

## ABOUT US

Our tennis program & quality coaching will ensure that you will always be moving up to the next level. From friendly introductory tennis lessons to you winning tournaments, our coaches will be there for you.

Our adult & junior tennis club is one of the best in the County. Over 300 adults & children of all ages, abilities and disabilities enjoy tennis lessons with us every week as part of our adult, disability, junior and mini coaching program, including some of the best junior players in Dorset.

## HOW TO BOOK AND PAY FOR YOUR COURSE

To make sure we have the right course for you and space is available please contact Dave Sanger. The first course lesson is free subject to terms, conditions & availability. We try our best to find the correct group/level for you. Please discuss with the coach on court if you feel you need to be moved.

If you wish to take part, please would you complete the return slip and return it to Dave or one of the coaching team to secure your place. *Cheques should be made payable to "DAVE SANGER TENNIS COACHING LTD"*. Payment must be made in full prior to course commencement as places will be limited and will be on a first come first serve basis. Payments can be flexible if necessary, please speak to David if you need to. No refunds can be given except in exceptional circumstances.

*Please would you pay your fees by 17<sup>th</sup> April 2017 to avoid disappointment and your place being given to someone else!*

Although we make every effort to accommodate all players, courses and pay & play activities must have a **minimum of 4 players booked in** order to run. The final decision is at the discretion of the Coaches. **Ages in brackets are a guideline only.** Please bring a drinks bottle and light rain/wind jacket. Coaches will attempt to continue in most weather conditions – PLEASE ALWAYS TURN UP!

## COACHING ENROLMENT FORM – SUMMER 2017

Name ..... DOB (u18's only) .....

Address .....

Postcode ..... School attending (Juniors only). .....

Tel ..... Mobile .....

Email .....

Any health problems/Learning Difficulties? .....

Chosen Courses (please put the day, time and group names); .....

*Please ensure you have a FREE British Tennis Membership & LTA rating for internal matches that are played through the term: [www.lta.org.uk/Members/join](http://www.lta.org.uk/Members/join)*

**PAYMENT;** Date.....

I enclose a CASH/CHEQUE/BACS (payable to Dave Sanger Tennis Coaching Ltd) for £ . . . . .

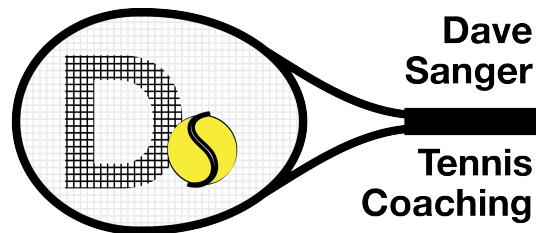
\*I give my permission for my child or myself to be treated with emergency first aid by the first aider on site if any accident may occur at Southbourne Tennis Club.

\*I give my permission for my child or myself to be involved in any publicity (including photographs/videos/website) surrounding coaching activities at Southbourne Tennis Club.

\*I give my permission for myself or my child to be enrolled in the free LTA British Tennis Membership.

Signed (Parent/Guardian if under 18) .....Printed.....

Please return all forms with payment to; Dave Sanger Tennis Coaching Ltd, 4 Copythorne Close, Throop, Bournemouth, BH8 0NS or return form with cheque/cash to one of the coaches.



Dave  
Sanger

Tennis  
Coaching



Southbourne  
Tennis Club

Iford Lane, Bournemouth, BH6 5NF

**DAVE SANGER TENNIS COACHING LTD  
& SOUTHBOURNE TENNIS CLUB LTD**

**SUMMER PROGRAMME 2017**

**For Children and Adults**

**Coaching runs from 24<sup>th</sup> April – 23<sup>rd</sup> July**

**No coaching during Half Term 29<sup>th</sup> May – 4<sup>th</sup> June**

**No Sessions on Bank Holiday Monday 1<sup>st</sup> May**

*(If a session is cancelled due to adverse weather an extra session will be held during week 24<sup>th</sup> July)*

**Dates for Diary: Saturday 17<sup>th</sup> June Open Day with Bright Ideas Tennis Charity  
23<sup>rd</sup> – 28<sup>th</sup> July Southbourne Junior Open Tournament  
World Mini Tour Fun Match Play Days - for U10's of all abilities  
All Mini Tennis Players on our courses are invited to play in our fun match plays.  
Sunday 28<sup>th</sup> May French Open Fun Tournament from 12.30pm  
Sunday 2<sup>nd</sup> July Wimbledon Fun Tournament from 12.30pm**



**More information**

**[www.southbournetennisclub.co.uk](http://www.southbournetennisclub.co.uk)**

**Dave Sanger Head Coach**

**Mobile 07812 676761**

**Email: [davesanger@gmail.com](mailto:davesanger@gmail.com)**



**Coaching fees required by 17<sup>th</sup> April 2017 to reserve your place**

## TENNIS COACHING FOR MINI TENNIS 3-10YRS

Mini Tennis Term Club Membership for all Under 10's is included in coaching course fee.

**Mini Tennis Standard of groups:** **FUNDamentals** Learning agility, balance, coordination & basic tennis skills  
**Club** Learning to serve, rally, score and play the game as soon as possible, with regular FUN internal competition.  
**Development\*** Access through coaches discretion, players attend 1-2 squads a week, aiming to play competitions.  
**Team\*\*** Invitation only – players access two squads a week with individual lessons and start regular competition.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

### MINI TENNIS

Day	Level	Time	Wks	Lead Coach (subject to change)	Cost
<b>TOTS (3-6 years)</b>					
Saturday	FUNDamentals	10.10-10.55am	P&P	Zoltan Horvath	£5 P&P
Friday	FUNDamentals	4.00-4.55pm	12	Dave Sanger	£72
Saturday	FUNDamentals	9.00-9.55am	12	Dave Sanger	£72

\*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

<b>RED (8 years &amp; under)</b>					
Tuesday	Club	3.45-4.30pm	12	Dave Sanger	£60
Wednesday	Club	5.00-5.55pm	12	Ray Burningham	£72
Friday	Club	4.00-4.55pm	12	Zoltan Horvath	£72
Friday	Club	4.00-4.55pm	12	Dan Gilbert	£72
Saturday	Club	9.00-9.55am	12	Mitch Bentley	£72
Saturday	Club	9.00-9.55am	12	Ray Burningham	£72
Saturday	Club	10.15-11.00am	12	Dave Sanger	£60
Tuesday	Development*	4.00-4.55pm	12	Ray Burningham	£72
Monday	Devel/Team**	5.00-5.55pm	11	Matt Sanger	£66
Thursday	Devel/Team**	4.00-4.55pm	12	Matt Sanger	£72
Thursday	Devel/Team**	4.00-4.55pm	12	Zoltan Horvath	£72
Thursday	Devel/Team**	4.00-4.55pm	12	Dan Gilbert	£72
Sunday	Devel/Team**	9.00-9.55am	12	Zoltan Horvath	£72
Sunday	Devel/Team**	9.00-9.55am	12	Matt Sanger	£72

<b>ORANGE (9 years &amp; under)</b>					
Friday	Club	5.00-5.55pm	12	Ray Burningham	£72
Saturday	Club	9.00-9.55am	12	Dan Gilbert	£72
Monday	Devel/Team**	5.00-5.55pm	11	Dan Gilbert	£66
Tuesday	Devel/Team**	4.00-4.55pm	12	Shuei Belcher	£72

<b>GREEN (10 years &amp; under)</b>					
Thursday	Club	5.00-5.55pm	12	Ray Burningham	£72
Saturday	Club	9.00-9.55am	12	Matt Sanger	£72
Monday	Development*	4.00-4.55pm	11	Dan Gilbert	£66
Wednesday	Team**	5.00-5.55pm	12	Matt Sanger	£72
Friday	Team**	5.00-5.55pm	12	Zoltan Horvath	£72
Sunday	Team**	10.00-10.55am	12	Zoltan Horvath	£72

<b>VISUALLY IMPAIRED MINI &amp; JUNIOR</b>					
Saturday	Visual impaired	11.00-11.55am	12	Dan Gilbert	£72

**Adverse Weather Conditions** ~ If adverse/wet weather conditions prevail it should be mutually agreed that the weather conditions are unfit for play before a lesson is cancelled. Be aware that the Coach may not be able to make a decision about the weather until 15minutes before the lesson is due to commence. Please always check with the Coach.

## TENNIS COACHING FOR JUNIORS 10-17 YRS & ADULTS

Junior Club Membership is £90 per annum. Junior members receive discount on coaching course fees.

**Junior & Adult Tennis Standard of groups:** **Cardio Tennis** Music, Fitness, and Fun. No tennis skills required.  
**Beginner/Xpress** Not played much before/for a few years  
**Intermediate** Play once a week & can rally/serve/score/compete consistently  
**Advanced** Competing regularly and using strategies in play.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

### JUNIOR/ADULT TENNIS

Day	Level	Time	Wks	Lead Coach	Member/Non Member
<b>JUNIORS (10years &amp; over)</b>					
Wednesday	Begin/Inter U13's	5.00-5.55pm	12	Dan Gilbert	£60 £78
Friday	Begin/Inter U13's	4.00-4.55pm	12	Matt Sanger	£60 £78
Friday	Begin/Inter U15's	5.00-5.55pm	12	Matt Sanger	£60 £78
Monday	Intermediate U12's	4.00-4.55pm	11	Dave Sanger	£55 £71.50
Tuesday	Intermediate U12's	4.00-4.55pm	12	Matt Sanger	£60 £78
Wednesday	Intermediate U16's	5.00-5.55pm	12	Zoltan Horvath	£60 £78
Thursday	Intermediate U13's	5.00-5.55pm	12	Dan Gilbert	£60 £78
Friday	Intermediate U16's	6.00-6.55pm	12	Matt Sanger	£60 £78
Tuesday	Advanced U16's	5.00-5.55pm	12	Matt Sanger	£60 £78
Wednesday	Advanced U16's	5.00-6.25pm	12	Dave Sanger	£60 £78
Thursday	Advanced U16's	5.00-6.25pm	12	Matt Sanger	£60 £78
Monday	Mixed Club night	6.00-7.25pm		Matt Sanger	Free n/a
Friday	Girls Club	5.00-5.55pm	12	Dave Sanger	Free £3 P&P
Saturday	Mixed Club day	10.00-11.25am		Dave Sanger	Free n/a

\*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

<b>ADULT &amp; IMPAIRMENT</b>					
Monday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P £5 P&P
Saturday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P £5 P&P
Wednesday	Beginners	7.15-8.10pm		Matt Sanger	£5 P&P £5 P&P
Thursday	Beginners/Interm	10.00-11.25am		Dave Sanger	£5 P&P £7 P&P
Monday	Intermediates	7.00-7.55pm		Zoltan Horvath	£5 P&P £7 P&P
Wednesday	Ladies Intermediate	9.30-10.55am		Dave Sanger	£5 P&P £7 P&P
Monday	Visually Impaired	2.00 – 2.55pm		Dave Sanger	£5 P&P £5 P&P
Tuesday	Wheelchair tennis	12.30 – 1.55pm		Dave Sanger	£5 P&P £5 P&P
Thursday	Wheelchair tennis	1.00 – 2.25pm		Dave Sanger	£5 P&P £5 P&P
Saturday	Learning Disability	3.30-4.25pm		Dave Sanger	£5 P&P £5 P&P

### PRIVATE TENNIS COACHING FOR ADULTS & CHILDREN;

Private coaching is available to all players and is the quickest & most effective method to improve your game, whatever your standard (subject to availability). **24hour cancellation fee** ~ notice of at least 24 hours is expected for any private lessons cancelling. If notice is given less than 24hours, then the full lesson fee may be charged.

*Please note fees are shown for members (non member's fees apply)*

**Dave Sanger (Head Coach) Level 4 Senior Performance Coach LTA Licensed; 07812 676761**

1 hour £25 / 30 minutes £13

**Matt Sanger Level 3 Performance Coach LTA Licensed; 07931 265935**

1 hour £20 / 30 minutes £10

**Zoltan Horvath Level 2 Club Coach LTA Registered; 07751 049947**

1 hour £20/ 30 minutes £10