

Contraindications

Below is the list of major and minor contraindications you will find on the consultation form for SkinBase Collagen Lift treatment.

Possible contra-actions of treatment are erythema (mild redness) or a mild burn.

Major contra-indications – Do not proceed.

Liver/kidney conditions – We are putting strain on the kidney and liver through lymphatic drainage, so they need to be healthy for us to achieve results. Do not treat without written medical consent.

Heart conditions – We are stimulating blood flow, once again putting strain upon the heart, some medications used to treat conditions can increase sensitivity to the heat. Do not treat without written Medical consent. You cannot treat anyone with pacemakers or metal stents.

Auto immune diseases – We are causing a controlled injury, so we need the immune system to be healthy and to be able to react accordingly. Medications used are often immunosuppressants. Do not treat without written medical consent.

Diabetes – the healing process can be slower and there may also be sensitivity changes, such as loss or heightened sensation. Do not treat without written medical consent. You cannot treat anyone with an implanted electrical monitor.

Immunosuppressed individuals - If the immune system is suppressed, the healing process may be compromised. Do not treat.

Chronic respiratory failure – they take in less oxygen and more CO₂, generally they struggle with their health but they can also develop other contra-indications. Do not treat.

Cerebral palsy/Bells palsy – causes a lack of control over muscles, at risk of involuntary spasms.

Inflammation or infections – Ensure it clears before treating.

Abnormal swelling or Oedema – Ensure it clears before treating.

History of keloid scarring or abnormal wound healing – A history of keloid scarring is if there are more than one keloid scars on the body. If they are less than 5 years old then do not treat.

Inability to communicate – clients need to communicate how the heat feels, if they are unable to do this you are unable to treat.

Connected to vital signs monitoring – usually electrical items they are monitored via for blood pressure/heart rate. Wait for the monitoring and results and only proceed if it is safe to.

Benign or malignant tumours – RF can encourage growth. Do not treat.

Arteriosclerosis Obliterans – thickening of the arterial walls, complications can be caused. Do not treat.

Varicose veins – if on the body avoid body areas.

Pregnancy – wait for the 6-8 weeks post baby check up. Individuals who are pregnant cannot perform the treatment.

Cancer (radiation/Chemotherapy) – either from remission or cancer being removed, 6 months into remission and not taking cancer medication.

Minor contraindications

Psoriasis or Eczema – avoid the area

Areas of sensory impairment – e.g. nerved damage, avoid the area

Areas of very dry and fragile skin – avoid the area

Herpes (Shingles/Cold sores) – Wait for shingles to clear up before treating, cold sores can just be avoided.

Bruises/abrasions or wounds – fluid build up in any areas can cause current concentration. Avoid the area

Active acne – Current concentration can occur, avoid any affected areas.

Moles or skin tags – work around

Metal pins plates and implants – current concentration can be caused within the tissue around the metal – work a safe distance away, i.e. not next to the area with metal.

Dental implants, braces, caps or metal fillings – for braces cover the metal to protect the inner cheeks. For caps, implants metal(grey) fillings, if there is more than 4 in total avoid the area, if there is less than four cover the affected areas to reduce the conductivity.

Surgery – Wait 6 months post surgery.

Broken capillaries - avoid the area as heat may worsen the condition.

Rosacea - work around the area as heat may worsen the condition.

Impetigo – Do not proceed

Sunburn – Do not proceed.

Medications

For some medications you will need to either discontinue use or obtain a Dr's note to be able to treat. Be aware of medications which do the following;

Thin the skin

- Steroid cream – 4 weeks discontinued use
- Steroid injections or orally – 6 months discontinued use
- Roaccutane/ Isotretinoin and retin A – 6 months of discontinued use.

Affects the skin's sensitivity

- Antibiotics – wait for the client to finish the course
- Nerve blockers – affects how the skin feels the treatment – 4 weeks discontinued use
- Blood thinners - makes clients more sensitive to the heat, can also cause blood spotting to the surface of the skin.

Affects the skin's healing ability

- Immunosuppressants – Stop the immune system activating itself.