

## **Safeguarding and Welfare Requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

### **6.4 Intimate Care**

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- Parents are to provide the pre-school with nappies, wipes, and change of clothing.
- We have a practice of not changing a child's nappy during a session if there is no obvious need to do so. We change a nappy when it is soiled, too full or leaking.
- We tell a child that a nappy has to be changed and ask for a child's cooperation in the process. We never forcefully pick them up or force a child in any way to the procedure. If a child is not happy to let us help him/her we will kindly and gently persuade them. If that doesn't work we call a parent to come and do the changing.
- Nappy changing takes place on a mat in the toilet area. If a child has had an accident they are changed in the same area.
- Staff deal with changing according to the Health and Safety Law and Hygiene requirements.
- Staff are to wear protective gloves and dispose of nappies according to the procedure in the outside bin.
- We are happy to help parents with potty training and provide useful advice concerning the transition from nappies to wearing pants.
- We remind and encourage those children in the initial stages of potty training to use the toilet.
- Staff help children to go to the toilet and explain the importance of washing hands to them.
- Staff must never force a child onto the toilet in any way. Potties can be offered as an alternative.
- If an accident does occur we change a child as many times as it is needed and never leave a child wet or dirty. We will wipe the child using baby wipes before changing them into clean clothes.
- Some children do find it difficult to accept help from strangers and do not want to cooperate with changing. In this case we will call parents to come and change a child.
- Parents are asked to bring plenty of spare sets of clothing for children who are going through the potty training process.
- Staff do not apply ANY creams. Parents are advised that should cream be required or a child too sore to clean effectively then they will be asked to come back to pre-school to change their child.

- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about children's genitals when changing their nappies.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- All nappy changes or soiled clothing changes are recorded in the book.