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| Super Slowly, with decisive, crisp fingers | Slurred in groups of 2 | Slur 3 notes, Staccato 1 | Play it in the rhythm of Happy birthday to you. Loop the scale until you Play all the syllables! | Crescendo ascending, Diminuendo descending |
| Accelerando throughout | Accelerando ascending, Ritardando descending | Swing quavers, slur in 2's tonguing ON beats | Swing quavers, slur in 2's tonguing OFF beats | In odd metres; 5 or 7 in a bar; stressing beat 1 |
| As a duet with a friend; one starts at the top, the other at the bottom | As a duet; one starts at the top slur 2, Tongue 2, the other at the bottom; tongue 2 slur 2 | In the rhythm to God save the Queen | Crotchet, crotchet, 4 quavers rhythm | 2 quavers, 3 triplet quavers rhythm (chips and saus-a-ges) |
| Fingers only; no blowing! | In thirds; start on tonic, play the note 2 up, then 1 down (CEDFEGFA etc) | Semibreves; alternating vibrato 8 vibs per note | As quavers but on the OFF beats (1+2+3+4+) | In the rhythm of 'Oh I do like to be beside the seaside' |
| Naming the notes; do it 3 times; each time faster than the last! | Play using any alternative fingerings you can think of | Super staccato! | In the rhythm of The Entertainer | Crescendo from air only; pppp to ffff |