

**Bedale Children's Centre  
Programme of Events  
January to March 2012**



Children and Young People's Service

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Bedale Children's Centre</u> <u>Childminders</u> 9:30-11:30am Every Monday Term time only</p> <p>Job drop in, Monday mornings for help with looking for a Job, CV writing/printing. Drop in any time from 9.00am-12.00</p>	<p><u>Bedale Children's Centre</u> <u>Health Clinic</u> 10.00-11.30am</p> <p>Every 2nd and 4th Tuesday of the month</p> <p>10<sup>th</sup> January 24<sup>th</sup> January 14<sup>th</sup> February 26<sup>th</sup> February 13<sup>th</sup> March</p>	<p><u>Bedale Children's Centre</u> <u>Breastfeeding Lunch</u> 12.00-2.00pm</p> <p>Every Wednesday</p>	<p><u>Bedale Children's Centre</u> <u>Bumps to Babes Bonding Together</u> 9.30-11.00am</p> <p>Babies Group Every Thursday</p>	<p><u>Bedale Children's Centre</u> <u>Baby Massage</u> 10.00-11.30am (5 week Course) 13th January 20th January 27th January 3rd February 10th February</p> <p>Booking essential</p>	
<p><u>Bedale Children's Centre</u> <u>Pre-School Learning Alliance Interactive Play</u> 1.00-2.30pm Monday 9th January Monday 6th February Monday 5th March (Booking Essential)</p>	<p><u>Bedale Children's Centre</u> <u>Playing Together</u> 1.00-2.30pm Toddler Group</p> <p>Every Tuesday Tuesday 14th Family fun 1.00-2.30pm (half term)</p>	<p><u>RAF Leeming Community Centre</u> <u>Stay and Play and Health Clinic</u> 10.00-11.30am</p> <p>1st and 3rd Wednesday of every month</p>	<p><u>RAF Leeming Community Primary School</u> <u>Learning together</u> 10.00-11.30am Every Thursday (Christmas break back 12th January 2012) Term time only Thursday 16th Family Fun (half term) 10.00-11.30am</p>	<p><u>Bedale Children's Centre</u> <u>Learning Together</u> 1.00-2.30pm</p> <p>Every Friday Christmas Break back 13th January 2012)</p>	
<p><u>RAF Leeming Church Hall</u> <u>Pre-School Learning Alliance Interactive Play</u> 10.00-11.30am Monday 23rd January Monday 20th February Monday 19th March</p>	<p><u>Bedale Children's Centre</u></p> <p>Everyday First Aid sessions will be held at Chantry Hall, Bedale. 24<sup>th</sup> January 2012, 21<sup>st</sup> February 2012, 20<sup>th</sup> March 2012</p> <p>Booking Essential)</p>	<p><u>Masham Town Hall</u> <u>Growing and Learning Together</u> 9.30-11.00am Every Wednesday Charge Applies The Children's Centre Parent Support Worker will be there on the 2nd and 4th Wednesday</p>	<p><u>Bedale Children's Centre</u> <u>Baby Signing</u> 1.00-2.30pm (5 week course) 23rd February 1st March 8th March 15th March 22nd March</p>	<p><u>Bedale Children's Centre</u> <u>Playing together Messy Play</u></p> <p>Starting 17th February 10.00-11.30am</p>	<p>Did you know Children's Centre's work with children up to 11 years old?</p>

**Key**

- Black - Bedale Children's Centre
- Purple - RAF Leeming
- Green - Masham

**Family Learning**

Are you interested in coming along to a Baby Massage or Baby Signing course? Would you like to learn new skills with your child?

Call the Centre to find out about the next Family Learning Courses for you and your family!

**Our Team**

**Sue Shippen** - Children's Centre Services Manager, tel. 07970314616 or 01609 797029  
**Hayley Anderson-Richardson** - Parent Support Advisor, tel. 01609 533184 or 07976989127  
**Sue Lawton** - Parent Support Advisor, tel 01609 797231 / 07854886635  
**Kate Hughes** - Administrative Assistant, tel 01609 533430  
**Nicola Roberts** - Reception, Administration Assistant, tel. 01609 535060  
**Jayne Jolly** - Crèche Worker

**Volunteering in Children's Centres**

Got an hour, or maybe a day a week to spare? Are you interested in being a Volunteer at our centre?

Please contact us on 01609 535060, or email [bedaleecc@northyorks.gov.uk](mailto:bedaleecc@northyorks.gov.uk)

Alternatively drop into the centre to speak to us in the office and we can give you all the information you need!

**Contact us**

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 5AD  
 Our Customer Service Centre is open Monday to Friday 9.00am - 5.30pm (closed weekends and bank holidays). Tel: 0645 8727374 email: [customer.services@northyorks.gov.uk](mailto:customer.services@northyorks.gov.uk)  
 Or visit our website at: [www.northyorks.gov.uk](http://www.northyorks.gov.uk)

If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 532917

Email: [communications@northyorks.gov.uk](mailto:communications@northyorks.gov.uk)



Children's centres are for all families with young children across North Yorkshire. They provide activities and opportunities which help babies and children to get a good start in life so they are ready to flourish when they start school, including:

- Fun activities to support young children's early learning and development;
- Child and family health services in partnership with Midwives and Health Visitors;
- Activities for children with special educational needs and disabilities and their families.

They also aim to give parents and carers information, advice, support and opportunities:

- Parenting courses;
- Family and relationship support;
- Training opportunities and employment advice.

Children's centres are a community hub for a wide range of services and activities to meet the needs of local families.

Contact your local centre for more information or visit [www.nyfamilies.info](http://www.nyfamilies.info)



Families  
Information  
Service

Visit our website [www.nyfamilies.info](http://www.nyfamilies.info)  
Or call our friendly team on  
0845 6011 630

You could also email us at  
[Fs.Information@northyorks.gov.uk](mailto:Fs.Information@northyorks.gov.uk)  
Or text 07624 602 425

#### Contact us

**Bedale Children's Centre**  
(Behind Bedale Hall)

Tel: 01609 535060

Email: [Bedalecc@northyorks.gov.uk](mailto:Bedalecc@northyorks.gov.uk)

[www.northyorks.gov.uk/childrenscentres](http://www.northyorks.gov.uk/childrenscentres)

#### How to find us?

**Bedale Children's Centre, Unit 9, Bedale,**

Jobcentre Plus can help people find the right kind of job to suit their personal requirements whether that's full time, part time, temporary or permanent. Jobcentre Plus also provide information about any benefits you may be entitled to. They also offer a dedicated service to employers to fill their vacancies quickly and effectively.

Please call job centre plus on 0871 703 8622, please feel free to use our phone in the Centre.



### Activities for Young Babies

#### Bumps to Babes every Thursday

**9.30-11.00am at Bedale Children's Centre**  
A group for expectant parents and parents with babies. Come and have a chat with other parents. Occasionally guest speakers will provide information about issues of interest to new parents. This session is designed to encourage your baby's development.

#### Breast Feeding Lunch every Wednesday

**12.00-2.00pm at Bedale Children's Centre**  
A session for parents who are breastfeeding or expectant parents thinking about breastfeeding. Come along and meet other parents and babies, enjoy a healthy lunch and get advice and support from Breastfeeding Peer Supporters. Older children are also welcome.

**Baby Massage 5 week course from Friday 13th January to Friday 10th February**  
**10.00-11.30am at Bedale Children's Centre (booking essential)**

**Baby Signing 5 week course from Thursday 23rd February to Thursday 22nd March**  
**1.00-2.30pm at Bedale Children's Centre**

### Learning for the whole family

**Everyday First Aid Tuesday 24th January, Tuesday 21st February, Tuesday 20th March**  
**10.30-12.30am at Bedale Children's Centre**  
A First Aid Training session run by the British Red Cross to provide parents with basic life saving skills and practical advice on how to deal with a first aid situation. A crèche will be provided for children.

**Job Drop in-- Monday Mornings at Bedale Children's Centre** Need help searching for a job or writing a CV? Why not drop in between 9.00am and 12.00 and speak to the girls in the office.

### Activities for Toddlers

#### Playing Together every Tuesday 1.00-2.30pm at Bedale Children's Centre

An interactive play session for children with parents to have fun and learn together. Craft, games, songs, painting, messy play and lots more to try! This session is designed to prepare your child with the early skills to read and write.

#### Learning together every Friday 1.00-2.30pm at Bedale Children's Centre

This session is aimed at both you and your child. As a parent you will receive advice, guidance and information from Children's Centre staff and specialists. Your child will have the chance to explore, experience and interact with a variety of play opportunities.

(Christmas Break back 13th January 2012)

**Learning Together every Thursday**  
**10.00-11.30am at RAF Leeming CP School**  
(Christmas break back 12th January 2012)  
Term time only

#### Pre-School Learning Alliance Interactive Play (Booking Essential)

Come along and play, let your child experience different types of play and find out some good ideas to take home!

**Bedale Children's Centre 1.00-2.30pm**

**Monday 9th January**

**Monday 6th February**

**Monday 5th March**

**RAF Leeming Church Hall 10.00-11.30am**

**Monday 23rd January**

**Monday 20th February**

**Monday 19th March**

### Health Clinic's

**Health Clinic 10.00-11.30 every 2nd and 4th Tuesday of the month at Bedale Children's Centre, 3rd January, 17th January, 31st January, 14th February, 28th February, 13th March**

**Health Clinic 10.00-11.30 every 1st and 3rd Wednesday of the month at RAF Leeming community centre**

**Health Clinic 10.00-11.30 Masham town hall 2nd Wednesday of the month**

Meet your local Health Visitor and Assistant Practitioner for advice, support and Baby Weighing.

Do you know of any community groups who would like to hire our Children's Centre facilities?

Please call Bedale Children's Centre on 01609 535060 or email [Bedalecc@northyorks.gov.uk](mailto:Bedalecc@northyorks.gov.uk)

### Childminders

**Every Monday 9.30-11.30am at Bedale Children's Centre**

All registered childminders and the children they care for are welcome. The group offers childminders the chance to network, and children the chance to play. Term time only

### Coming Soon

Buggy Fitness  
Cookery  
Young explorer  
Musical Minis  
Saturday Sessions

### Saturday Sessions

We would like your idea's for Saturday sessions, we want to know the time and what you would like us to provide,

Contact Nicola with your ideas on 01609 535060

**NYCC Adult Learning and Skills Service Hambleton Area**

**FreshStart—your skills, your future**

FreshStart is a flexible part-time programme designed to fit around your work and home life. It includes a range of courses from Book Keeping to Child Development to give you the confidence and skills for your ideal job. You can gain an ECCL qualification or brush up on your interview skills. We also offer free qualifications in maths and English.

To help you decide which course to choose, we are here to help. Contact your local area office in Northallerton tel. 01609 533900, or email [hambleton.adultlearning@northyorks.gov.uk](mailto:hambleton.adultlearning@northyorks.gov.uk)