

Little Bird SOS Online Events :: Guest Presenter Brief

Thank you for your interest in this opportunity. Little Bird SOS is an arts for health organisation based in Leicestershire. We're looking for artists and creative facilitators to run live inspirational and enjoyable 60 minute online creative activity sessions, with a wellbeing focus, as part of our regular programme of events.

Covid-19 has heightened mental health concerns and reduced opportunities to engage in face to face activities that increase wellbeing and decrease isolation and loneliness. In anticipation of this, in early 2020 we moved our creative workshops online. Our sessions are friendly and well attended by people of all ages and abilities.

To date we have worked with writers, musicians, performance poets, visual artists and makers. We are open to all art forms. The session structure includes a welcome, up to 45 minutes of interactive activity or demonstration, plus feedback/discussion. All sessions are delivered on Zoom and co-hosted with the LBSOS team so you will not be alone.

The Brief

Our events are designed to be engaging, friendly, informative, inclusive and safe. We ask that as a guest presenter you bring your own passions, perspectives and expertise to the session you lead, with a focus on wellbeing and inspiring creativity.

Events are live and contain at their core a demonstration or interactive creative activity, plus Q&A.

Structure

Sessions are one hour long, usually held at 2pm on Thursdays, and co-hosted with Janet and Lisa from LBSOS. We are very flexible, and find that the following works as a general structure:

5 mins	Arrivals & welcome
5 mins	Outline of session
35 mins	Main content - demonstration or/and facilitated creative activity
10 mins	Feedback/Discussion/Q&A. Signposting to resources & inspiration (if applicable)
5 mins	Thanks, poll, reminders of what's coming up next. Close

Little Bird SOS will:

Promote the event beforehand via social media and on our website.

Report back on the session in a short blog.

Record the event and, if suitable and with your agreement, create a short video to add to our YouTube channel.

What we will need from you before your session:

Short bio (50 words max) and a picture for us to use in promo.

Quick technical run through a few days before to check connections, session flow etc.

Any list of/links to resources (interesting web links etc.) for participants.

Fee

We offer a fee of £160 to include:

Your preparation time.

Links/resources for participants (send 3 days beforehand).

Delivery on the day.

Low cost material expenses can be covered, in addition to the fee, if required.

How To Apply

Please complete this [online form](#). There is no deadline, proposals are considered every couple of weeks on a rolling basis.

That happens next?

We will respond within three weeks of hearing from you.

If your proposal is suitable for us we will get in touch to talk through your ideas further, check to see what you may welcome our support with, then once we are all happy to go ahead, mutually agree a date for your session.

If you have any questions please contact Janet Currie, via enquiries@littlebirdsos.co.uk

Thank you and we look forward to hearing from you.