



TRADITIONAL CHINESE DISHES 中餐

LARGE

Chinese vegetables subject to availability.

★ 15mins extra preparation time required.

B1	Pan Fried Dumplings <small>war-tip</small>	£4.80	• 鍋貼
B2	★ Braised Beef Curry	£7.30	• 咖喱牛腩
B3	🔥 Chilli & Salt Pork Chop	£5.80	• 椒鹽豬排
B4	Cantonese Style Slow Braised Beef	£7.30	• 五香牛腩
B5	Cantonese Style Red Stewed Pork Belly	£7.30	• 紅燒肉
B6	★ Roasted Crispy Pork Belly	£8.20	• 燒肉
B7	★ Roasted Pork Belly on Boiled Rice	£7.10	• 燒肉飯
B8	Honey Roast Pork on Boiled Rice	£6.50	• 蜜汁叉燒飯
B9	Crispy Pork in Honey Sauce	£6.00	• 蜜汁豬排
B10	🔥 Stir Fried Beef with Pak Choi	£6.30	• 牛肉炒白菜
B11	🔥 Fresh Pak Choi in Garlic & Oyster Sauce	£6.00	• 蚝油白菜
B12	🔥 Fresh Choi Sum in Oyster Sauce	£6.10	• 蚝油菜心
B13	🔥 Fresh Choi Sum in Garlic Sauce	£6.00	• 蒜蓉菜心
B14	🔥 Stir Fried Ong Choi with Fermented Bean Curd	£7.40	• 腐乳通菜
B15	🔥 Stir Fried Ong Choi with Chilli & Garlic	£7.40	• 蒜辣通菜
B16	🔥 Stir Fried Broccoli with Garlic & Oyster Sauce	£4.60	• 蚝油西蘭花
B17	🔥 Stir Fried Baby Lettuce in Oyster Sauce	£4.40	• 蚝油生菜
B18	🔥 Stir Fried Chicken Beef Pork in Oyster Sauce <small>on a bed of baby lettuce</small>	£5.30	• 蚝油肉片生菜
B19	🔥 Aubergine with Chilli Minced Pork	£5.90	• 魚香茄子
B20	🔥 Stir Fried Aubergine in Garlic & Soya Sauce	£4.90	• 紅燒茄子
B21	🔥 Stir Fried Spicy Potato with Chicken Beef Pork	£5.30	• 蒜辣土豆肉片
B22	🔥 King Prawns with Spicy Tomato <small>Juicy king prawns stir fried with fresh tomatoes & crunchy cucumber in a spicy garlic & tomato sauce on a bed of crisp lettuce</small>	£6.30	• 蒜辣番茄大蝦
B23	🔥 Chilli & Salt Squid	£6.10	• 椒鹽鮮魷
B24	Fried Beef Ho Fun <small>thick rice stick noodles</small>	£7.00	• 干炒牛河
B25	Beef with Black Bean Ho Fun	£7.20	• 土椒牛河
B26	Mixed Seafood Ho Fun	£7.40	• 三鮮炒河
B27	East Special Crispy Chow Mein <small>our special dish consisting of chicken, roast pork, king prawns and squid cooked with Chinese mixed vegetables in a garlic, soya & oyster sauce on a bed of crispy noodles</small>	£7.50	• 什錦脆面
B28	🔥 Singapore Style Traditional Noodles	£5.40	• 星洲中式面
B29	🔥 Mixed Seafood Traditional Noodles <small>king prawns, squid and Chinese fish cake stir fried with garlic & selected vegetables on a bed of traditional thin noodles</small>	£6.80	• 三鮮中式面
B30	🔥 Ma Po Tofu <small>with minced pork</small>	£5.80	• 麻婆豆腐
B31	🔥 Tofu in Chilli & Salt	£5.30	• 椒鹽豆腐
B32	🔥 Szechuan Tofu	£5.40	• 四川豆腐
B33	🔥 Tofu in Black Bean Sauce	£5.40	• 土椒豆腐
B34	🔥 Tofu with Mixed Vegetables	£5.50	• 什菜豆腐
B35	🔥 East Special Tofu <small>with mixed meat</small>	£5.80	• 招牌豆腐

EUROPEAN DISHES 英式餐

122A	🔥 Sirloin Steak <small>with peas, tomato & chips</small>	£9.90	• 西冷牛排
123	Roast Chicken <small>with chips</small>	£5.20	• 燒雞薯條
124	Sliced Chicken <small>with chips</small>	£5.20	• 雞片薯條
125	🔥 Special Omelette <small>with chips</small>	£5.10	• 招牌奄列薯條
126	🔥 Chicken Omelette <small>with chips</small>	£5.00	• 雞肉奄列薯條
127	🔥 King Prawn Omelette <small>with chips</small>	£6.10	• 大蝦奄列薯條
128	🔥 Shrimp Omelette <small>with chips</small>	£5.20	• 蝦仔奄列薯條
129	🔥 Mushroom Omelette <small>with chips</small>	£4.70	• 蘑菇奄列薯條
130	🔥 Plain Omelette <small>with chips</small>	£4.30	• 淨奄列薯條

SWEETS 甜品類

131	Banana Fritter <small>with syrup</small>	£2.70	• 炸香蕉
132	Pineapple Fritter <small>with syrup</small>	£2.70	• 炸菠蘿

EXTRA PORTIONS 伴類

134	🔥 Stir Fried Mushrooms	£3.50	• 炒蘑菇
135	🔥 Stir Fried Garlic Mushrooms	£3.60	• 蒜蓉蘑菇
136	🔥 Stir Fried Beansprouts	£3.40	• 炒芽菜
137	🔥 Stir Fried Bamboo Shoots & Water Chestnuts	£3.50	• 炒竹馬
138	🔥 Stir Fried Mixed Vegetables	£3.60	• 炒什菜
138A	🔥 Stir Fried Mixed Vegetables in Black Bean Sauce	£4.20	• 土椒什菜
139	🔥 Stir Fried Onions	£3.10	• 炒洋葱
140	🔥 Chips	£2.20	• 薯條
141	🔥 Prawn Crackers	£2.10	• 蝦片
142	Curry Sauce	£1.90	• 咖喱汁
143	Sweet & Sour Sauce	£1.90	• 甜酸汁
144	Barbecue Sauce	£1.90	• 燒烤汁
145	Gravy	£1.90	• 燒汁

DRINKS 飲品

Soft Drink: Coke Diet Coke Fanta Orange Sprite Dr Pepper	CAN £1.00	• 罐汽水
	1.5L BOTTLE £2.80	• 瓶汽水

Location



A set meal for 1 person £8.80

Sweet & Sour Chicken Balls (6)
Beef Chop Suey OR Chicken Chow Mein
Egg Fried Rice (for special fried rice £1.20 extra)

B set meal for 2 people £16.80

Sweet & Sour Chicken Balls (10)
Beef with Mushrooms
Chicken with Mixed Vegetables
Special Fried Rice
Prawn Crackers

C set meal for 3 people £24.90

Sweet & Sour Chicken Balls (12)
Beef with Mixed Vegetables
Pork Chop Suey
King Prawn with Bamboo Shoots
& Water Chestnuts
Special Fried Rice (large)
Prawn Crackers

D set meal for 4 people £34.50

Sweet & Sour King Prawn Balls (12)
Mini Vegetable Spring Rolls (12)
Chicken with Pineapple
Beef with Green Peppers in Black Bean Sauce
Pork in Oyster Sauce
Shrimp Chop Suey
Special Fried Rice (2 small)
Prawn Crackers

Some dishes may be altered but could incur a surcharge

SA chef's special set meal for 2 people £19.80

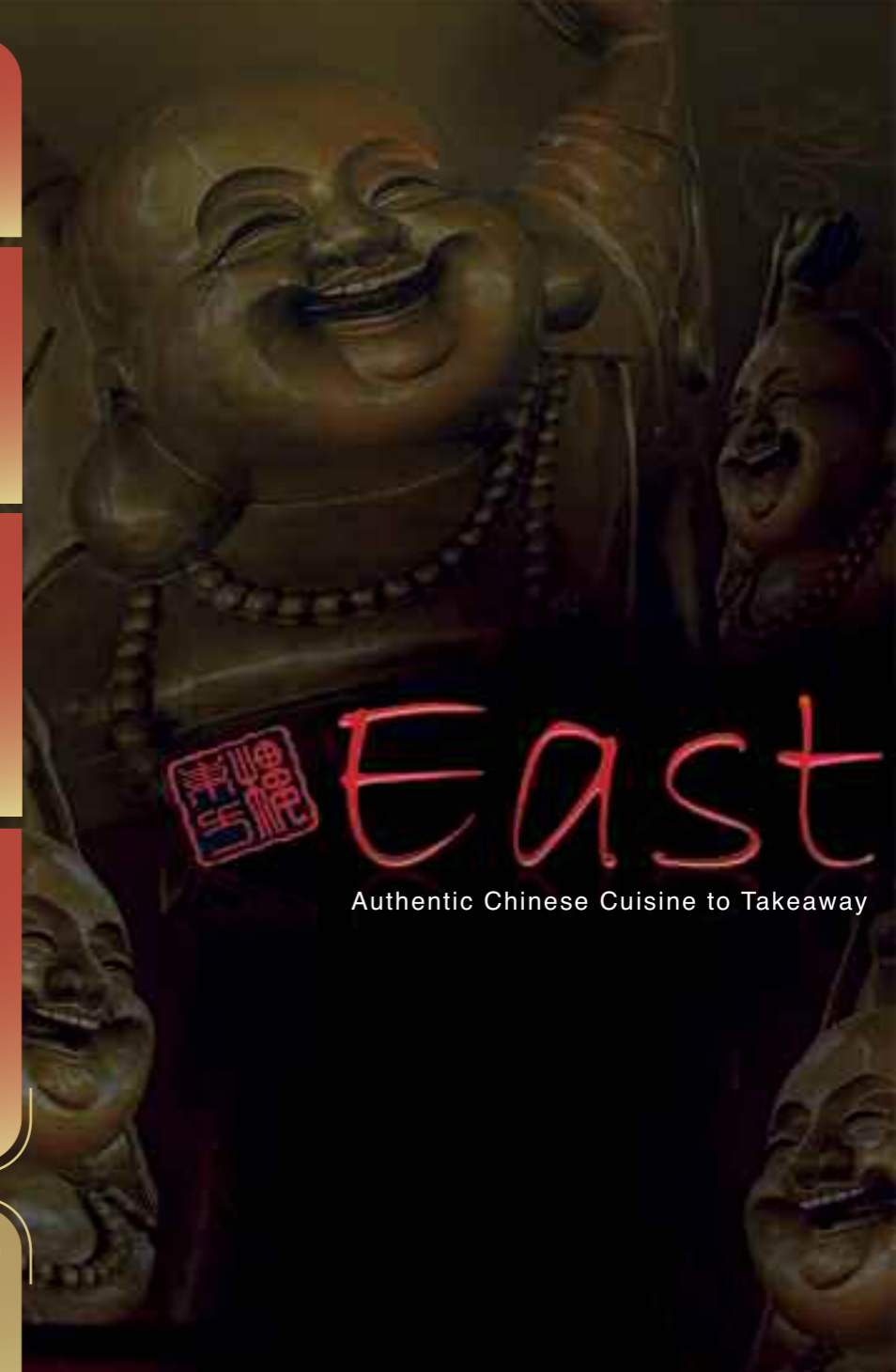
Roast Pork Cantonese
Beef with Straw Mushrooms & Baby Corn
Sweet & Sour Chicken Cantonese Style
Special Fried Rice
Prawn Crackers

SB chef's special set meal for 3 people £27.60

🔥 Chop Kam
Sweet & Sour King Prawn Cantonese
🔥 Beef Satay
🔥 Chicken Szechuan
Special Fried Rice (large)
Prawn Crackers

SC chef's special set meal for 4 people £34.80

Crispy Chilli Beef
Roast Pork in BBQ Sauce
🔥 Crispy Peanut Chicken
Wandering Dragon
Special Chow Mein (large)
Special Fried Rice (large)
Prawn Crackers



East

Authentic Chinese Cuisine to Takeaway

86 Colman Road
Norwich NR4 7EH

01603 home delivery
501188

10% FOR UEA students [ID required] minimum order £14 (Not valid with set meals)
DISCOUNT

open 6 DAYS A WEEK
5:00pm-11:00pm
10:30pm on Sundays

CLOSED MONDAY

Free Delivery
MINIMUM ORDER £8 within 3 miles on
£1.20 DELIVERY CHARGE orders over £17
ON ORDERS UNDER £17

Last Delivery 10:30pm

PLEASE INFORM US IF YOU HAVE ANY
FOOD ALLERGIES

www.eastchinesetakeaway.com



JUL 2019

All prices include V.A.T.

Printed by DSD Colour Printers

East

Authentic Chinese Cuisine to Takeaway
Tel: 01 603 501188

STARTERS 頭盤

1	Crispy Aromatic Duck		
	served with pancakes, salad and hoisin sauce		
	QUARTER £8.40 HALF £15.80 WHOLE £29.70	• 香酥鴨	
2	Crispy Seaweed (topped with ground fish)	£3.90	• 魚松海草
3	Prawn Toast	£5.20	• 蝦多士
4	Spring Roll (Pork & Prawns)	£2.90	• 春卷
5	Mini Vegetable Spring Rolls	[8] £2.90	• 小菜卷
6	Chicken Wings with Chilli & Salt	[6] £4.90	• 椒鹽雞翼
7	Sweet Chilli Chicken Wings	£4.90	• 甜辣雞翼
8	Crispy Won Ton (pork & prawn) with sweet & sour dip	[6] £4.00	• 炸云吞
16	Classic Prawn Cocktail	£3.60	• 蝦尾

SOUPS 湯類

9	Chicken & Sweetcorn Soup	£2.80	• 雞粟米湯
10	Crabmeat & Sweetcorn Soup	£3.10	• 蟹粟米湯
11	Chicken & Noodle Soup	£2.70	• 雞面湯
12	Chicken & Mushroom Soup	£2.70	• 蘑菇雞湯
13	Mixed Vegetable Soup	£3.80	• 什菜湯
14	Hot & Sour Soup	£3.80	• 酸辣湯
15	Thai Style Hot & Sour Soup		
	with Chicken tom yum style	£3.70	• 泰式酸辣雞湯
15A	Thai Style Hot & Sour Soup		
	with King Prawn tom yum style	£4.20	• 泰式酸辣蝦湯

CHEF'S RECOMMENDATIONS 特色推荐菜

A1	Crispy Chilli Beef	£5.80	• 干牛絲
A2	Lemon Chicken	£5.80	• 檸檬雞肉
A3	Crispy Peking Chilli Chicken	£5.80	• 京都辣雞
A3A	Crispy Peking Chilli King Prawn	£6.20	• 京都辣蝦
A4	Roast Duck Cantonese Style	£5.80	• 港式燒鴨
A5	Roast Chicken Cantonese Style	£5.30	• 港式燒雞
A6	Roast Pork Cantonese Style	£5.30	• 港式叉燒
A7	Roast Duck with Plum Sauce	£6.40	• 梅子燒鴨
A8	Happy Family (chicken, roast pork, beef & king prawns stir fried with chinese mixed vegetables in a special garlic & soya sauce)	£6.30	• 合家歡
A9	Wandering Dragon (chicken & king prawns cooked in a special garlic & oyster sauce on a bed of stir fried chinese mixed vegetables)	£6.40	• 龍鳳呈祥
A10	Chop Kam (chicken, roast duck & roast pork stir fried with mixed vegetables in a spicy garlic & soya sauce, then finished with cashew nuts)	£6.40	• 什錦
A11	Chicken with Pickled Ginger & Pineapple	£5.30	• 子蘿雞
A12	King Prawn with Pickled Ginger & Pineapple	£6.30	• 子蘿大蝦
A13	Chicken with Chilli & Salt	£5.60	• 椒鹽雞
A14	King Prawn with Chilli & Salt	£6.20	• 椒鹽大蝦
A15	Tender Beef Cantonese Style	£5.60	• 港式牛肉
A16	Kung Po Chicken	£5.90	• 公保雞
A17	Kung Po King Prawn	£6.40	• 公保大蝦
A18	Sliced Chicken & Roast Pork on Mushrooms	£5.30	• 蘑菇叉燒雞
A19	The Original Crispy Peanut Chicken	£5.80	• 花生雞
A20	Chinese Roast Pork in Barbecue Sauce	£5.60	• 中式叉燒

UDON DISHES 烏冬

Thick Japanese wheat noodles.			
17	East Special Udon Noodle	£6.10	• 招牌烏冬
18	Udon Noodles		烏冬
		CHICKEN BEEF PORK £5.50	• 雞 牛 豬肉
		KING PRAWN SINGAPORE £6.00	• 大蝦 星洲
19	Vegetable Udon Noodle	£5.20	• 什菜烏冬
20	Black Bean Udon Noodle (dry)		士椒炒烏冬
		CHICKEN BEEF £6.20	• 雞 牛

RICE DISHES 飯類

21	East Special Fried Rice	£5.90	• 招牌炒飯
22	Special Fried Rice (dry)	£4.90	• 楊州炒飯
23	Chicken Fried Rice	£4.80	• 雞肉炒飯
24	Roast Pork Fried Rice	£4.80	• 叉燒炒飯
25	King Prawn Fried Rice	£5.90	• 大蝦炒飯
26	Shrimp Fried Rice	£4.90	• 蝦仔炒飯
27	Beef and Lettuce Fried Rice	£4.90	• 生菜炒牛肉飯
28	Singapore Fried Rice	£5.10	• 星洲炒飯
29	Roast Duck on Fried Rice (large)	£6.30	• 燒鴨炒飯
30	Roast Duck & Roast Pork on Fried Rice	£6.00	• 叉鴨炒飯
30A	Sliced Chicken & Roast Pork on Fried Rice	£6.00	• 叉雞炒飯
31	Mushroom Fried Rice	£4.50	• 蘑菇炒飯
32	Mixed Vegetable Fried Rice	£4.50	• 什菜炒飯
34	Pineapple Fried Rice	£4.40	• 菠蘿炒飯
35	Egg Fried Rice	£3.10	• 蛋炒飯
36	Boiled Rice	£2.90	• 白飯

CHOW MEIN DISHES 炒面類

Fried Noodles			
37	East Special Chow Mein	£5.90	• 招牌炒面
38	Special Chow Mein (dry)	£5.10	• 楊州炒面
39	Chicken Chow Mein	£5.10	• 雞肉炒面
40	Beef Chow Mein	£5.10	• 牛肉炒面
41	King Prawn Chow Mein	£6.00	• 大蝦炒面
42	Shrimp Chow Mein	£5.10	• 蝦仔炒面
43	Pork Chow Mein	£5.10	• 豬肉炒面
44	Roast Pork Chow Mein	£5.10	• 叉燒炒面
44A	Roast Duck Chow Mein	£6.00	• 燒鴨炒面
45	Singapore Chow Mein	£5.20	• 星洲炒面
46	Singapore Rice Noodles	£5.60	• 星洲炒米
47	Mushroom Chow Mein	£4.80	• 蘑菇炒面
48	Mixed Vegetable Chow Mein	£4.80	• 什菜炒面
49	Plain Chow Mein	£3.80	• 淨炒面

S HOT & SPICY
N CONTAINS NUTS
GF CAN BE MADE GLUTEN FREE

If you have any food allergies please consult our staff before ordering!

SWEET & SOUR DISHES 咕嚕餐類

50	Sweet & Sour Chicken Balls	£5.40	• 咕嚕雞球
51	Sweet & Sour Mixed Balls (king prawn & chicken)	£5.90	• 咕嚕什球
52	Sweet & Sour King Prawn Balls	£6.00	• 咕嚕大蝦球
53	Sweet & Sour Chicken Cantonese	£5.70	• 港式咕嚕雞
54	Sweet & Sour Pork Cantonese	£5.70	• 港式咕嚕肉
55	Sweet & Sour King Prawn Cantonese	£6.10	• 港式咕嚕大蝦
56	Sweet & Sour Mixed Vegetables	£4.40	• 甜酸什菜

SPARE RIBS 排骨燒

57	Barbequed Spare Ribs in sauce	£5.80	• 燒排骨
58	Sweet & Sour Spare Ribs	£5.80	• 甜酸排骨
59	Honey & Lemon Spare Ribs	£5.70	• 檸檬蜜骨
60	Peking Style Spare Ribs	£5.90	• 京都排骨
61	Chilli & Salt Ribs	£5.90	• 椒鹽排骨
62	Dry Spare Ribs	£5.60	• 干燒排骨

CURRY DISHES 咖喱餐類

Served with boiled rice or chips. Fried rice 50p extra. Special fried rice £1.50 extra.			
63	East Special Curry	£6.30	• 招牌咖喱
64	Chicken Curry	£5.70	• 雞咖喱
65	Beef Curry	£5.70	• 牛肉咖喱
66	Pork Curry	£5.70	• 豬肉咖喱
67	Roast Pork Curry	£5.80	• 叉燒咖喱
67A	Roast Duck Curry	£6.40	• 燒鴨咖喱
68	King Prawn Curry	£6.40	• 大蝦咖喱
69	Shrimp Curry	£5.90	• 蝦仔咖喱
70	Mushroom Curry	£5.30	• 蘑菇咖喱
71	Mixed Vegetable Curry	£5.30	• 什菜咖喱
72	Thai Green Curry		泰國青咖喱
		CHICKEN BEEF PORK VEGETABLE £7.10	• 雞 牛 豬肉 什菜
		KING PRAWN DUCK £7.60	• 大蝦 鴨
73	Thai Red Curry		泰國紅咖喱
		CHICKEN BEEF PORK VEGETABLE £7.10	• 雞 牛 豬肉 什菜
		KING PRAWN DUCK £7.60	• 大蝦 鴨

CHOP SUEY DISHES 什水餐類

74	Special Chop Suey	£5.10	• 招牌什水
75	Chicken Chop Suey	£4.80	• 雞肉什水
76	Beef Chop Suey	£4.80	• 牛肉什水
77	King Prawn Chop Suey	£5.70	• 大蝦什水
78	Shrimp Chop Suey	£5.00	• 蝦仔什水
79	Mushroom Chop Suey	£4.50	• 蘑菇什水
80	Roast Pork Chop Suey	£4.80	• 叉燒什水

FOO YUNG DISHES 芙蓉餐類

Chinese style lightly scrambled egg.			
81	Special Foo Yung	£5.00	• 招牌芙蓉
82	Chicken Foo Yung	£4.90	• 雞肉芙蓉
83	Roast Pork Foo Yung	£5.00	• 叉燒芙蓉
84	King Prawn Foo Yung	£5.70	• 大蝦芙蓉
85	Shrimp Foo Yung	£5.00	• 蝦仔芙蓉
86	Mushroom Foo Yung	£4.60	• 蘑菇芙蓉
86A	Tomato Foo Yung	£4.60	• 蕃茄炒蛋

SZECHUAN DISHES 四川餐類

A regional dish made with a sweet garlic chilli sauce combined with special spices.			
87	Special Szechuan	£5.90	• 四川招牌菜
88	Chicken Szechuan	£5.70	• 四川雞肉
89	Beef Szechuan	£5.70	• 四川牛肉
90	King Prawn Szechuan	£6.30	• 四川大蝦
91	Pork Szechuan	£5.70	• 四川豬肉
92	Roast Pork Szechuan	£5.80	• 四川叉燒
93	Roast Duck Szechuan	£6.30	• 四川燒鴨
94	Mixed Vegetable Szechuan	£5.00	• 四川什菜

SATAY DISHES 沙爹餐類

The South East Asian classic made with peanuts & spices.			
95	Special Satay	£6.00	• 沙爹招牌菜
96	Chicken Satay	£5.70	• 沙爹雞肉
97	Beef Satay	£5.70	• 沙爹牛肉
98	Pork Satay	£5.70	• 沙爹豬肉
99	Roast Pork Satay	£5.80	• 沙爹叉燒
100	King Prawn Roast Satay	£6.20	• 沙爹大蝦
100A	Mixed Vegetable Satay	£4.80	• 沙爹什菜

SAMBAL DISHES 參巴餐類

A classic fiery Indonesian dish made with chilli and Indonesian spices in a sweet sauce (very hot)			
101	Chicken Sambal	£5.70	• 參巴雞肉
102	Beef Sambal	£5.70	• 參巴牛肉
103	Pork Sambal	£5.70	• 參巴豬肉
104	King Prawn Sambal	£6.30	• 參巴大蝦

GARLIC & CHILLI DISHES 蒜辣餐類

Onions, peppers & infused with garlic & dry chilli oil.			
105	Garlic & Chilli Chicken	£5.50	• 蒜辣雞肉
106	Garlic & Chilli Beef	£5.50	• 蒜辣牛肉
107	Garlic & Chilli King Prawn	£6.30	• 蒜辣大蝦
108	Garlic & Chilli Pork	£5.50	• 蒜辣豬肉

CLASSICS SELECTION ONE

109	Mushrooms	蘑菇	112	Pineapple	菠蘿
110	Bamboo Shoots & Water Chestnuts	竹筴	113	Onions	洋葱
111	Sweetcorn	粟米	114	Mixed Vegetables	什菜
			115	Fresh Tomato	番茄
» COOKED WITH CHOICE OF MEAT		Chicken Beef Pork	£5.20	• 雞 牛 豬肉	
		King Prawn Duck	£6.10	• 大蝦 鴨	

CLASSICS SELECTION TWO

116	Green Peppers in Black Bean Sauce	士椒	120	Oyster Sauce	蚝油
117	Broccoli	西蘭花	121	Straw Mushrooms & Baby Corn	草菇米筍
118	Ginger & Spring Onions	姜蔥	122	Yellow Bean Sauce with Cashew Nuts	醬爆腰果
119	Cashew Nuts	腰果			
» COOKED WITH CHOICE OF MEAT		Chicken Beef Pork	£5.70	• 雞 牛 豬肉	
		King Prawn Duck	£6.20	• 大蝦 鴨	