



**JULY 20th**

## **MORNING**

**They are not of the world,  
even as I am not of the world.**

John 17: 16

He is despised and rejected of men;  
a man of sorrows, and acquainted with grief.

Isa. 53: 3

In the world ye shall have tribulation:  
but be of good cheer; I have overcome the world.

John 16: 33

Such an high priest became us,  
who is holy, harmless, undefiled, separate from sinners.

Heb. 7: 26

That ye may be blameless and harmless, the sons of God,  
without rebuke, in the midst of a crooked and perverse nation.

Phil. 2: 15

Jesus of Nazareth ... went about doing good,  
and healing all that were oppressed of the devil;  
for God was with him.

Acts 10: 38

As we have therefore opportunity, let us do good unto all men,  
especially unto them who are of the household of faith.

Gal. 6: 10

That was the true Light,  
which lighteth every man that cometh into the world.

John 1: 9

Ye are the light of the world.  
A city that is set on a hill cannot be hid.  
Let your light so shine before men,  
that they may see your good works,  
and glorify your Father which is in heaven.

Matt. 5: 14, 16

## EVENING

**He that is of a merry heart hath a continual feast.**

Prov. 15: 15

The joy of the LORD is your strength.

Neh. 8: 10

The kingdom of God is not meat and drink;  
but righteousness, and peace, and joy in the Holy Ghost.

Rom. 14: 17

Be filled with the Spirit;  
speaking to yourselves in psalms and hymns and spiritual songs,  
singing and making melody in your heart to the Lord;  
giving thanks always for all things unto God and the Father  
in the name of our Lord Jesus Christ.

Eph. 5: 18-20

By him ... let us offer the sacrifice of praise to God continually,  
that is, the fruit of our lips giving thanks to his name.

Heb. 13: 15

Although the fig tree shall not blossom, neither shall fruit be in the vines;  
the labour of the olive shall fail, and the fields shall yield no meat;  
the flock shall be cut off from the fold,  
and there shall be no herd in the stalls:  
yet I will rejoice in the LORD, I will joy in the God of my salvation.

Hab. 3: 17-18

Sorrowful, yet always rejoicing.

II Cor. 6: 10

We glory in tribulations also.

Rom. 5: 3

*Rest a While*

[www.restawhile.co.uk](http://www.restawhile.co.uk)

Permission is granted to print this page for your personal use only.

