

## Equal opportunities

PAC-UK is committed to providing a service based on racial equality and equal opportunities. It has an ethnically and culturally diverse staff. If you have a concern about the ethnicity or gender of your counsellor PAC-UK will do its best to accommodate your request.

PAC-UK operates service user evaluation and complaints procedures.

### PAC-UK

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advice 020 7284 5879

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 [twitter.com/PACUKadoption](https://twitter.com/PACUKadoption)

 find us on Facebook

Registered charity: 294998  
Company limited by  
guarantee: 2040322

PAC-UK is registered with Ofsted under the Care Standards Act 2000 as an Adoption Support Agency (reg. no. SC066981)



PAC-UK



TOGETHER WITH AAY

THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT

### Other PAC-UK services for residents of Barnet, Camden, Enfield, Hackney, Haringey and Islington

- consultations for adoptive and prospective adoptive parents and families with PAC-UK's specialist Child and Family counsellors (accessed via agreement with your local authority adoption team)
- Parenting workshops

Call PAC-UK's Advice Line for further details

### PAC-UK's other services

PAC-UK offers a wide range of support for all parties to adoption and other forms of permanent care at its Leeds premises:

- a child and family service offering a range of services for adoptive and permanent placement families, including intensive therapeutic family work
- a counselling service for individual adults and couples
- a range of support services for birth relatives
- range of services to support adopted / permanently placed children in school
- workshops, groups and seminars
- professional consultation and training
- bespoke training and services for professional agencies

For more information contact PAC-UK

## Adoption & Permanent Placement Support for Residents of Barnet, Camden, Enfield, Hackney, Haringey & Islington

*PAC-UK in partnership with Adoption North London*



## About PAC-UK

In 2014 PAC (founded 1986) and After Adoption Yorkshire (AAY, founded 1994) merged to form PAC-UK, the largest independent adoption support agency in the country.

PAC-UK's vision is that all people affected by adoption and other forms of permanence are supported and enabled to live their lives to the full.

Each year PAC-UK receives around 3,000 requests for help from people affected by adoption or other forms of permanent care, as well as the professionals who support them.

PAC-UK is an independent charity which provides a confidential service. We have particular expertise in working with minority ethnic children, families and adults and with transracially adopted children and adults.

## ADVICE LINE

**020 7284 5879**

Mon, Tues & Fri  
10.00am - 4.00pm

Wed & Thurs  
2.00pm - 7.30pm

## EDUCATION ADVICE LINE

**020 7284 5879**

Wed: 10am - 12 noon

(available to parents/carers and professionals; closed during half term and school holidays)



## PAC-UK Staff

PAC-UK's counsellors are professionally qualified in counselling/psychotherapy, psychology and/or social work and have a wide range of experience and training in all aspects of adoption and permanent placement. Counselling staff are supported by external professional supervisors and administrative staff.

## PAC-UK and Adoption North London

Adoption North London is a partnership of six local authority adoption agencies: Barnet, Camden, Enfield, Hackney, Haringey and Islington.

PAC-UK provides free, monthly face-to-face counselling surgeries at venues in Barnet, Enfield, Hackney and Kentish Town for residents of the above areas who have a personal or professional involvement in adoption or permanent care. Advice, information and support is given in individual or couple sessions with PAC-UK counsellors. Call PAC-UK's Advice Line on 020 7284 5879 for an initial consultation.

### The surgeries offer the following:

#### **For birth parents and birth relatives of adopted / permanently placed children, including those who are now adults**

- counselling after the adoption order or permanent placement
- support and advice on contact arrangements
- intermediary service.

#### **For adoptive parents and other carers of permanently placed children, including prospective adopters / permanent carers\***

- pre- and post-placement counselling
- support and advice on contact arrangements with birth family members
- post-disruption counselling

#### **For adults adopted or otherwise permanently placed as children**

- counselling
- intermediary service.

#### **For professionals working in adoption and permanent care**

- consultation with PAC-UK counsellors.

### Birth mother drop-in meetings

PAC-UK also hosts fortnightly birth mother drop-in meetings in Kentish Town. Meetings are open to residents of Barnet, Camden, Enfield, Hackney, Haringey and Islington and are free of charge. The drop-ins offer a confidential space in which women whose children have been adopted or are in other forms of permanent care can talk about their fears, feelings and loss. Contact PAC-UK's Birth Parent Support Worker Rita Cleary on 020 7284 0555 or email [rita@pac-uk.org](mailto:rita@pac-uk.org) for details.

\*some restrictions may apply where placements were made by local authorities other than Barnet, Camden, Enfield, Hackney, Haringey or Islington – please contact us.