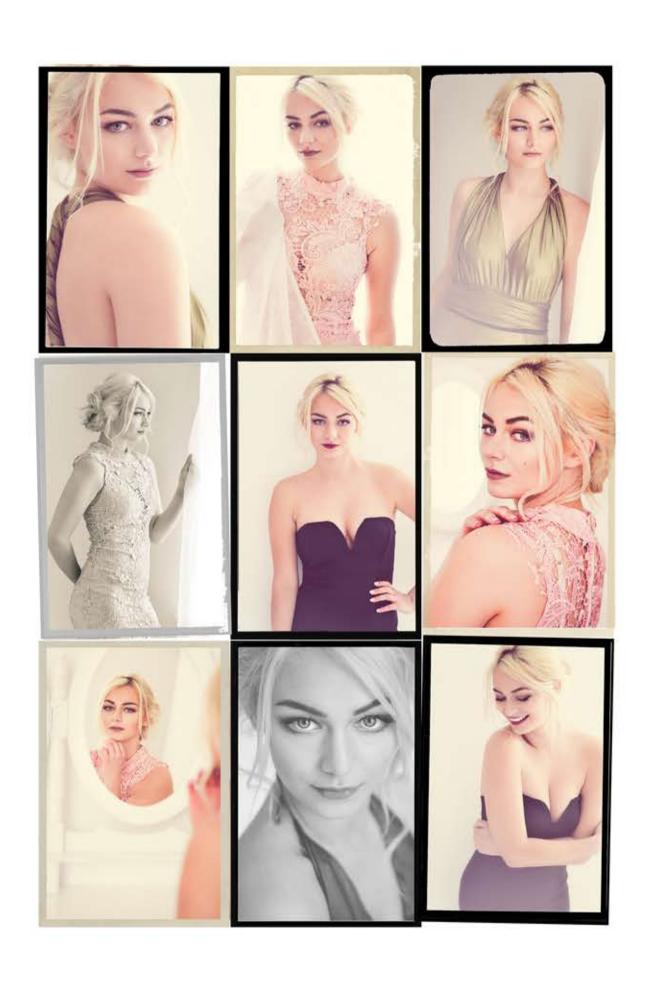
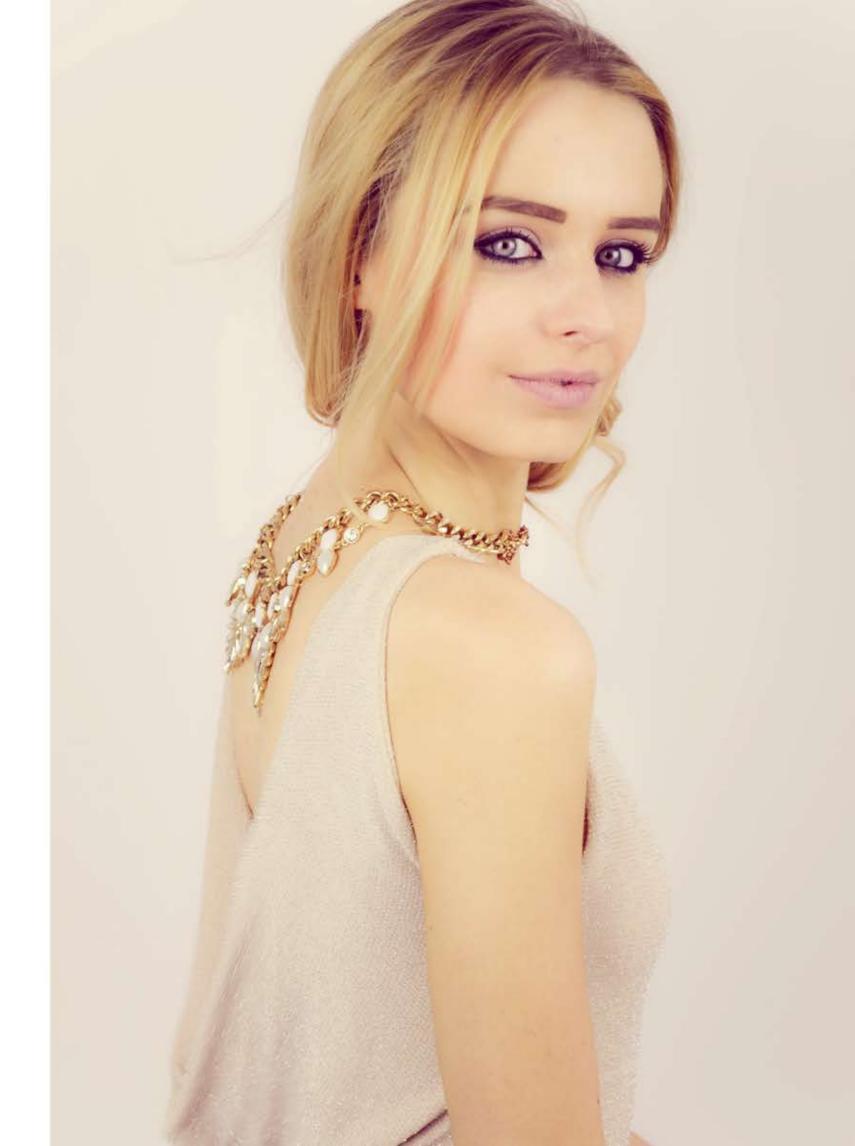
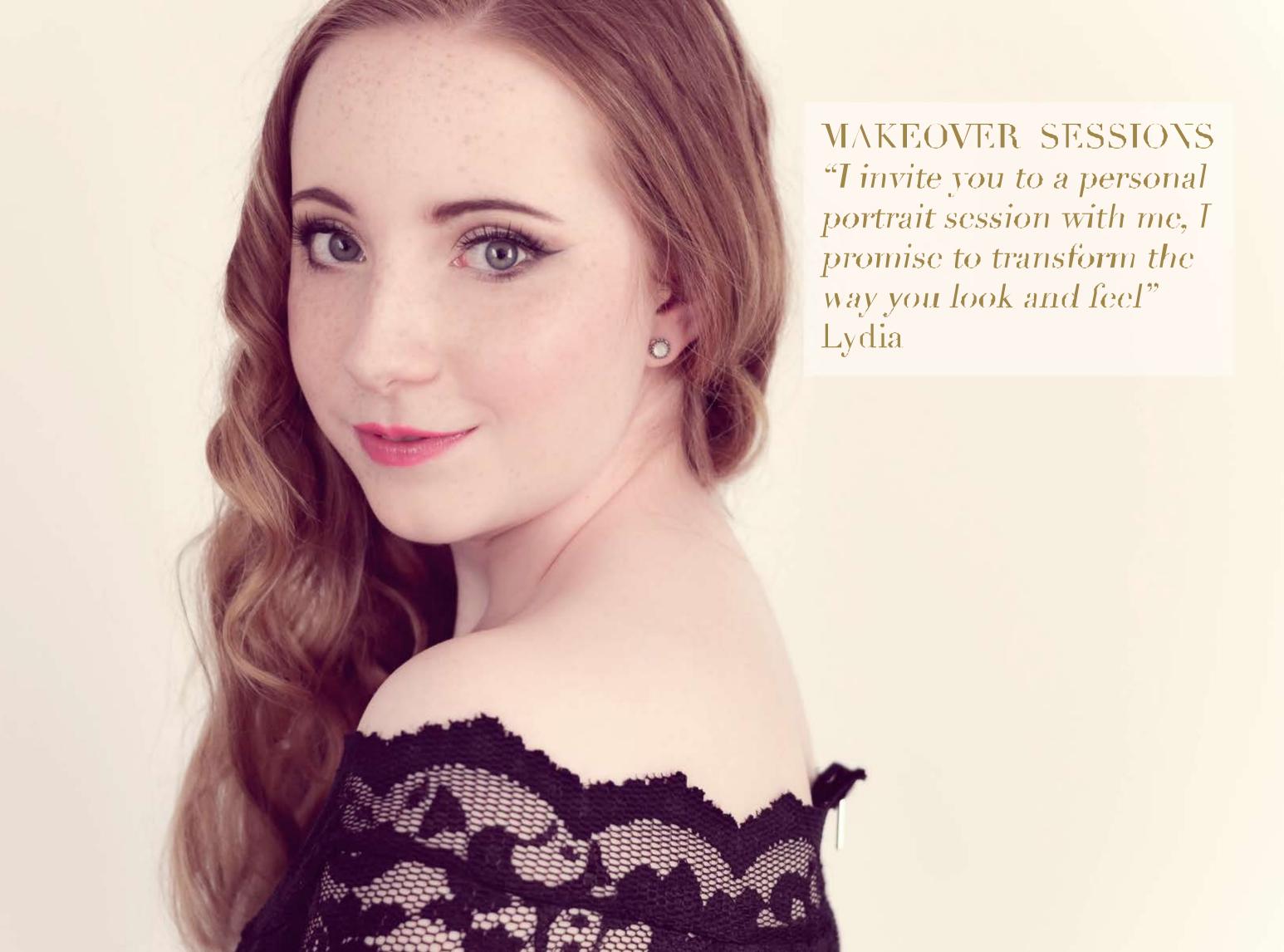
PORTRAIT



THE BEAUTIFUL GIFT OF MEMORIES CAPTURED FOREVER











Choosing The Ultimate Photo Shoot Wardrobe

The right wardrobe can 'make or break' your portrait session. Picking the perfect outfits can be a daunting task, particularly if you've never had a photo shoot before. We've created this handy guide to make creating a beautiful photo shoot wardrobe (and amazing portraits!) a piece of cake.

1. All about the fit

Choosing fitted garments is so much more flattering than loose and baggy clothing. If you're worried about any lumps and bumps remember your photographer is trained to pose you to flatter your body shape and will be expert at concealing anything you're self-conscious about.

2. Keep it simple

Plain colours work best on camera. Try to avoid heavy patterns, logos and pictures on clothing.

3. Mix it up

You can bring up to five outfits to your portrait session, To get the most out of your session try to bring a variety of necklines and colours. Remember something light, something dark and something epic!

5. Undergarments

Try your outfits on the night before the photo shoot to check the shape and fit of your undergarments. Remember to bring a nude bra to wear under sheer tops and a strapless bra.

6. Compliment each other

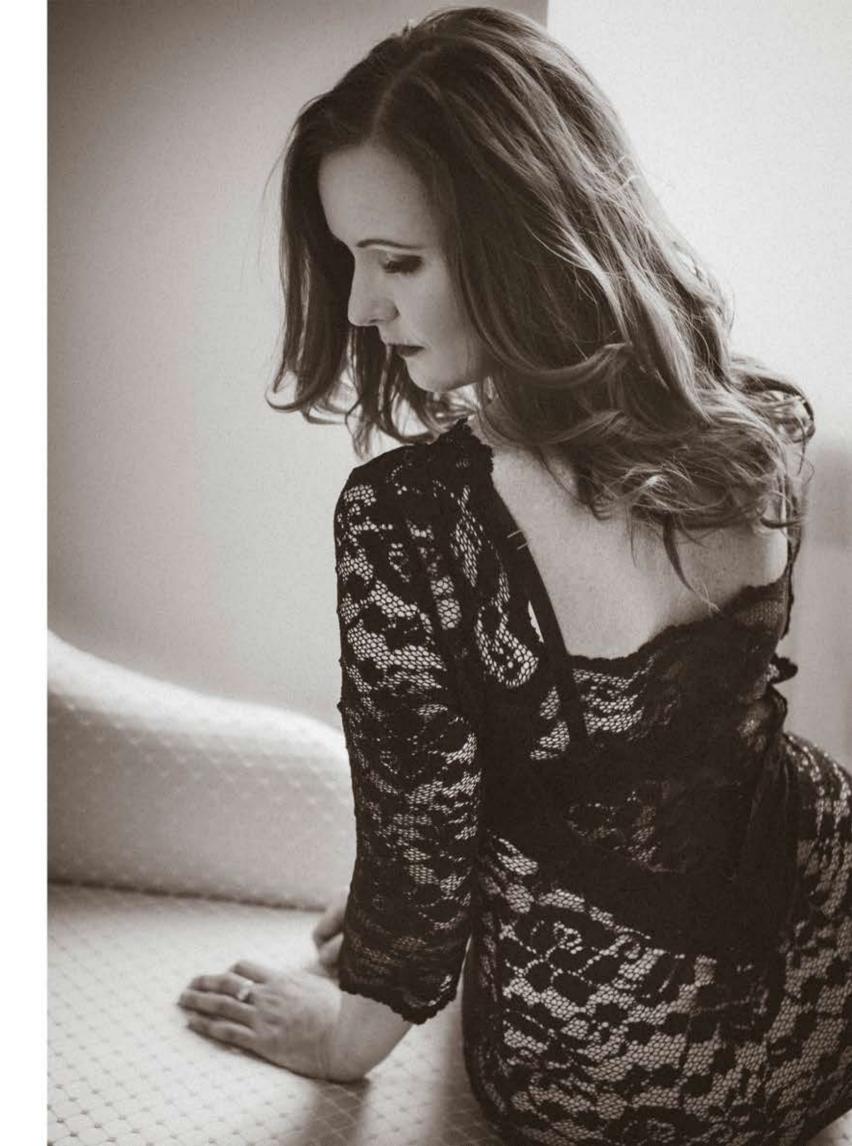
If you are going to be photographed with someone else get together to choose your photo shoot wardrobe. Make sure your outfits compliment each other in colour and style.

7. Accessorise

Bring costume jewellery and scarves, simple items of clothing can be dressed up to look amazing with the right accessories. But don't worry too much about shoes these won't be the main focus of the portraits

9. Prepare

Check your items before the photo shoot for missing buttons, stains and pulls. Items should be ironed and hung ready for you strut in front of the camera and feel amazing.











Sam's Diary

Ever wondered what having a photo shoot is like? What happens behind the studio doors? One of my beautiful clients has written about her experience at the studio. Read Sam's diary of a real photo shoot.

Saturday

Today's the day! I'm wondering what I got myself into, to be honest. I'm nervous about what to do in front of the camera more than anything, as I never know what to do with myself when someone sticks a camera in my face. Panic, usually! I'm also excited, though, because it's a new experience. Maybe I will discover an inner diva just waiting to get out! I'm definitely looking forward to having my hair and make up done and maybe picking up some tips.

The Consultation

When I arrived with my clothes I was sat down comfortably with a drink while Lydia went through my outfits and made a plan for the photo session. It was all very relaxed. She asked what sort of photos we wanted and what we wanted to achieve. Not having much clue I was happy to leave it all on her capable hands, so she came up with some ideas that she thought would look good.

Makeover

The make-up artist asked me what I had in mind for hair and make up, but I'd already decided to give her free reign to do whatever she thought best. I'm so glad I did! She did a wonderful job of the make up, and has a really good eye for what will suit you - I particularly liked the colours she used, and I will start using them myself. She also did a great job with my hair. I'd very much like her to come to my house every morning to do my hair and make up! I felt like a million dollars, which really helped me to feel more confident about being in front of the camera.

Photo Shoot

I have to be honest, I thought I would hate this bit! But I loved it! Lydia told me exactly what I needed to do, where to put various limbs and what to do with my head, hands and expression. She makes you feel so relaxed and takes all the guess work out of it - a true professional. Some of the poses feel really strange, but she assured me that even though it feels weird it looks really good in photos. I actually had a fantastic time and could have gone on forever.

A week later... The big reveal!
Well, I've just been to see my photos and they are amazing! I thought I would feel embarrassed, as I don't normally like photos of myself. I don't feel they ever look like me, but these did. They just looked like me at my best. She was also absolutely right about the poses not looking strange - she was spot on. I'm so thrilled and feel like I want to put the photos up everywhere around the house! It feels good to have some nice photos of myself. Thank you, Lydia!







