

# Wellbeing Natural Medicine

Wellbeing Natural Medicine Practice  
3 Wells Street  
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## HUMORAL CHART

HUMOUR	BODY SUB-STANCE	PRODUCED BY	ELEMENT	QUALITIES	COMPLEXION & BODY TYPE	PERSONALITY
<b>SANGUINE</b>	blood	liver	air	hot & moist	red-cheeked, corpulent	amorous, happy, generous, optimistic, irresponsible
<b>CHOLERIC</b>	yellow bile	spleen	fire	hot & dry	red-haired, thin	violent, vengeful, short-tempered, ambitious
<b>PHLEGMATIC</b>	phlegm	lungs	water	cold & moist	corpulent	Sluggish, pallid, cowardly
<b>MELANCHOLIC</b>	black bile	gall bladder	earth	cold & dry	sallow, thin	Introspective, sentimental, gluttonous

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