



MAY 24th

MORNING

**Grieve not the holy Spirit of God,
whereby ye are sealed unto the day of redemption.**

Eph. 4: 30

The love of the Spirit.

Rom. 15: 30

The Comforter, which is the Holy Ghost.

John 14: 26

In all their affliction he was afflicted,
and the angel of his presence saved them:
in his love and in his pity he redeemed them;
and he bare them, and carried them all the days of old.
But they rebelled, and vexed his holy Spirit:
therefore he was turned to be their enemy,
and he fought against them.

Isa. 63: 9-10

Hereby know we that we dwell in him, and he in us,
because he hath given us of his Spirit.

I John 4: 13

After that ye believed, ye were sealed with that holy Spirit of promise,
which is the earnest of our inheritance
until the redemption of the purchased possession.

Eph. 1: 13-14

This I say then, Walk in the Spirit,
and ye shall not fulfil the lust of the flesh.

For the flesh lusteth against the spirit, and the spirit against the flesh:
and these are contrary the one to the other:
so that ye cannot do the things that ye would.

Gal. 5: 16-17

The Spirit helpeth our infirmities.

Rom. 8: 26

EVENING

**I will go and return to my place,
till they acknowledge their offence,
and seek my face.**

Hos. 5: 15

Your iniquities have separated between you and your God,
and your sins have hid his face from you.

Isa. 59: 2

My beloved had withdrawn himself, and was gone ...
I sought him, but I could not find him;
I called him, but he gave me no answer.

Song 5: 6

I hid me, and was wroth,
and he went on frowardly in the way of his heart.
I have seen his ways, and will heal him.

Isa. 57: 17-18

Hast thou not procured this unto thyself,
in that thou hast forsaken the LORD thy God,
when he led thee by the way?

Jer. 2: 17

He arose, and came to his father.
But when he was yet a great way off,
his father saw him, and had compassion, and ran,
and fell on his neck, and kissed him.

Luke 15: 20

I will heal their backsliding, I will love them freely:
for mine anger is turned away.

Hos. 14: 4

If we confess our sins, he is faithful and just to forgive us our sins,
and to cleanse us from all unrighteousness.

I John 1: 9

Rest a While

www.restawhile.co.uk

Permission is granted to print this page for your personal use only.

