



# Lancing Eagles Running Club

"all standards welcome"

We meet every Wednesday 6:30pm

Lancing Manor Leisure Centre

Manor Road, Lancing

West Sussex, BN15 OPH

Previous Winners of GOLD Award

Year	Winner
2013	Steve HARRINGTON
2014	John HARDY
2015	No Winner
2016	Steve THOMAS
2017	Yian SOLOMON
2018	