Why should I use QRep in ISIS?

Many practitioners and students interested in the Q- Rep (Repertory of Mental Qualities) have asked me why I created, use and recommend it. There are several reasons for this, but I like to sum up as '**Keep it simple, speedy and accurate**'.

So how will QRep improve my results?

QRep will improve your results because **you will not miss remedies** by choosing too small or inappropriate rubrics. Perhaps you chose ' vertigo from heights', but the rubric was 'fear of falling' or 'impulse to jump', or the hundreds of other related rubrics? The Quality 'Hi-low' will cover it all, you can hardly miss!

 Maybe you chose 'delusions of snakes', but the patient needed a snake remedy such as Bothrops lanceolatus, which is not listed in the delusion rubric. Bothrops might well contain this symptom as a snake remedy, even though it is not listed due to a scanty proving. Perhaps your patient has sensitivity to the opinion of others, a very common issue these days. If you took the conventional rubric you would miss Adamas, Nicc-met, Zirconium, Platina, Monelia and even Carcinosin.

QRep also adds family members into their corresponding qualities – **this helps to 'round out' the data on these scantily proven remedies**

You would notice the Carbon family using the QRep, which may alert you to Stront-carb as a possibility. **QRep adds family of remedies into the Qualities** so that they come through a repertorisation.

Your work will become both easier and quicker. You do not have to spend ages pondering if to choose 'delusions he is trapped' 'delusion he is a prisoner' 'delusion surrounded by enemies' or 'desire to escape'. Your patient might have all of the above. So just opt for the 'Trapped' rubric, in the certain knowledge the best possible remedy is most probably there. Three or four mental qualities will boil your choice down to 50 or so remedies and you can narrow it down from there with other rubrics or Materia medica knowledge.

Ease of use

No need to comb through the classic Materia medicas or search through long and difficult provings for terms that do not lend themselves to computer search, such as 'low self esteem'. My computer search yielded 52 remedies. The Q-rep lists over 200! We have done the work for you.

Do you use new remedies or the more established remedies?

Both. It matters not if you are into new remedies or older classical ones. The purpose of a repertory is to show you all the possibilities. You are the expert. It is better to have the whole range available so that you can make a skilled choice rather than restricting yourself.

Should I use QRep by itself?

Q-rep is not a substitute for conventional repertories, but rather a **complement**. However be aware that if you use rubrics from other repertories try to use only the larger more general rubrics or really pronounced physicals – so that you do not lose the right remedy.

Also let me remind you that many of the new remedies have not yet been fully added into our traditional repertories – even the newer ones. You may lose them from your repertorisation.

Want to join the team?

 We welcome your additions, suggestions for rubrics, comments, and feedback. And if you would like to join our repertory team we welcome you onboard. Simply email dwitko@miccant.com to be put in touch with us

Summary

From my own experience and that of my students, the Q Rep makes homoeopathic work easier, quicker and more accurate. What's not to like?!