

# Chakra Psychology

a unique course for  
psychotherapists, bodywork  
therapists, healers, counsellors,  
alexander technique teachers, yoga  
teachers, meditators,  
those on a spiritual, personal growth  
path ...

*validated for CPD by The  
Association for Therapeutic  
Healers*

On this course you will be introduced to  
working with each of the seven major chakras  
using a range of healing & therapeutic  
approaches including:

- Jungian psychology
- eastern philosophy
- somatic therapy
- childhood developmental theory
- inner child work
- creative visualisation
- affirmations
- subtle energy touch
- sound and colour healing

The chakras are like huge databases and  
when you connect with them you receive  
insights and help way beyond what your  
conscious mind can give you.

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Learn about the developmental stages of  
consciousness of your own chakras and so  
come to know yourself in a much fuller way.

If you are a therapist this knowledge,  
experience and tools will support you in your  
work with clients – whatever your discipline.

"This truly holistic course has given me a fascinating  
insight into the power of the chakra system as well as  
psychology as a whole. It has given me the opportunity to  
examine and heal myself at the same time as providing  
tools for my kitbag as a practitioner. I highly recommend  
it for any therapist. It's a gem."  
Linda Hall, North London

9 Saturday afternoons once a month October  
2011 – June 2012  
beginning on Saturday 15 October 2011  
Muswell Hill, North London

course fee £395 – this includes materials,  
assessment of a written assignment and a free  
one hour individual tutorial

please note: there is an option to pay in  
instalments

you will receive a certificate on completion of  
course requirements

contact Delcia for full syllabus & dates, and  
details of other Chakra Psychology events