



**C Award Written Assessment  
Practice Paper One 2017  
ANSWERS**

**F E D E R A T I O N   O F   E U R O P E A N   N E T B A L L   A S S O C I A T I O N S**

Section 1                      20 questions                      Minimum pass =    17/20 marks  
Section 2                      5 questions                         Minimum pass =    7/10 marks  
   Both sections must be passed

**TIME ALLOWED: 30 mins**

<b>Name in full</b>	
<b>Address</b>	
<b>Postcode</b>	
<b>Member ID and/or club</b>	
<b>Email</b>	

**CANDIDATES ARE REQUESTED TO USE BIRO or PEN – BLUE or BLACK.**

**TIPPEX or SIMILAR MATERIALS SHOULD NOT BE USED**

**ANSWER ALL QUESTIONS USING THE SPACE PROVIDED**

**TOTAL MARKS 30 – PASS MARK 24**

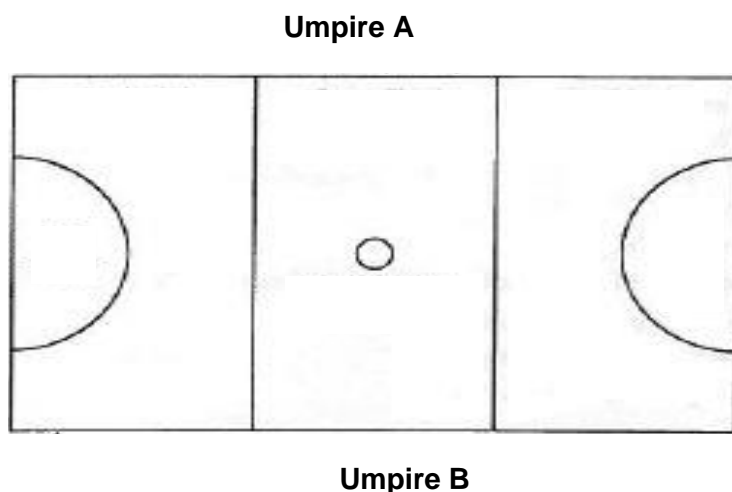
**SECTION 1**  
**Answer ALL questions**  
**ANSWER 'YES' or 'NO'**  
**1 mark per each correct answer**

		<b>YES or NO</b>
1	Can a player land on two feet simultaneously, and then step forward onto their right foot before releasing the ball?	YES
2	May a Goal Keeper lean on the ball in the centre third to regain their balance?	YES
3	A Goal Shooter lands on both feet simultaneously with her feet either side of the line bounding the goal circle, then lifts the foot which is in contact with the ground outside the circle and balances on one foot inside the goal circle, does the goal count if she makes a successful shot at goal?	NO
4	Do the Umpires decide by tossing a coin, who will blow the whistle to start the match?	NO
5	Is this the correct terminology and umpire will use when penalising a minor infringement- (a) infringement, (b) sanction, (c) to which team, and (d) where the sanction should be taken from?	YES
6	When play is stopped for an Injury or Illness may the player receive treatment within the 30 seconds and continue to play?	NO
7	Should an Umpire stop play if she notices that a player is bleeding?	YES
8	May a player roll the ball to herself to gain possession of the ball?	YES
9	May a player deliberately throw the ball at another player?	NO
10	If a player is in possession of the ball falls over while still holding the ball, are they allowed to play the ball when they are still on the ground?	NO
11	When a player is in possession of the ball, may an opponent attempt to intercept the ball if they are at least 0.9 metres (3 feet) away from the landing foot of the player in possession of the ball?	YES
12	At a Centre Pass if the ball lands in the Goal Third without being touched by any player standing in the Centre Third, is the Free Pass awarded in the Centre Third?	NO
13	Does the Umpire blow the whistle if it is clear who has put the ball out of court?	NO
14	When a Penalty Pass is awarded, must the infringing player make every effort to move quickly to the position indicated by the Umpire?	YES
15	Are sanctions awarded to a Team and therefore any player allowed in the area indicated by the Umpire, may take the pass?	YES
16	If two opposing players enter the centre third simultaneously before the whistle is blown, if neither player touches the ball, are they penalised?	NO
17	At a centre pass, must the Centre have at least one foot wholly within the centre circle?	YES
18	May a Player from the team taking the centre pass, touch or catch the ball in the air then land on both feet simultaneously astride the transverse line?	NO
19	Do you award a toss-up if the ball is caught simultaneously by two opposing players where one is fully on court and the other is standing off the court?	YES
20	Is it correct that only Contact that Interferes with an opponent's play is penalised?	YES

## SECTION 2 - 5 questions - 10 marks

### Answer ALL questions

21. In a standard netball court as show below, what are the dimensions of the goal circles?  
(1 mark)



4.9 metres (16ft)

22. What action does the Umpire take is two opposing players gain possession of the ball in quick succession?  
(2 marks)

a	The Umpire calls 'possession'
b	Indicates the player who caught the ball first, and allows play to continue.

23. When an opposing player is defending a shot at goal, name two actions they may not do to interfere with the shot? State the Sanction also?  
(3 marks)

(i)	Cause the goal post to move so as to interfere with the shot for goal and cause it to miss.
(ii)	Deflecting a ball on its downward flight towards the ring, including touching the ball up through the net Penalty Pass
(iii)	
(iv)	
(v)	
(vi)	
(vi)	

24. What do these hand signals mean? (2 marks)



Footwork



Time

25. Explain what is meant by a 'short pass' :- (2 marks)

When a player passes the ball there must be sufficient space for an opposing player on the court to be able to intercept the ball as it moves from the hands of the thrower to those of the receiver.