

Duffield Squash and Tennis Club Bulletin 15 Sept 2024

Summer ends and we're back to school and back to work with lots of activities and events at DSTC.

SHORT VERSION

- Squash moves from summer to winter leagues season with a big win, new initiatives and a renewed focus on women's participation.
- Tennis has big Youth LTA programmes and a new format for club championships.
- Fitness and gym classes for all have started well and membership grows.
- A full social programme, with booking available for several events, takes us to year end.

SQUASH and RACKETBALL

A big win for our second team's last match of the summer season, which saw us leapfrog Burton and take the Division 2 title. Duffield 3 finished 6th, in Division 1; while Duffield 1 finished the summer season in 3rd place. The winter league starts next week with Duffield 1 and 2 going head-to-head, so why not come down and enjoy some great squash and beer in the bar.

DSTC have signed up to become a PSA Platinum Club. One of the many benefits included is a subscription to Squash TV so we'll be showing more top squash at the club. We've also renewed our partnership with Derby Students Union Squash and expect to see greater club activity via this collaboration.

This week is **Women's Squash Week** which we are celebrating at the club this Friday. Ladies are invited to play squash, pickleball or tennis - **Pizza and live music to follow from the Van Sloths. For further information contact Finlay Stott (07732 7616180).**

Weekly **Women's Squash and Racketball sessions** have started on Wednesdays at 7.20 pm and Fridays at 9.40 am, all standards welcome, so come and have a go. For more information contact Lesley 07941312673 coaching@duffieldsquashclub.co.uk. We also have a junior coaching programme starting soon.

A warm welcome to Rhys Evans, a professional squash player currently ranked 163 in the world, who has recently joined our club.

October sees the return of the Duffield Open, organised by Millie Tomlinson - look out for further details.

TENNIS

DSTC hosted a highly successful **County Championships** during the week of August 26th. Many thanks to all the volunteers who helped deliver the event. This event holds a prestigious place in the tennis Calendar with every county nationally hosting a tournament at the same time. Duffield players had great success this year with many reaching the final stages. Well done and congratulations to all the adults who entered plus a special mention for the juniors making it deep into the draw - Max Payne, Eadie Payne, Benedict Wensley, Noah Wensley, Seth Payne, Barclay Harbridge, Sam Watson, Mikelli Urassa, Francesca Gill, William Urquhart plus a great performance from Oli Storr for winning the Mixed Doubles with.

This Saturday the **junior tennis coaching programme** has started. We are pleased to be running sessions under the LTA Youth banner with participants able to sign up at a discounted rate, plus

access a free t shirt and racket.

The full coaching programme can be found on the Duffield Tennis website - <https://www.duffieldtennisclub.co.uk/coaching.html>

See Links below for 2 specific LTA Youth courses -

Started Saturday 9am - September 7th (6 weeks) - LTA Youth Prime Girls only aged 4 - 11 - <https://clubspark.lta.org.uk/JamesGrindellCoaching/BookCourse/a116077a-2e2f-43d0-8e82-eaaa3ab21a5b>

Started Saturday 9am - September 7th (6 weeks) - LTA Youth Boys/Girls aged 4 - 11 - <https://clubspark.lta.org.uk/JamesGrindellCoaching/BookCourse/bf3ed84f-3f0b-4ad5-9935-119b083403a8>

Wimbledon 2025 - although Wimbledon is still fresh in our memories (especially the price of a Pimms) we can now share with you the link for the Public Ballot 2025. see below https://www.wimbledon.com/en_GB/tickets/the_wimbledon_public_ballot.html

Sign up for the **new format club championships on October 5th**. This is a redesigned event which provides more enjoyment for all - just contact James or Sal for details.

Pickleball goes from strength to strength with many more members and participants. Friendlies are incoming against Church Broughton and David Lloyd. For details of the Autumn Winter Programme, including internal box leagues etc., **call Brent on 07885 427623 or James 07968 058383**.

FITNESS AND GYM

Our refreshed gym is growing in popularity and membership; it's still one of Duffield's best kept secrets with attractive membership rates so introduce a friend to the club to win a special incentive.

Fitness classes started last week with an early bird 6 a.m. session on Mondays by **Rich Brewin!** Rich also runs a 9.15 a.m. gym fit session on Wednesdays followed by a Saturday morning fresh air fitness session outdoors at 8 a.m. **Angie Hallsworth-King** runs three classes on Wednesdays: chair fitness, Bellyfit Sage, and Pilates. Helen Treece will run a women-only gym session on Mondays starting in October. Our affiliated physio Jen Smith is available to help you with any injury assessment, diagnosis and rehabilitation. **For details contact Grenville (07881 265259), if you or your friends are interested.**

FIRST AID COURSE

We're pleased to announce the first of many courses taking place at DSTC. Please find the info below including link to an Emergency at Work First Aider Course taking place at the club on Sept 24th. This is a one-day course delivered by **Safety 1st for Sport** which is the First Aid brand name of inspire2coach. The course provides the attendees with a knowledge and understanding of First Aid within the workplace. It is relevant to people working in all types of businesses and work environments. It's open to anyone aged 16 and over and is recognised by the LTA for the purposes of LTA Coach Accreditation.

Bookings and more info at <https://inspire2coach.co.uk/coach-central/first-aid-training/>

SOCIAL

Booking now [Event booking \(duffieldtennisclub.co.uk\)](https://www.duffieldtennisclub.co.uk)

Friday 27th September at 7 pm - an audience with former **England cricketer, Geoff Miller**. Geoff is finding time to visit Duffield after touring with Sir Ian Botham. His dry northern humour and wit will entertain all audiences, whether sports fans or not. Book your place now online, £15.

Folk Singer & Storyteller, Pete Castle - performs on **Friday 4th October, 7.30 pm**, £8, with a variety of songs and stories - including some local, some about sport, some funny ones and others thought provoking. "He's a real sweet singer with a beautiful voice." *American visitor to Folklife festival.*

Saturday 26th October: Whisky Tasting - five of the best malt whiskies plus a ploughman's supper, all for £20. Numbers limited, call Glenn 07713 820581

Later in the year

Friday 22nd November: An Audience with Ashley Franklin

Saturday 7th December: Little Eaton Kitchen Chorus

Friday 13th December: Ray Hatfield

Grenville Holt

Club Marketing and Communications