

ABOUT US

Our tennis program & quality coaching will ensure that you will always be moving up to the next level. From friendly introductory tennis lessons to you winning tournaments, our coaches will be there for you.

Our adult & junior tennis club is one of the best in the County. Over 300 adults & children of all ages, abilities and disabilities enjoy tennis lessons with us every week as part of our adult, disability, junior and mini coaching program, including some of the best junior players in Dorset.

HOW TO BOOK AND PAY FOR YOUR COURSE

To make sure we have the right course for you and space is available please contact Dave Sanger. The first course lesson is free subject to terms, conditions & availability. We try our best to find the correct group/level for you. Please discuss with the coach on court if you feel you need to be moved.

If you wish to take part, please would you complete the return slip and return it to Dave or one of the coaching team to secure your place. *Cheques should be made payable to "DAVE SANGER TENNIS COACHING LTD"*. Payment must be made in full prior to course commencement as places will be limited and will be on a first come first serve basis. Payments can be flexible if necessary, please speak to David if you need to. No refunds can be given except in exceptional circumstances.

Please would you pay your fees by 28th August 2017 to avoid disappointment and your place being given to someone else!

Although we make every effort to accommodate all players, courses and pay & play activities days and times are subject to change and must have a **minimum of 4 players booked in** order to run. The final decision is at the discretion of the Coaches. **Ages in brackets are a guideline only.** Please bring a drinks bottle and light rain/wind jacket. Coaches will attempt to continue in most weather conditions – PLEASE ALWAYS TURN UP!

COACHING ENROLMENT FORM – AUTUMN 2017

Name DOB (u18's only)

Address

Postcode School attending (Juniors only).

Tel Mobile

Email

Any health problems/Learning Difficulties?

Chosen Courses (please put the day, time and group names);

Please ensure you have a **FREE British Tennis Membership & LTA rating for internal matches that are played through the term:** www.lta.org.uk/Members/join

PAYMENT; Date.....

I enclose a CASH/CHEQUE/BACS (payable to Dave Sanger Tennis Coaching Ltd) for £

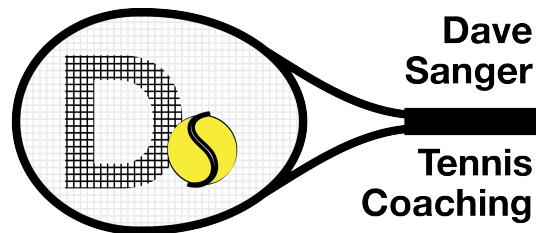
*I give my permission for my child or myself to be treated with emergency first aid by the first aider on site if any accident may occur at Southbourne Tennis Club.

*I give my permission for my child or myself to be involved in any publicity (including photographs/videos/website) surrounding coaching activities at Southbourne Tennis Club.

*I give my permission for myself or my child to be enrolled in the free LTA British Tennis Membership.

Signed (Parent/Guardian if under 18)Printed.....

Please return all forms with payment to; Dave Sanger Tennis Coaching Ltd, 4 Copythorne Close, Throop, Bournemouth, BH8 0NS or return form with cheque/cash to one of the coaches.



Dave
Sanger

Tennis
Coaching



Southbourne
Tennis Club

Iford Lane, Bournemouth, BH6 5NF

**DAVE SANGER TENNIS COACHING LTD
& SOUTHBOURNE TENNIS CLUB LTD**

AUTUMN PROGRAMME 2017

For Children and Adults

Coaching runs from 4th Sept – 10th Dec

No coaching during Half Term 23rd – 29th Oct

(If a session is cancelled due to adverse weather an extra session will be held during week 11th Dec)

Dates for Diary: (Times and Days are subject to change)

Mini Tennis U10's Xmas Party 9th Dec Time TBC

Junior (10-17yr olds) Xmas Party Monday 11th Dec 6-7.25pm

Family Xmas Touch Tournament 16th December in morning

All Mini Tennis Players on our courses are invited to play in our fun match plays.

World Mini Tour Fun Match Play Days - for U11's of all abilities

US Open Fun Tournament 10th September from 12.30pm

World Tour Finals 26th November Fun Tournament from 12.30pm



More information

www.southbournetennisclub.co.uk

Dave Sanger Head Coach

Mobile **07812 676761**

Email: davesanger@gmail.com



Coaching fees required by 28th August 2017 to reserve your place

TENNIS COACHING FOR MINI TENNIS 3-10YRS

Mini Tennis Term Club Membership for all Under 10's is included in coaching course fee.

Mini Tennis Standard of groups: **FUNDamentals** Learning agility, balance, coordination & basic tennis skills
Club Learning to serve, rally, score and play the game as soon as possible, with regular FUN internal competition.
Development* Access through coaches discretion, players attend 1-2 squads a week, aiming to play competitions.
Team** Invitation only – players access two squads a week with individual lessons and start regular competition.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

MINI TENNIS

Day	Level	Time	Wks	Lead Coach (subject to change)	Cost
TOTS (3-6 years)					
Saturday	FUNDamentals	10.10-10.55am	P&P	Zoltan Horvath	£5 P&P
Friday	FUNDamentals	4.00-4.55pm	13	Dave Sanger	£78
Saturday	FUNDamentals	9.00-9.55am	13	Liana	£78

*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

RED (8 years & under)					
Tuesday	Club	4.00-4.55pm	13	Ray Burningham	£78
Friday	Club	4.00-4.55pm	13	Zoltan Horvath	£78
Friday	Club	4.00-4.55pm	13	Dan Gilbert	£78
Saturday	Club	9.00-9.55am	13	Dave Sanger / Dan Gilbert	£78
Saturday	Club	9.00-9.55am	13	Mitch Bentley / Ray Burningham	£78
Monday	Devel/Team**	5.00-5.55pm	13	Mitch Bentley	£78
Thursday	Devel/Team**	4.00-4.55pm	13	Matt Sanger	£78
Thursday	Devel/Team**	4.00-4.55pm	13	Zoltan Horvath	£78
Sunday	Devel/Team**	9.00-9.55am	13	Zoltan Horvath	£78

ORANGE (9 years & under)					
Wednesday	Club	5.00-5.55pm	13	Ray Burningham	£78
Friday	Club	5.00-5.55pm	13	Ray Burningham	£78
Saturday	Club	10.15-11.10am	13	Dave Sanger	£78
Monday	Devel/Team**	5.00-5.55pm	13	Matt Sanger	£78
Tuesday	Devel/Team**	4.00-4.55pm	13	Matt Sanger	£78
Thursday	Devel/Team**	4.00-4.55pm	13	Dan Gilbert	£78

GREEN (11 years & under)					
Thursday	Club	5.00-5.55pm	13	Ray Burningham	£78
Saturday	Club	9.00-9.55am	13	Matt Sanger	£78

VISUALLY IMPAIRED MINI & JUNIOR & DOWN SYNDROME (DS)					
Saturday	Visual impaired	11.00-11.55am	13	Dan Gilbert	£78
Saturday	DS Active	11.30am-12.25pm		Dave Sanger	£5 P&P

Adverse Weather Conditions ~ If adverse/wet weather conditions prevail it should be mutually agreed that the weather conditions are unfit for play before a lesson is cancelled. Be aware that the Coach may not be able to make a decision about the weather until 15minutes before the lesson is due to commence. Please always check with the Coach.

TENNIS COACHING FOR JUNIORS 10-17 YRS & ADULTS

Junior Club Membership is £90 per annum. Junior members receive discount on coaching course fees.

Junior & Adult Tennis Standard of groups: **Cardio Tennis** Music, Fitness, and Fun. No tennis skills required.
Beginner/Xpress Not played much before/for a few years
Intermediate Play once a week & can rally/serve/score/compete consistently
Advanced Competing regularly and using strategies in play.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

JUNIOR/ADULT TENNIS

Day	Level	Time	Wks	Lead Coach	Member/Non Member
JUNIORS (10years & over)					
Wednesday	Begin/Inter U14's	5.00-5.55pm	13	Dan Gilbert	£65 £78
Friday	Begin/Inter U14's	4.00-4.55pm	13	Matt Sanger	£65 £78
Friday	Begin/Inter U16's	5.00-5.55pm	13	Matt Sanger	£65 £78
Monday	Intermediate U14's	4.00-4.55pm	13	Dave Sanger	£65 £78
Thursday	Intermediate U16's	5.00-5.55pm	13	Zoltan Horvath	£65 £78
Tuesday	Inter/Advan U16's	5.00-5.55pm	13	Matt Sanger	£65 £78
Wednesday	Advanced U12's	5.00-5.55pm	13	Matt Sanger	£65 £78
Wednesday	Advanced U16's	5.00-6.25pm	13	Dave Sanger	£78 £91
Thursday	Advanced U16's	5.00-6.25pm	13	Matt Sanger	£78 £91
Friday	Advanced U12's	5.00-5.55pm	13	Zoltan Horvath	£65 £78
Sunday	Advanced U12's	9.00-10.00pm	13	Matt Sanger	£65 £78
Monday	Mixed Club night	6.00-7.25pm		Matt Sanger	Free n/a
Friday	Girls Club	5.00-5.55pm	13	Dave Sanger	Free £3 P&P
Saturday	Mixed Club day	10.00-11.25am		Dave Sanger	Free n/a

*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

ADULT & IMPAIRMENT					
Monday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P £5 P&P
Saturday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P £5 P&P
Wednesday	Beginners	7.15-8.10pm		Matt Sanger	£5 P&P £5 P&P
Thursday	Beginners/Interm	10.00-11.25am		Dave Sanger	£5 P&P £7 P&P
Monday	Intermediates	7.00-8.25pm		Zoltan Horvath	£5 P&P £7 P&P
Wednesday	Ladies Intermediate	9.30-10.55am		Dave Sanger	£5 P&P £7 P&P
Monday	Visually Impaired	2.00 – 2.55pm		Dave Sanger	£5 P&P £5 P&P
Tuesday	Wheelchair tennis	12.30 – 1.55pm		Dave Sanger	£5 P&P £5 P&P
Thursday	Wheelchair tennis	1.00 – 2.25pm		Dave Sanger	£5 P&P £5 P&P
Saturday	Learning Disability	3.30-4.25pm		Dave Sanger	£5 P&P £5 P&P

PRIVATE TENNIS COACHING FOR ADULTS & CHILDREN;

Private coaching is available to all players and is the quickest & most effective method to improve your game, whatever your standard (subject to availability). **24hour cancellation fee**~ notice of at least 24 hours is expected for any private lessons cancelling. If notice is given less than 24hours, then the full lesson fee may be charged.

Please note fees are shown for members (non member's fees apply)

Dave Sanger (Head Coach) Level 4 Senior Performance Coach LTA Licensed; 07812 676761

1 hour £25 / 30 minutes £13

Matt Sanger Level 3 Performance Coach LTA Licensed; 07931 265935

1 hour £20 / 30 minutes £10

Zoltan Horvath Level 2 Club Coach LTA Registered; 07751 049947

1 hour £20/ 30 minutes £10