

Beginners Guide to Motorcycle Trials - Part 1

How do I get into Motorcycle Trials?

- All you need to do is join a club and register with the A.C.U. (Auto Cycle Union).
- This can be done at any of our trials meetings before you ride.
- Club members will only be too willing to help and assist you in any way that they can.
- Membership fees for our club are £5.00 per year.
- Entry fees are £10.00 for an adult and £5.00 for a youth per trial - this covers running costs such as insurance, permits, landowners' fees etc.

What Riding Gear do I need?

- You do not need professional riding gear to compete. Jeans and a long sleeve shirt will do, but you must wear a helmet and suitable protective boots.
- Youth members must also wear gloves and have their arms covered.
- Shorts cannot be worn by any rider.

What machine can I ride?

- Adults can ride any trials bike.
- For youths, consult the A.C.U. handbook regarding bike sizes based on the youths' age and bike engine capacity.

Routes

There are four routes:

- White = Expert
- Blue = Intermediate and 'over 40'
- Red = Novice and Clubman
- Yellow = Beginners