

5 Degree Woolly

The Socks

<http://5degreewoolly.blogspot.com>

You need a set of 8mm double-ended needles and 300 -350g leftover yarns.

Tension square: 12 rows by 19 stitches makes 10cm² Use a bunch of yarns together to make yourself a stiff fabric, otherwise the socks will be floppy and slide off. We use six mixed yarns for the ones in the picture. (N means needle.)

Leg

Cast on 24 stitches and divide over three needles.

Work 15 rows of rib (knit one purl one) for ankle socks.

Make them longer if you like.

Heel Flap

Row 1: Knit 12 stitches on to one needle and divide the other 12 on to the other two needles and forget about those for a while.

Row 2: slip 1, purl 11

Row 3: slip 1, knit 11

Rows 4-7, repeat rows 2 and 3 twice.

Row 8: slip 1 purl 11.

Shape Heel

Row 1: (using the 12 stitches of the heel flap) slip 1, knit 5, slip 1, knit one, pass slipped stitch over it, knit one, turn.

Row 2: Slip 1, purl 2, purl 2 together, purl 1, turn.

Row 3: Slip 1, knit 3, slip 1, knit 1, pass slipped stitch over it, knit one, turn

Row 4: Slip 1, purl 4, purl 2 together, purl one. End of row.

Row 5: Slip 1, knit 5, knit two together. End of row.

You've now got seven stitches left.

Joining it all together again

With your fifth needle, pick up and knit six stitches from the side of the heel flap, and the first set of six stitches from the front of the sock that you left behind while you knitted the heel flap.

Next needle, knit the other six stitches to form the front of the sock, and pick up and knit six stitches from the other side of the heel flap.

Next needle: We're back at the seven stitches left after decreasing to shape the heel. Decrease to six like this. Knit one, slip one, knit one and pass the slipped stitch over it, knit four.

You've now got 30 stitches in total. Six at the heel and 12 down each side.

We're going to reduce this to 24 stitches for the foot. You can reduce it to 22 or 20 if you've got little feet.

Foot

Arrange your knitting on three needles like this:

Needle 1 - 12 stitches

Needle 2 - 12 stitches



Needle 3 - six heel stitches.

Row 1

N1: knit six, slip one stitch, knit one stitch, pass the slipped stitch over it, knit four.

N2: knit four, slip one stitch, knit two together, knit six.

N3: knit six.

Row 2

N1: knit six, slip one stitch, knit one stitch, pass the slipped stitch over it, knit three.

N2: knit three, slip one stitch, knit two together, knit six.

N3: knit six.

Row 3

N1: knit six, slip one stitch, knit one stitch, pass the slipped stitch over it, knit two.

N2: knit two, slip one stitch, knit two together, knit six.

N3: knit six.

That gets you down to 24 stitches. If you need to reduce more, then repeat the process.

Knit until your sock is long enough to reach the bit where your toes start: eight more rows make about the right length for a size 5 women's, if your tension square is the same as ours.

To shape the toes, arrange your stitches so you have half of them on the N3 (take equal numbers from N1 & N2). (If you have 24 stitches, you want 12 on N3 and 6 each on N1 and N2.)

Rows.

N1: knit one, slip one, knit one and pass the slipped stitch over it, knit the remaining stitches.

N2: knit up to the last three stitches, knit two together, knit one.

N3: knit one, slip one, knit one and pass the slipped stitch over it, knit up to the last three stitches, knit two together, knit one.

Repeat each round until you have eight stitches left. Slide the stitches from N3 to N2. Four stitches on two parallel needles.

Cast off by knitting alternative stitches from N1 and N2.

Darn in the loose ends, turn it inside out and knit another one. It doesn't matter if they look different. That's a bonus.