

ISSUE 12

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8th March is International Women's Day!



International Women's Day has been around for over a hundred years, as have many of the issues still impacting women's advancement.

This day belongs to everyone who cares about women's equality, celebrates women's achievement, to raise awareness of discrimination and address gender parity.

The theme for International Women's Day 2025 is 'Accelerate Action': "Focusing on the need to Accelerate Action emphasizes the importance of taking swift and decisive steps to achieve gender equality. It calls for increased momentum and urgency in addressing the systemic barriers and biases that women face, both in personal and professional spheres."

To learn more and find out what you can do for International Women's Day, click here: <https://www.internationalwomensday.com/>

Can you help?

If you can and would like to donate, please scan the QR Code or follow this link: <https://checkout.justgiving.com/c/2923320>



All donations are gratefully received and help us to deliver our services.

Thank you!



17th–23rd March is Neurodiversity Celebration Week!

Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences.

It aims to transform how neurodivergent individuals are perceived and supported by providing schools, universities, organisations, and others around the world with the opportunity to recognise the many skills and talents of neurodivergent individuals, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.



To learn more and to register to take part in Neurodiversity Celebration Week, click here:

<https://www.neurodiversityweek.com/>

International Day of Happiness - 20th March

It's a day to be happy, of course! Happiness is a fundamental human goal. The United Nations General Assembly recognizes this goal and calls for "a more inclusive, equitable and balanced approach to economic growth that promotes the happiness and well-being of all peoples."

To learn more, click here:

<https://www.un.org/en/observances/happiness-day>