



HOW 'OOR RABBIE' HELPS WITH MEMORY MAKING

How do you make those perfect memories? In our family we use every opportunity we can!

Burns Day is always a good one – an old Scottish Poet who reminds me of my roots.

My Scottish roots are rather watered down these days – children born and brought up in England and now scattered with their families across the south coast and Ireland. But even they have a strong sense of Scotland – the two great Nan's (my very Scottish Mum and ex Mum-in-law) saw to that! So Burn's Night is a great excuse for a get to together.

Scattered though we are, we are a close family - with a few add-on's that are just as good as – and we need (and want to) make plenty of memories to keep us that way.

It's not hard to have a Burns Night – a menu of good Scottish Fayre (Haggis and Cranachan in abundance!), a tartan table cloth and a requirement to recite a bit of poetry (or sing if you must!) and you're away! A glass of good red wine and the odd tot of whisky oils the wheels for good conversation.

That worked very well for us and the Bard would have been proud – good conversation and laughter until about 4.00 am – we had a lot to catch up on!

THERE'S STILL TIME FOR A BURNS NIGHT.....

Apparently we celebrate Burns Night more than we do St Andrews Day who is the official patron saint of Scotland. Maybe Rabbie seems more fun!

And there is still time – I have heard of a Burns Night as late as April. This was our menu. We fitted in 14 people and they all helped with the washing up – a must when the dishwasher breaks down!



For more about the Bard himself just click here.

www.bbc.co.uk/arts/robertburns/biography.shtml#late_twenties

And here's the 'pinny' I wore to do the cooking. Contemporary colours and Scottish design say it all

<http://bit.ly/1PzAoaq>