

## WHY CHOOSE US

Our tennis programme & quality coaching will ensure that you will always be moving up to the next level. From friendly intro tennis lessons to winning tournaments, our coaches will be there for you. Our Disability, Adult & Junior tennis programmes are some of the best in the County. Over 300 adults & children of all ages, abilities and disabilities enjoy tennis lessons with us every week.

## CHILD WELFARE & SAFETY

Southbourne Tennis Club and Dave Sanger Tennis Coaching LTD acknowledge the duty of care to safeguard and promote the welfare of children and adults at risk. A copy of the club's full safeguarding policy is available from [southbournetennisclub.co.uk](http://southbournetennisclub.co.uk) and who to contact if there is a concern.

Please note the club and coaches are responsible for your child's safety and welfare during their tennis session time and although the children's welfare is of paramount importance to us it is the parents responsibility outside of these times so please make the coaches aware if you have to drop off early or are running late. Parents drop off and pick up should be within 5 minutes before and after the tennis lesson is due to start and finish. The car park can get busy at times so please park safely and we would prefer children to be dropped and picked up from the clubhouse or outside the tennis court they are playing on, and not the car park itself.

If your child is walking or riding home can you note this on the enrolment form when you fill it out.

## HOW TO BOOK AND PAY FOR YOUR COURSE

To make sure we have the right course for you and space is available please contact Dave Sanger. The first course lesson is free subject to terms, conditions & availability. We try our best to find the correct group/level for you. Please discuss with the coach if you feel you need to be moved or would like to do additional sessions.

If you wish to take part, please would you complete the enrolment form and return it to [Dave Sanger Tennis Coaching Ltd, 4 Copythorne Close, Throop, Bournemouth, BH8 0NS](mailto:davesanger@southbournetennisclub.co.uk) or to one of the coaching team to secure your place. **Payment must be made in full prior to course commencement as places will be limited and will be on a first come first serve basis.** Payments can be flexible if necessary, please speak to David if you need to. No refunds can be given except in exceptional circumstances.

Although we make every effort to accommodate all players, courses and pay & play activities days and times are subject to change and must have a **minimum of 4 players booked in** order to run. The final decision is at the discretion of the Coaches. **Ages in brackets are a guideline only.** Please bring a drinks bottle and light rain/wind jacket. Coaches will attempt to continue in most weather conditions.

## COACHING ENROLMENT FORM – SUMMER 2018

Name .....DOB (u18's only) .....

Address .....Postcode .....

School attending (Juniors only). ....Mobile .....

Emergency contact details & Tel .....

Email (required as updates sent by email) .....

Any health problems/Learning Difficulties? .....

Chosen Courses (please put the day, time and group names); .....

**PAYMENT;** I enclose CASH/CHEQUE/BACS for £..... Date.....

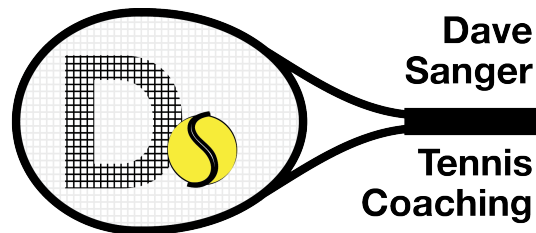
Cheques payable to Dave Sanger Tennis Coaching Ltd / BACS details 20-11-39 43748324

\*I give my permission for my child or myself to be treated with emergency first aid by the first aider on site if any accident may occur.

\*I give my permission for my child or myself to be involved in any publicity (including photographs/videos/website) surrounding coaching activities at Southbourne Tennis Club.

\*I give my permission for myself or my child to be enrolled in the free LTA British Tennis Membership.

Signed (Parent/Guardian if under 18) .....Printed.....



Dave  
Sanger

Tennis  
Coaching



Southbourne  
Tennis Club

Iford Lane, Bournemouth, BH6 5NF

# DAVE SANGER TENNIS COACHING LTD & SOUTHBOURNE TENNIS CLUB LTD

## SUMMER PROGRAMME 2018

### For Children and Adults

Coaching runs from 16<sup>th</sup> April – 22<sup>nd</sup> July  
No coaching on Monday 7<sup>th</sup> May and during Half Term  
28<sup>th</sup> May – 3<sup>rd</sup> June

(If a session is cancelled due to adverse weather an extra session will be held during week 23<sup>rd</sup> July)

**Dates for Diary:** (Times and Days are subject to change)

All Mini Tennis Players on our courses are invited to play in our fun match plays.

*World Mini Tour Fun Match Play Days - for U11's of all abilities*

Please look on the competition notice board for dates



## More information

[www.southbournetennisclub.co.uk](http://www.southbournetennisclub.co.uk)

Dave Sanger Head Coach

Mobile 07812 676761

Email: [davesanger@gmail.com](mailto:davesanger@gmail.com)



Coaching fees and completed enrolment forms required by 11<sup>th</sup> April  
2018 to reserve your place

## TENNIS COACHING FOR MINI TENNIS 3-10YRS

Mini Tennis Term Club Membership for all Under 10's is included in coaching course fee.

**Mini Tennis Standard of groups:** **FUNDamentals** Learning agility, balance, coordination & basic tennis skills  
**Club** Learning to serve, rally, score and play the game as soon as possible, with regular FUN internal competition.  
**Development\*** Access through coaches discretion, players attend 1-2 squads a week, aiming to play competitions.  
**Team\*\*** Invitation only – players access two squads a week with individual lessons and start regular competition.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

### MINI TENNIS

Day	Level	Time	Wks	Lead Coach (subject to change)	Cost
<b>TOTS (3-6 years)</b>					
Saturday	FUNDamentals	10.10-10.55am	P&P	Zoltan Horvath	£5 P&P
Friday	FUNDamentals	4.00-4.55pm	13	Dave Sanger	£78
Saturday	FUNDamentals	9.00-9.55am	13	Liana	£78

\*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

<b>RED (8 years &amp; under)</b>					
Tuesday	Club	4.00-4.55pm	13	Ray Burningham	£78
Friday	Club	4.00-4.55pm	13	Zoltan Horvath	£78
Saturday	Club	9.00-9.55am	13	Dave Sanger	£78
Saturday	Club	9.00-9.55am	13	Dan Gilbert	£78
Sunday	Club	10.00-10.55am	13	Zoltan Horvath	£78
Monday	Devel*	5.00-5.55pm	12	Mitch Bentley	£72
Thursday	Devel*	4.00-4.55pm	13	Matt Sanger	£78
Thursday	Team**	4.00-4.55pm	13	Zoltan Horvath	£78
Sunday	Team**	9.00-9.55am	13	Zoltan Horvath	£78

<b>ORANGE (9 years &amp; under)</b>					
Tuesday	Club	4.00-4.55pm	13	Ray Burningham	£78
Wednesday	Club	5.00-5.55pm	13	Ray Burningham	£78
Friday	Club	4.00-4.55pm	13	Dan Gilbert	£78
Friday	Club	5.00-5.55pm	13	Ray Burningham	£78
Saturday	Club	9.00-9.55am	13	Ray Burningham	£78
Saturday	Club	10.15-11.10am	13	Dave Sanger	£78
Monday	Devel/Team**	5.00-5.55pm	12	Matt Sanger	£72
Tuesday	Devel/Team**	4.00-4.55pm	13	Matt Sanger	£78
Thursday	Devel/Team**	4.00-4.55pm	13	Mitch Bentley	£78

<b>GREEN (11 years &amp; under)</b>					
Thursday	Club	5.00-5.55pm	13	Ray Burningham	£78
Saturday	Club	9.00-9.55am	13	Matt Sanger	£78
Monday	Devel/Team**	5.00-5.55pm	12	Matt Sanger	£72

<b>VISUALLY IMPAIRED MINI &amp; JUNIOR &amp; DOWN SYNDROME (DS)</b>					
Saturday	Visual impaired	11.00-11.55am	13	Dan Gilbert	£78
Saturday	DS Active	11.30am-12.25pm		Dave Sanger	£5 P&P

**Adverse Weather Conditions** ~ If adverse/wet weather conditions prevail it should be mutually agreed that the weather conditions are unfit for play before a lesson is cancelled. Be aware that the Coach may not be able to make a decision about the weather until 15minutes before the lesson is due to commence. Please always check with the Coach.

## TENNIS COACHING FOR JUNIORS 10-17 YRS & ADULTS

Junior Club Membership is £90 per annum. Junior members receive discount on coaching course fees.

**Junior & Adult Tennis Standard of groups:** **Cardio Tennis** Music, Fitness, and Fun. No tennis skills required.

**Beginner/Xpress** Not played much before/for a few years

**Intermediate** Play once a week & can rally/serve/score/compete consistently

**Advanced** Competing regularly and using strategies in play.

We offer the following discounts on upfront course fees

Family discount 10% off term fee if 2 or more family members book onto our courses,

Course discount 10% off term fees if an individual books onto 2 courses & 20% off for 3 courses or more.

### JUNIOR/ADULT TENNIS

Day	Level	Time	Wks	Lead Coach	Member/Non Member	
<b>JUNIORS (10years &amp; over)</b>						
Wednesday	Begin/Inter U15's	5.00-5.55pm	13	Dan Gilbert	£65	£78
Friday	Begin/Inter U14's	4.00-4.55pm	13	Matt Sanger	£65	£78
Friday	Intermediate U16's	5.00-5.55pm	13	Matt Sanger	£65	£78
Monday	Intermediate U14's	4.00-4.55pm	12	Dave Sanger	£60	£73
Thursday	Intermediate U16's	5.00-5.55pm	13	Zoltan Horvath	£65	£78
Tuesday	Inter/Advan U14's	5.00-5.55pm	13	Matt Sanger	£65	£78
Wednesday	Advanced U12's	5.00-5.55pm	13	Matt Sanger	£65	£78
Wednesday	Advanced U17's	5.00-6.25pm	13	Dave Sanger	£84.50	£97.50
Thursday	Advanced U17's	5.00-6.25pm	13	Matt Sanger	£84.50	£97.50
Friday	Advanced U12's	5.00-5.55pm	13	Zoltan Horvath	£65	£78
Sunday	Advanced U12's	9.00-9.55am	13	Matt Sanger	£65	£78
Monday	Mixed Club night	6.00-7.25pm		Matt Sanger	Free	n/a
Friday	Girls Club	5.00-5.55pm	13	Dave Sanger	Free	£3 P&P
Saturday	Mixed Club day	10.00-11.25am		Dave Sanger	Free	n/a

\*P&P – Pay and Play (Some P&P sessions may run in half term, please check with the coach)

<b>ADULT &amp; IMPAIRMENT</b>						
Monday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P	£5 P&P
Saturday	Cardio Tennis	9.00-9.55am		Zoltan Horvath	£5 P&P	£5 P&P
Wednesday	Beginners	7.15-8.10pm		Matt Sanger	£5 P&P	£5 P&P
Tuesday	Ladies Begin/Interm	11.00-11.55am		Dave Sanger	£5 P&P	£7 P&P
Thursday	Beginners/Interm	10.00-11.25am		Dave Sanger	£5 P&P	£7 P&P
Monday	Intermediates	7.00-8.25pm		Zoltan Horvath	£5 P&P	£7 P&P
Wednesday	Ladies Intermediate	9.30-10.55am		Dave Sanger	£5 P&P	£7 P&P
Monday	Visually Impaired	2.00 – 2.55pm		Dave Sanger	£5 P&P	£5 P&P
Tuesday	Wheelchair tennis	12.30 – 1.55pm		Dave Sanger	£5 P&P	£5 P&P
Thursday	Wheelchair tennis	1.00 – 2.25pm		Dave Sanger	£5 P&P	£5 P&P
Saturday	Learning Disability	3.30-4.25pm		Dave Sanger	£5 P&P	£5 P&P

### PRIVATE TENNIS COACHING FOR ADULTS & CHILDREN;

Private coaching is available to all players and is the quickest & most effective method to improve your game, whatever your standard (subject to availability). **24hour cancellation fee**~ notice of at least 24 hours is expected for any private lessons cancelling. If notice is given less than 24hours, then the full lesson fee may be charged.

*Please note fees are shown for members (non member's fees apply)*

**Dave Sanger (Head Coach) Level 4 Senior Performance Coach LTA Licensed; 07812 676761**

1 hour £25 / 30 minutes £13

**Ray Burningham Level 4 Club Coach LTA Registered; 07880 910907**

1 hour £20/ 30 minutes £10

**Matt Sanger Level 3 Performance Coach LTA Licensed; 07931 265935**

1 hour £20 / 30 minutes £10

**Zoltan Horvath Level 2 Club Coach LTA Registered; 07751 049947**

1 hour £20/ 30 minutes £10