

Little Bird SOS



Traditional Red Poppy for Remembrance and White for Peace

In this pack you will find the following:

- Set of instructions
- Pattern for the Poppy
- Sew on brooch pin
- Red, white and green felt
- Button
- Needle and thread

You will need to provide the following:

- Scissors
- Pins
- Glue stick (optional)
- Patience!

Instructions

1.



Cut out the poppy and leaf pattern, from this sheet, below.

2.



Pin out then cut out the poppy top and bottom using the red or white felt and the leaf using the green felt.

3.



With the larger poppy piece slightly overlapping the smaller piece, stitch them together with the red or white thread.

4.



Now stitch the green leaf to the back. Traditionally the leaf should be stitched in the 11 o'clock position. This is in the 1 o'clock on the back.

5.



Using the black thread, stitch on the button to the middle of the poppy.

6.



Finally, stitch on the brooch pin.

7.



If you would like, you can glue a piece of felt over the stitches to neaten the back.



Congratulations, you have completed your traditional poppy. The poppy should be worn on left hand side with the leaf pointing to your heart

- please consider making a donation to the Royal British Legion and Peace Pledge Union in support of remembrance and peace. To give is one of the Five Ways to Wellbeing.

Poppy Pattern

