



# Lancing Eagles Running Club

"all standards welcome"

We meet every Wednesday 6:30pm

Lancing Manor Leisure Centre

Manor Road, Lancing

West Sussex, BN15 OPH

## Previous Winners of SILVER Award

Year	Winner	Year	Winner
2013	Adam STANIFIRTH		
	Jed DICKERSON		
	Kenny HARDING		
	Steve ALLEN		
	Steve THOMAS		
2014	Angela DARTON		
	Claire JOHNSON		
	Richard GRAY		
	Steve HARRINGTON		
	Tracy THOMAS		
2015	Ian HUGHES		
	Yian SOLOMON		
2016	Mark HEDGECKOCK		
	Sarah KENNETT		
	Tony BLAYDEN		
2017	Aliki HEISTERMANN		
	Carol STANBRIDGE		
	Guido TAPIA		
	Jon WHITE		
	Steve LEE		