



Lesley H Phillips

British Handmade Designer Jewellery

www.lesleyhphillips.co.uk | jewellery@lesleyhphillips.co.uk

BANGLE SIZING GUIDE

Bangles are measured by their diameter, which is a straight line passing through the centre of the bangle, finishing at the inside edges of the bangle.

To find the size of bangle which will fit, you can measure an existing bangle or measure yourself using a flexible tape measure. Put your hand flat and then bring your thumb (in your palm) and your little finger together. Then wrap the tape measure over the top knuckles of your fingers and pull tight (this will be just off your top thumb knuckle). The top knuckles, being the knuckles nearest your wrist.

Once the bangle is over the knuckles of your hand, then of course it will be relatively loose around your wrist.

Do remember that your hands could be different sizes so ensure you measure the hand on which you intend to wear the bangle and to ensure that the tape measure is straight across your knuckles, because the bangle is not flexible.

Sizing	Diameter (inches)	Diameter (cm)	Approximate inside circumference oval (inches)	Approximate inside circumference oval (cm)
S – M	2.5"	6.50cm	7.5"	19cm (round 20cm)
M – L	2.75"	7cm	8.5"	20cm
L – XL	3.15"	7.75cm	9"	22.5cm