

'The Queen'

This a case from Jeremy Sherr. We will illustrate the use of QRep by showing a traditional repertorisation approach and then show the same case worked using the QRep:

A woman feels she is 'falling apart'. 'I am broken into tiny fragments, I can't get the pieces together.

Rubric: Delusion; divided

I feel totally stupid and have low self esteem'

Rubric: Confidence; want of; self

Dreams of falling from high places

Rubric: Dreams; Falling; high place, from

She also hates being in water

Rubric : Fear; water, of

There are problems with menses, with *diarrhoea during menses* and *bad premenstrual tension*.

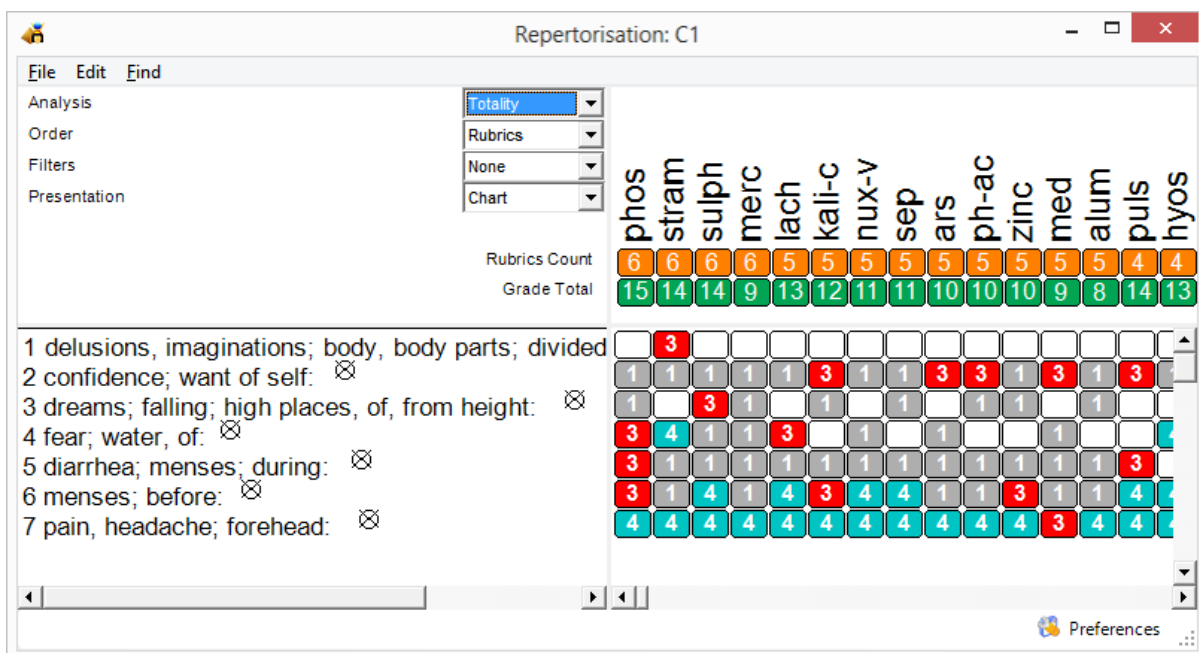
Rubric: Menses; diarrhoea, during also **Menses; before**

She gets headaches in the forehead, worse for tension.

Rubric : Headache; Forehead

Generally when she is not down she is bubbly and happy-go-lucky, feels graced. Her family calls her 'the Queen'.

Classic repertorisation using Complete Repertory gave the following chart in ISIS:



No doubt you would have strongly drawn to Stramonium as it seems an attractive remedy to consider being very well known for problems with water and also of being divided and with strong confirmation of the physicals. However Stramonium was not the remedy that was needed in this case. What to do now???

Using the QRep requires a different approach to case analysis. Here is the same case to illustrate how this was approached.

A woman feels she is 'falling apart'. 'I am broken into tiny fragments, I can't get the pieces together. (**quality : Divided**). I feel totally stupid and have low self esteem' (**quality : Low Self Esteem**).

She has dreams of falling from high places (**quality : High and Low**). She also hates being in water (**quality : Water**).

There are problems with menses, with **diarrhoea during menses** and bad **premenstrual tension**. She gets **headaches in the forehead**, worse for tension.

Generally when she is not down she is bubbly and happy-go-lucky, feels graced. Her family calls her 'the Queen'.

Jeremy : Naturally, there are several ways to approach this case. You can dig deeply into the psychology, feelings, history etc, and you may find gold. Or you may not, in which case it will be 'fool's gold'.

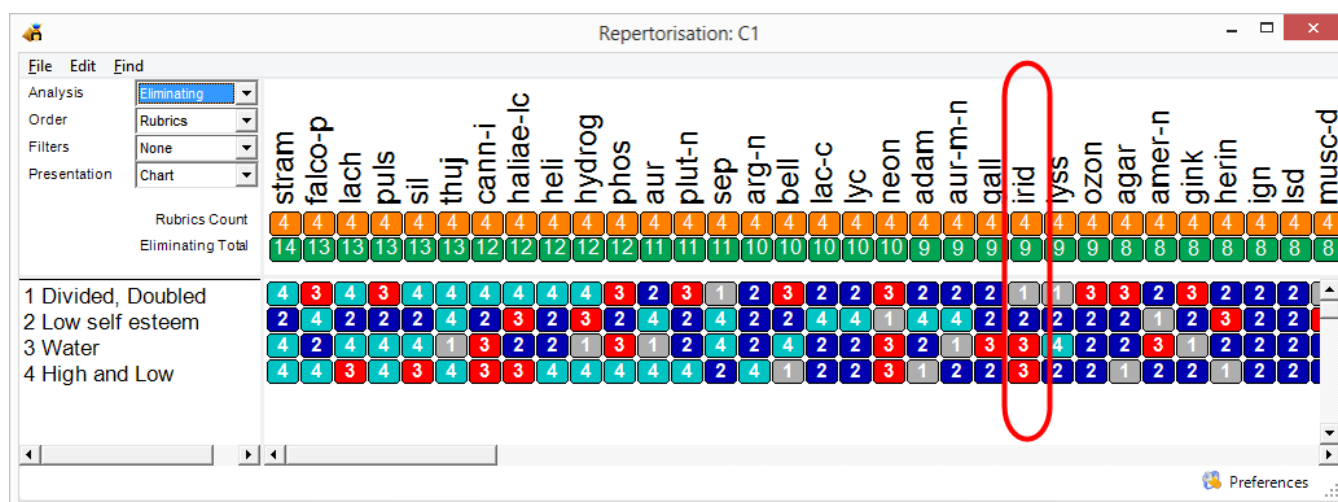
I understand the essence of the case to be a 'broken vessel, high water flowing downwards'. This includes the dislike of water and falling from heights, the low self esteem, the broken up feeling and the diarrhoea during menses.

Having identified the main issues of the case, I choose four qualities from the Repertory of Mental Qualities to represent these ideas:

- Divided (161 remedies)
- Low self esteem (268 remedies)
- Water (384 remedies)
- High and Low (346 remedies) "

Although each quality contains many remedies the end result in ISIS is only 40 remedies! Also **it took very little time** to selected and analyse the Qualities in the case – no hunting around in the repertory looking for all of those rubrics!

Here is the analysis chart from ISIS:



As you can see above Stramonium is still the leading remedy in the chart. At this stage Jeremy recommends scanning the list of **all remedies matching all the qualities** – discarding remedies which obviously do not seem to fit the patient, and refining the list down to a manageable few from which you can make your final decision.

As Jeremy explains:

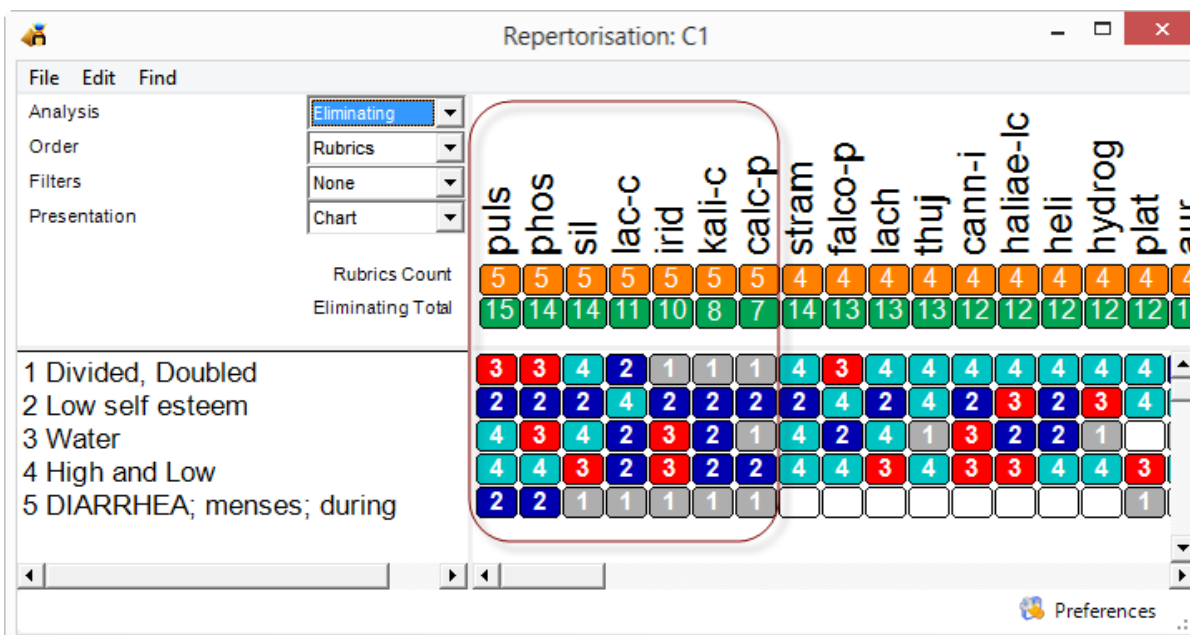
“Now I need to choose the most appropriate remedy to the **centre of the case**. After reviewing the list of remedies I select Iridium

Rx: Iridium-metallicum

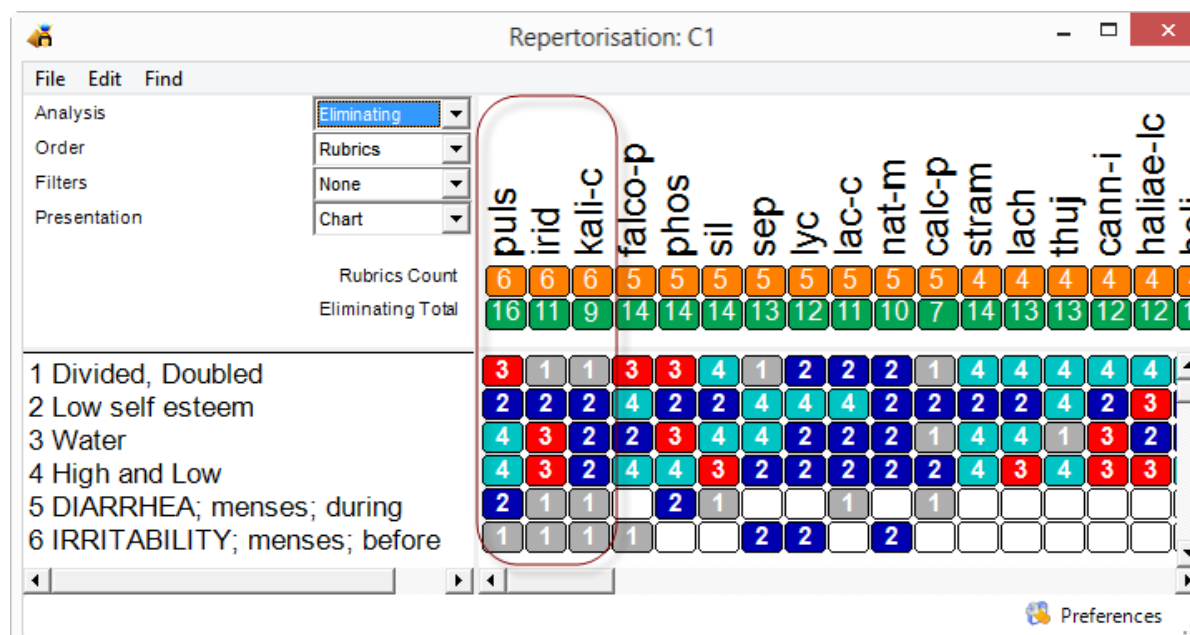
Within 2 minutes of the remedy she is smiling, ‘I feel more together, it’s like my whole body is coming together physically’, ‘I feel happy’ ‘amazing’, a state which continued for quite a few months. “

David’s Notes

A physical affinity or rubric from the case could have been added to expand the repertorisation. In this case adding a physical rubric : ‘Diarrhoea during menses’ from Combined Repertory leaves only 7 remedies to differentiate:



The rubric Irritability, Menses; before, could also have been taken which clearly shows Iridium!



However only add rubrics with great caution if you wish to work with new remedies as the more rubrics you take the more possibility of missing the right remedy! Even leading modern repertories do not contain many new provings)

Jeremy

“I compiled the *Repertory of Mental Qualities* because I needed it in my practice. This work took me 4 years. I can honestly say it is the most useful tool I have for prescribing since I purchased my first computer repertory in 1984”. Jeremy Sherr