

East

Authentic Chinese Cuisine to Takeaway
Tel: 01603 501188



STARTERS 头盘

- 1 Crispy Aromatic Duck
Served with pancakes, Salad and hoi sin sauce
Quarter £11.00 | Half £20.00 | Whole £38.00 • 香酥鸭
- 2 Crispy Seaweed (topped with ground fish) £5.10 • 鱼松海苔
- 3 Prawn Toast £6.70 • 虾多士
- 4 Spring Roll Pork & Prawn £4.10 • 春卷
- 5 Mini Vegetable Spring Rolls (8) £4.10 • 小菜卷
- 6 Chicken Wings with Chilli & Salt £6.10 • 椒盐鸡翼
- 7 Sweet Chilli Chicken Wings £6.10 • 甜辣鸡翼
- 8 Crispy Won Ton (Prawn) with sweet & sour dip (8) £5.10 • 炸云吞
- 16 Chilli & Salt Mushrooms £6.90 • 椒盐蘑菇

SOUPS 汤类

- 9 Chicken & Sweetcorn Soup £4.00 • 鸡肉粟米汤
- 10 Crabmeat & Sweetcorn Soup £4.50 • 蟹肉粟米汤
- 11 Chicken & Noodle Soup £4.00 • 鸡面汤
- 12 Chicken & Mushroom Soup £4.00 • 蘑菇鸡汤
- 13 Mixed Vegetable Soup £4.40 • 杂菜汤
- 14 Hot & Sour Soup (contains chicken and shrimp) £4.70 • 酸辣汤
- 15 Thai Style Hot & Sour Soup with Chicken tom yum style £5.10 • 泰式酸辣鸡汤
- 15A Thai Style Hot & Sour Soup with King Prawn tom yum style £5.60 • 泰式酸辣虾汤

CHEF'S RECOMMENDATIONS 特色推荐菜

- A1 Crispy Chilli Beef £7.70 • 干牛丝
- A2 Lemon Chicken £7.90 • 柠檬鸡肉
- A3 Crispy Peking Chilli Chicken £7.70 • 京都辣鸡
- A3A Crispy Peking Chilli King Prawn £8.00 • 京都辣虾
- A4 Roast Duck Cantonese Style £8.00 • 港式烧鸭
- A5 Roast Chicken Cantonese Style £7.10 • 港式烧鸡
- A6 Roast Pork Cantonese Style £7.10 • 港式叉烧
- A7 Roast Duck with Plum Sauce £8.20 • 梅子烧鸭
- A8 Happy Family chicken, roast pork, beef & king prawns stir fried with Chinese mixed vegetables in a special garlic & soya sauce £8.20 • 合家欢
- A9 Wandering Dragon chicken & king prawns cooked in a special garlic & oyster sauce on a bed of stir fried Chinese mixed vegetables £8.20 • 龙凤呈祥
- A10 Chop Kam chicken, roast duck & roast pork stir fried with mixed vegetables in a spicy garlic & soya sauce, then finished with cashew nuts £8.20 • 杂锦
- A11 Chicken with Pickled Ginger & Pineapple £7.30 • 子罗鸡
- A12 King Prawn with Pickled Ginger & Pineapple £8.00 • 子罗大虾
- A13 Chicken with Chilli & Salt £7.70 • 椒盐鸡
- A14 King Prawn with Chilli & Salt £8.00 • 椒盐大虾
- A15 Tender Beef Cantonese Style £7.20 • 港式牛肉
- A16 Kung Po Chicken £8.00 • 公保鸡
- A17 Kung Po King Prawn £8.30 • 公保大虾
- A18 Sliced Chicken & Roast Pork on Mushrooms £7.10 • 蘑菇叉烧鸡
- A19 The Original Crispy Peanut Chicken £7.90 • 花生鸡
- A20 Chinese Roast Pork in Barbecue Sauce £7.20 • 中式叉烧

UDON DISHES 乌冬

- Thick Japanese wheat noodles.
- 17 East Special Udon Noodles £8.20 • 招牌乌冬
 - 18 Udon Noodles • 乌冬
 - Chicken | Beef | Pork £7.10 • 鸡|牛|猪肉
 - King Prawn | Singapore £7.60 • 大虾|星洲
 - 19 Vegetable Udon Noodle £6.90 • 杂菜乌冬
 - 20 Black Bean Udon Noodle (dry) • 士椒炒乌冬
 - Chicken | Beef £8.20 • 鸡|牛

RICE DISHES 饭类

- 21 East Special Fried Rice £7.90 • 招牌炒饭
- 22 Special Fried Rice (dry) £6.30 • 扬州炒饭
- 23 Chicken Fried Rice £6.20 • 鸡肉炒饭
- 24 Roast Pork Fried Rice £6.20 • 叉烧炒饭
- 25 King Prawn Fried Rice £7.30 • 大虾炒饭
- 26 Shrimp Fried Rice £6.30 • 虾仔炒饭
- 27 Vegetable Singapore Fried Rice £6.40 • 杂菜星饭
- 28 Singapore Fried Rice £6.50 • 星洲炒饭
- 29 Roast Duck on Fried Rice (large) £8.20 • 烧鸭炒饭
- 30 Roast Duck & Roast Pork on Fried Rice £8.20 • 叉鸭炒饭
- 30A Sliced Chicken & Roast Pork on Fried Rice £8.10 • 叉鸡炒饭
- 31 Mushroom Fried Rice £5.70 • 蘑菇炒饭
- 32 Mixed Vegetable Fried Rice £6.10 • 杂菜炒饭
- 34 Pineapple Fried Rice £6.00 • 菠萝炒饭
- 35 Egg Fried Rice £4.30 • 蛋炒饭
- 36 Boiled Rice £4.10 • 白饭

CHOW MEIN DISHES 炒面类

- Fried Noodles
- 37 East Special Chow Mein £7.90 • 招牌炒面
 - 38 Special Chow Mein (dry) £6.70 • 扬州炒面
 - 39 Chicken Chow Mein £6.90 • 鸡肉炒面
 - 40 Beef Chow Mein £6.90 • 牛肉炒面
 - 41 King Prawn Chow Mein £8.00 • 大虾炒面
 - 42 Shrimp Chow Mein £6.90 • 虾仔炒面
 - 43 Pork Chow Mein £6.90 • 猪肉炒面
 - 44 Roast Pork Chow Mein £6.90 • 叉烧炒面
 - 44A Roast Duck Chow Mein £8.00 • 烧鸭炒面
 - 45 Singapore Chow Mein £7.10 • 星洲炒面
 - 46 Singapore Rice Noodles £7.70 • 星洲炒米
 - 47 Mushroom Chow Mein £6.30 • 蘑菇炒面
 - 48 Mixed Vegetable Chow Mein £6.70 • 杂菜炒面
 - 49 Plain Chow Mein £5.40 • 净炒面

HOT & SPICY
 CONTAINS NUTS
 CAN BE MADE GLUTEN FREE

If you have any food allergies please consult our staff before ordering!

SWEET & SOUR DISHES 咕噜餐类

- 50 Sweet & Sour Chicken Balls £7.10 • 咕噜鸡球
- 51 Sweet & Sour Mixed Balls king prawns & chicken £7.70 • 咕噜杂球
- 52 Sweet & Sour King Prawn Balls £8.00 • 咕噜大虾球
- 53 Sweet & Sour Chicken Cantonese £7.70 • 港式咕噜鸡
- 54 Sweet & Sour Pork Cantonese £7.70 • 港式咕噜肉
- 55 Sweet & Sour King Prawn Cantonese £8.00 • 港式咕噜大虾
- 56 Sweet & Sour Mixed Vegetables £5.70 • 甜酸杂菜

SPARE RIBS 排骨烧

- 57 Barbecued Spare Ribs in Sauce £7.70 • 烧排骨
- 58 Sweet & Sour Spare Ribs £7.70 • 甜酸排骨
- 59 Honey & Lemon Spare Ribs £7.70 • 柠檬蜜骨
- 60 Peking Style Spare Ribs £7.90 • 京都排骨
- 61 Chilli & Salt Ribs £7.90 • 椒盐排骨
- 62 Dry Spare Ribs £7.60 • 干烧排骨

CURRY DISHES 咖喱餐类

- Served with boiled rice or chips.
Fried rice £1.00 extra. Special fried rice £2.10 extra.
- 63 East Special Curry £8.20 • 招牌咖喱
 - 64 Chicken Curry £7.70 • 鸡肉咖喱
 - 65 Beef Curry £7.70 • 牛肉咖喱
 - 66 Pork Curry £7.70 • 猪肉咖喱
 - 67 Roast Pork Curry £7.80 • 叉烧咖喱
 - 67A Roast Duck Curry £8.80 • 烧鸭咖喱
 - 68 King Prawn Curry £8.80 • 大虾咖喱
 - 69 Shrimp Curry £8.10 • 虾仔咖喱
 - 70 Mushroom Curry £7.30 • 蘑菇咖喱
 - 71 Mixed Vegetable Curry £7.40 • 杂菜咖喱
 - 72 Thai Green Curry • 泰国青咖喱
 - Chicken | Beef | Pork | Vegetable £9.20 • 鸡|牛|猪肉|杂菜
 - King Prawn | Duck £9.70 • 大虾|鸭
 - 73 Thai Red Curry • 泰国红咖喱
 - Chicken | Beef | Pork | Vegetable £9.20 • 鸡|牛|猪肉|杂菜
 - King Prawn | Duck £9.70 • 大虾|鸭

CHOP SUEY DISHES 什水餐类

- 74 Special Chop Suey £6.70 • 招牌杂水
- 75 Chicken Chop Suey £6.40 • 鸡肉杂水
- 76 Beef Chop Suey £6.40 • 牛肉杂水
- 77 King Prawn Chop Suey £7.20 • 大虾杂水
- 78 Shrimp Chop Suey £6.50 • 虾仔杂水
- 79 Mushroom Chop Suey £6.00 • 蘑菇杂水
- 80 Roast Pork Chop Suey £6.40 • 叉烧杂水

FOO YUNG DISHES 芙蓉餐类

- Chinese style lightly scrambled egg.
- 81 Special Foo Yung £7.00 • 招牌芙蓉
 - 82 Chicken Foo Yung £6.90 • 鸡肉芙蓉
 - 83 Roast Pork Foo Yung £6.90 • 叉烧芙蓉
 - 84 King Prawn Foo Yung £8.00 • 大虾芙蓉
 - 85 Shrimp Foo Yung £7.10 • 虾仔芙蓉
 - 86 Mushroom Foo Yung £6.40 • 蘑菇芙蓉
 - 86A Tomato Foo Yung £6.80 • 番茄炒蛋

SZECHUAN DISHES LARGE 四川餐类

- A regional dish made with a sweet garlic chilli sauce combined with special spices.
- 87 Special Szechuan £7.90 • 四川招牌菜
 - 88 Chicken Szechuan £7.70 • 四川鸡肉
 - 89 Beef Szechuan £7.70 • 四川牛肉
 - 90 King Prawn Szechuan £8.40 • 四川大虾
 - 91 Pork Szechuan £7.70 • 四川猪肉
 - 92 Roast Pork Szechuan £7.70 • 四川叉烧
 - 93 Roast Duck Szechuan £8.40 • 四川烧鸭
 - 94 Mixed Vegetable Szechuan £6.80 • 四川杂菜

SATAY DISHES 沙爹餐类

- The South East Asian classic made with peanuts & spices.
- 95 Special Satay £7.90 • 沙爹招牌菜
 - 96 Chicken Satay £7.70 • 沙爹鸡肉
 - 97 Beef Satay £7.70 • 沙爹牛肉
 - 98 Pork Satay £7.70 • 沙爹猪肉
 - 99 Roast Pork Satay £7.70 • 沙爹叉烧
 - 100 King Prawn Satay £8.40 • 沙爹大虾
 - 100A Mixed Vegetable Satay £6.80 • 沙爹杂菜

BLACK PEPPER SAUCE DISHES 黑椒汁类

- 101 Chicken in Black Pepper Sauce £7.60 • 黑椒汁鸡
- 102 Crispy Chicken in Black Pepper Sauce £7.70 • 黑椒汁香脆鸡
- 103 Beef in Black Pepper Sauce £7.60 • 黑椒汁牛
- 104 King Prawn in Black Pepper Sauce £8.30 • 黑椒汁大虾
- 104A Crispy King Prawn in Black Pepper Sauce £8.50 • 黑椒汁香脆大虾

GARLIC & CHILLI DISHES LARGE 蒜辣餐类

- Onions, peppers & infused with garlic & day chilli oil.
- 105 Garlic & Chilli Chicken £7.60 • 蒜辣鸡肉
 - 106 Garlic & Chilli Beef £7.60 • 蒜辣牛肉
 - 107 Garlic & Chilli King Prawn £8.40 • 蒜辣大虾
 - 108 Garlic & Chilli Pork £7.60 • 蒜辣猪肉

CLASSICS SELECTION ONE

- 109 Mushrooms 蘑菇
 - 110 Bamboo Shoots & Water Chestnuts 竹笋
 - 112 Pineapple 菠萝
 - 113 Onions 洋葱
 - 114 Mixed Vegetables 杂菜
 - 115 Fresh Tomato 番茄
- COOKED WITH CHOICE OF MEAT Chicken | Beef | Pork £7.10 • 鸡|牛|猪肉
 King Prawn | Duck £8.10 • 大虾|鸭

CLASSICS SELECTION TWO

- 116 Green Peppers in Black Bean Sauce 士椒
 - 117 Broccoli 西兰花
 - 118 Ginger & Spring Onions 姜葱
 - 119 Cashew Nuts 腰果
 - 120 Oyster Sauce 蚝油
 - 121 Straw Mushrooms & Baby Corn 草菇米苣
 - 122 Yellow Bean Sauce with Cashew Nuts 酱爆腰果
- COOKED WITH CHOICE OF MEAT Chicken | Beef | Pork £7.70 • 鸡|牛|猪肉
 King Prawn | Duck £8.40 • 大虾|鸭



TRADITIONAL CHINESE DISHES 中餐

Chinese vegetable subject to availability.
★ 15mins extra preparation time required.

B1	Pan Fried Dumplings war-tip	(6) £6.30	锅贴
B2	★ Braised Beef Curry	£9.40	咖喱牛腩
B3	S Chilli & Salt Pork Chop	£7.40	椒盐猪排
B4	Cantonese Style Slow Braised Beef	£9.40	五香牛腩
B5	Sliced Pork Belly with Pak Choi in Chilli Sauce	£9.20	烧肉炒白菜(辣)
B6	★ Roasted Crispy Pork Belly	£13.00	烧肉
B7	★ Roasted Pork Belly on Boiled Rice	£9.80	烧肉饭
B8	Honey Roast Pork on Boiled Rice	£8.80	蜜汁叉烧饭
B9	Crispy Pork in Honey Sauce	£7.80	蜜汁猪排
B10	★ Stir Fried Beef with Pak Choi	£8.00	牛肉炒白菜
B11	★ Fresh Pak Choi in Garlic & Oyster Sauce	£7.50	蚝油白菜
B12	Orange Chicken	£8.00	橙子鸡
B13	Chilli & Salt Aubergine	£7.00	椒盐茄子
B14	Mala Chicken (Spicy)	£7.40	麻辣鸡块
B15	Mala King Prawn (Spicy)	£8.30	麻辣大虾
B16	★ Stir Fried Broccoli with Garlic & Oyster Sauce	£6.00	蚝油西兰花
B17	★ Stir Fried Baby Lettuce in Oyster Sauce	£5.30	蚝油生菜
B18	★ Stir Fried Chicken Beef Pork in Oyster Sauce on a bed of baby lettuce	£6.70	蚝油肉片生菜
B19	S Chilli Minced Pork	£7.80	鱼香茄子
B20	★ Stir Fried Aubergine in Garlic & Soya Sauce	£6.60	红烧茄子
B21	Tofu with Pak Choi in Garlic Sauce	£7.80	蒜汁白菜炒豆腐
B22	★ Stir Fried Courgettes in Garlic Sauce Plain	£6.40	翠玉瓜炒
	Chicken Beef Pork	£6.80	鸡 牛 猪
B23	S Chilli & Salt Squid	£7.80	椒盐鲜鱿
B24	Fried Beef Ho Fun thick rice stick noodles	£9.00	干炒牛河
B25	Beef with Black Bean Ho Fun	£9.30	士椒牛河
B26	Mixed Seafood Ho Fun	£9.60	三鲜炒河
B27	East Special Crispy Chow Mein		
	Our special dish consisting of chicken, roast pork, king prawns and squid cooked with Chinese mixed vegetables in a garlic, soya & oyster sauce on a bed of crispy noodles	£9.90	杂锦脆面
B28	S Singapore Style Traditional Noodles	£7.30	星洲中式面
B29	★ Mixed Seafood Traditional Noodles		
	King prawns, squid and Chinese fish cake stir fried with garlic & selected vegetables on a bed of traditional thin noodles	£8.90	三鲜中式面
B30	S Ma Po Tofu with minced pork	£7.80	麻婆豆腐
B31	S Tofu in Chilli & Salt	£7.20	椒盐豆腐
B32	S Szechuan Tofu	£7.50	四川豆腐
B33	★ Tofu in Black Bean Sauce	£7.50	士椒豆腐
B34	★ Tofu with Mixed Vegetables	£7.50	杂菜豆腐
B35	★ East Special Tofu with mixed meat	£7.80	招牌豆腐

EUROPEAN DISHES 英式餐

122A	★ Sirloin Steak with peas, tomato & chips	£14.00	西冷牛排
123	Roast Chicken with chips	£6.60	烧鸡薯条
124	Sliced Chicken with chips	£6.70	鸡片薯条
125	★ Special Omelette with chips	£7.00	招牌安列薯条
126	★ Chicken Omelette with chips	£6.90	鸡肉安列薯条
127	★ King Prawn Omelette with chips	£8.00	大虾安列薯条
128	★ Shrimp Omelette with chips	£7.10	虾仁安列薯条
129	★ Mushroom Omelette with chips	£6.50	蘑菇安列薯条
130	★ Plain Omelette with chips	£6.00	净安列薯条

SWEETS 甜品类

131	Caramel Chicken	£7.70	焦糖鸡块
132	Caramel Tofu	£7.20	焦糖豆腐

EXTRA PORTIONS 伴类

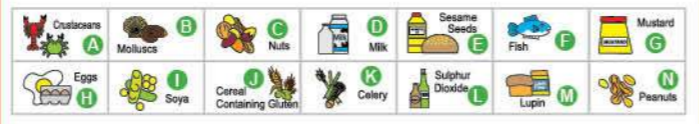
135	★ Stir Fried Garlic Mushrooms	£4.70	蒜蓉蘑菇
136	★ Stir Fried Beansprouts	£4.60	炒芽菜
137	★ Stir Fried Bamboo Shoots & Water Chestnuts	£4.70	炒竹马
138	★ Stir Fried Mixed Vegetables	£4.90	炒杂菜
138A	★ Stir Fried Mixed Vegetables in Black Bean Sauce	£5.90	士椒杂菜
139	★ Stir Fried Onions	£4.10	炒洋葱
140	★ Chips	£3.30	薯条
141	★ Prawn Crackers	£2.90	虾片
142	Curry Sauce	£2.80	咖喱汁
143	Sweet & Sour Sauce	£2.80	甜酸汁
144	Barbecue Sauce	£2.80	烧烤汁
145	Gravy	£2.80	烧汁

DRINKS 饮品

Soft Drink: Coke | Diet Coke | Fanta Orange | Sprite | Dr Pepper Can £1.60 罐汽水

14 Major Allergens Alert

Most of our dishes contain **GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL**
Some of our dishes may contain these 14 allergens as follows:



If you have any allergies to these products please inform us before ordering. We will do our best to advise you

A set meal for 1 person£12.00

Sweet & Sour Chicken Balls (6)
Beef Chop Suey OR Chicken Chow Mein
Egg Fried Rice (for special fried rice £1.50 extra)

B set meal for 2 people£23.50

Sweet & Sour Chicken Balls (10)
Beef with Mushrooms
Chicken with Mixed Vegetables
Special Fried Rice
Prawn Crackers

C set meal for 3 people£32.00

Sweet & Sour Chicken Balls (12)
Beef with Mixed Vegetables
Pork Chop Suey
King Prawn with Bamboo Shoots & Water Chestnuts
Special Fried Rice (large)
Prawn Crackers

D set meal for 4 people£45.50

Sweet & Sour King Prawn Balls (12)
Mini Vegetable Spring Rolls (12)
Chicken with Pineapple
Beef with Green Peppers in Black Bean Sauce
Pork in Oyster Sauce
Shrimp Chop Suey
Special Fried Rice (2 small)
Prawn Crackers
Some dishes may be altered but could incur a surcharge

SA set meal for 2 people£26.50

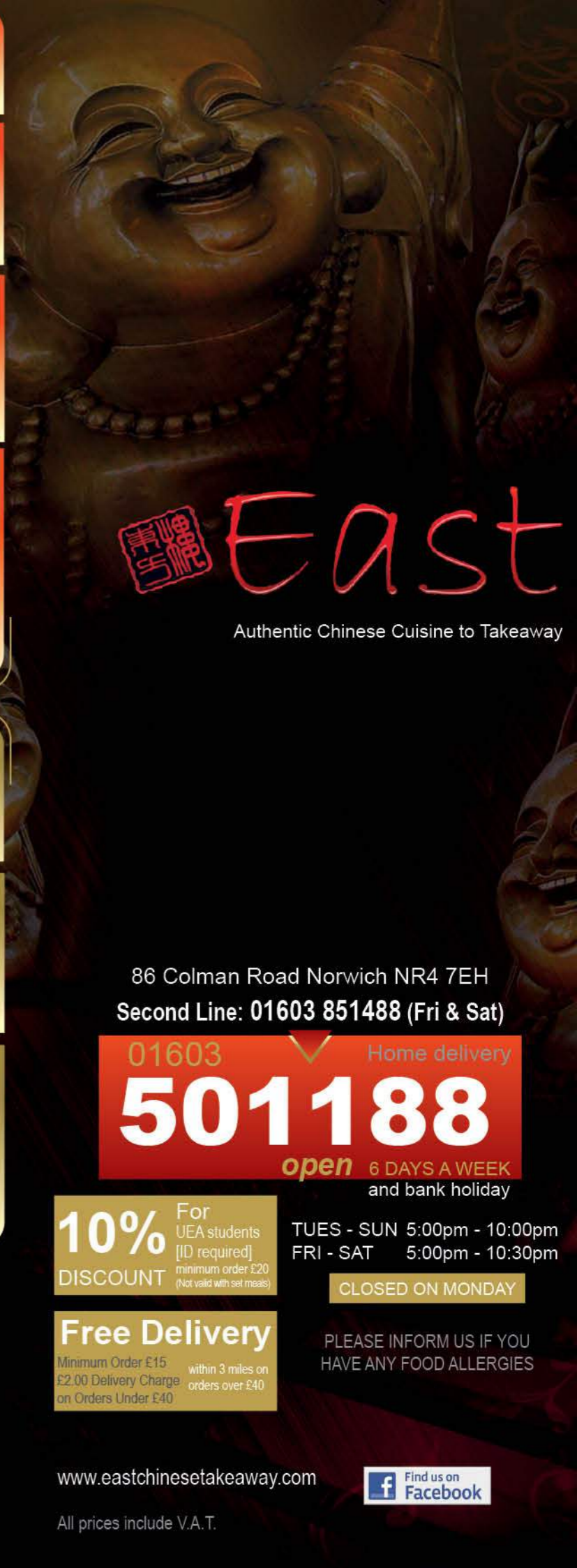
Roast Pork Cantonese
Beef with Straw Mushrooms & Baby Corn
Sweet & Sour Chicken Cantonese Style
Special Fried Rice
Prawn Crackers

SB set meal for 3 people£36.50

N Chop Kam
Sweet & Sour King Prawn Cantonese
S N Beef Satay
S Chicken Szechuan
Special Fried Rice (large)
Prawn Crackers

SC set meal for 4 people£47.00

Mini Vegetable Spring Rolls (12)
Crispy Chilli Beef
Roast Pork in BBQ Sauce
N Crispy Peanut Chicken
Wandering Dragon
Special Chow Mein (large)
Special Fried Rice (large)
Prawn Crackers



East
Authentic Chinese Cuisine to Takeaway

86 Colman Road Norwich NR4 7EH
Second Line: 01603 851488 (Fri & Sat)

01603 Home delivery
501188
open 6 DAYS A WEEK and bank holiday

10% DISCOUNT For UEA students [ID required] minimum order £20 (Not valid with set meals)

TUES - SUN 5:00pm - 10:00pm
FRI - SAT 5:00pm - 10:30pm

CLOSED ON MONDAY

Free Delivery Minimum Order £15 £2.00 Delivery Charge on Orders Under £40 within 3 miles on orders over £40

PLEASE INFORM US IF YOU HAVE ANY FOOD ALLERGIES

www.eastchinesetakeaway.com



All prices include V.A.T.

