 15 Boys race:

11th Arun Khursheed 15:49; 12th Jonathan Beckett 15:55; 14th Finlay Blythe 16:08.

Senior Ladies race:

37th Emma Singer 23:22; 73rd Lindsey Blain 25:36; 88th Julie Kamel 26:28; 105th Gemma Morgan 27:23; 112th Hanne Boggon 27:35; 124th Jacqueline Barnes 28:36; 129th Liz Earley 29:01; 137th Caroline Mackey-Khursheed 30:52; 138th Ellen Mapperley 31:10; 143rd Katherine Buckeridge 31:47; 144th Shelagh Robinson 31:51; 150th Sarah Hamilton 32:25; 153rd Marion Hemsworth 32:50; 155th Carys Hind 33:00.

Senior Men's Race:

41st Marcus Kimmins 33:16; 46th Russell Mullen 33:24; 58th Phil Koester 34:14; 61st Ian Kenton 34:17; 62nd Harvey Alcock (U20) 34:28; 70th Michael Burke 34:55; 72nd Andy Hind 35:12; 82nd Ewan Kemsley (U20).35:52; 85th James Moffat 35:55; 113th Paul Cousins 37:13; 123rd Tim Miller 37:56; 124th Simeon Wishlade 37:57; 135th Michael Dickinson 39:08; 143rd Tim Hicks 39:44; 156th Andy Dray 40:48; 164th Oliver Farr 41:31; 184th Mark Sykes 43:46; 186th Josh Franks 44:32; 187th Eric Hepburn 44:46; 208th Mark Songi 57:36.

Other Harrier results:



Carl Bicknell with his medal – an engraved stone!

Carl Bicknell competed in Rolys' Run, which is an ultra-running event of forty miles. Carl finished in eight hours and fifty eight minutes. The medal for finishing was an engraved stone!



Kim Lo (third place).

Kim Lo ran a stunning race at the weekend. She finished in a superb third place at the Thorney Island Trail 15 Kilometre race.

Oliver Farr ran his 60th marathon (on his way to a target of 100 marathons!) at the Saxons, Vikings and Normans Ranscombe Marathon on Sunday. Finishing the marathon in 4 hours 38 minutes on a hilly course at Ranscombe .



Oliver Farr's marathon medal.

Harriers Parkrun Round-up:

Clair parkrun: 2nd **Ewan Kemsley** 18:40; 3rd **James Moffat** 18:51; 4th **Andy Hind** 19:00; 6th **Ryan Armstrong** 19:30; 14th **Simon Robinson** 21:07; 17th **Paul Cousins** 21:31; 26th **Eric Hepburn** 23:30; 29th **Jason Robinson** 23:52; 45th **Gemma Morgan** 25:30; 68th **Katherine Buckeridge** 27:49; 73rd **Marion Hemsworth** 28:12; 85th **Carys Hind** 29:21; 87th **Shelagh Robinson** 29:54.

Brighton & Hove parkrun: 41st **Noah Blythe** 21:25.

Bury St Edmunds parkrun: 57th **Ian Tomkins** 24:30.

Tilgate parkrun: 18th **Greg Hilton** 20:23.

Brockenhurst parkrun: 11th **Pete Francis** 20:49.

Worthing parkrun: 5th **Marcus Kimmins** 17:07.

Lancing Beach Green parkrun: 27th **James Smyth** 23:08.