

Advert type	Size (pixels, width x height)
Header banner	685 x 139
Standard banner	942 x 100
Leaderboard	728 x 90
Skyscraper	260 x 400
MPU advertisement	300 x 250
Box advertisement	145 x 55
NHD Eclipse* (Pop-up ad platform on 3 web pages)	482 x 198



## Advertisement submission

Finished artwork must be sent by email to:  
[richard@networkhealthgroup.co.uk](mailto:richard@networkhealthgroup.co.uk)

For **NHD Eclipse** advert, please send image or logo, URL and 25 words.

**File name**  
 Submitted files must be named according to company of origin.

**File type**  
 Please supply all digital images as JPG or PNG files only, saved at no less than 72dpi.

**Colour space**  
 All file types must be converted to RGB.

**HEADER BANNER**  
 Displays next to logo on all website pages  
 685 pixels x 139 pixels

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**LEADERBOARD ADVERTISEMENT**  
 728 pixels x 90 pixels

The Magazine for Dietitians, Nutritionists and Healthcare Professionals

**STANDARD BANNER**  
 942 pixels x 100 pixels

Our most popular features...

**MPU ADVERTISEMENT**  
 300 pixels x 250 pixels

**SKYSCRAPER ADVERTISEMENT**  
 260 pixels x 400 pixels

Advertisements not shown to scale

## NH-eNews bulletin

- Headline banner advertisement**  
(static banner only) 1128 pixels (w) x 282 pixels (h)
- Skyscraper advertisement**  
(static banner only) 260 pixels (w) x 400 pixels (h)
- Standard banner advertisement**  
(static banner only) 1128 pixels (w) x 282 pixels (h)

## Bespoke eNews message(e-shot)

610 pixels (w) x 1500 pixels max (h)  
 Please supply the copy as a jpeg file. Please also supply a subject line heading for the email and a URL for embedding into the creative.

## NHD CPD eArticle sponsorship

- 2 x eighth page horizontal strip advertisements**  
 140 mm (w) x 20 mm (h)
- Full page advertisement :**  
 Type area - 140 mm (w) x 200 mm (h)  
 Bleed - 166 mm (w) x 229 mm (h)  
 Trim - 160 mm (w) x 223 (h)
- Company logo** (for masthead) to include 'Sponsored by . . .' in the title.