



Haywards Heath Harriers



Junior Club Rules

Haywards Heath Harriers is fully committed to safeguarding and promoting the wellbeing of all its members. The Club believes that it is important that members, coaches, volunteers, administrators and parents associated with the Club should at all times show respect for each other. Openness is encouraged and any concerns or complaints about any aspect of the Club should be shared with the Chair, Secretary, Head Coach or Junior Head Coach. With the support of your parent(s)/carers(s) **you, as a Junior, should:**

General

- Read, understand and abide by this document (see above)

Conduct and Behaviour

- Respect coaches and officials and their decisions and instructions
- Respect fellow members and opponents, both at training and in competition
- Be friendly and welcoming to new members
- Be supportive and committed to other team members and offer comfort when required
- Keep yourself safe
- Report inappropriate behaviour or risky situations for youth members
- Play fairly and be trustworthy
- Respect the rights, dignity and worth of all participants regardless of age, sex, ability, race, cultural background or religious beliefs or gender identity

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- Not cheat or be violent and aggressive
- Not use bad language or racial/sectarian references. This includes bullying using new technologies like chat-rooms or texting
- Not get involved in inappropriate peer pressure and push others into something they do not want to do
- Not smoke on Club premises/venues or whilst representing the Club at competitions
- Not consume alcohol or drugs of any kind on Club premises or whilst representing the Club
- Not leave the training during a training session without receiving permission of the coach

### Training and Competitions

- Wear suitable kit, as agreed with the coach/team manager. Club vests are compulsory when representing the Club. Your hair should be tied back and trainers should be suitable and laced up properly

- Advise the coach on arrival of: any injury or illness you have; any other sport/training you have already participated in that day; anything else that may affect your ability to participate in the session. A coach retains the right to refuse to accept you for training if they have concerns
- Keep to agreed timings for training and competitions. If you will be late, you should inform your coach or team manager
- Be signed in and out by your parent(s)/carer(s) on training evenings. You cannot sign yourself out unless you:
  - are in school year 10, and
  - have provided a parental Consent Form completed by your parent(s)/carer(s) giving you permission to leave unattended, or a note from your parent(s)/carer(s) permitting you to do so.

*If you are not being collected and will make your own way home you must advise the coach of this on arrival. The coach may make a judgement as to whether this is acceptable.*

### **Club Property**

- Take care of equipment owned by the Club
- Not touch potentially dangerous equipment (eg discus, hammer, javelin, shot put etc) until a coach has advised you to
- Use equipment sensibly and safely, and follow guidance provided by the coach

### **Administration**

- Ensure your Emergency Contact Form is kept relevant and up-to-date
- Pay membership fees promptly