



### What our programs are all about

All Centura's holiday programs involve ridden work, horsemastership or a combination of the two you can use the below information as a guide to see what program will suit you.

Learning something takes time and practice repeating programs may help you pick something new up or improve the skills you already have.

We always recommend speaking to a coach before booking in to ensure you get the most out of your time on the yard.

**Trot Canter Gallop:** This three-part program is designed for beginner to advanced riders wanting to upgrade their knowledge and skills. Participants learn the fundamentals of good horsemanship, important aspects of riding technique and etiquette, and effective application of safe horse practice – all in a fun, immersive environment. The Trot, canter, Gallop program is incorporated developed by Equestrian Australia. All our lessons and programs will be based on the content of the training manuals (you do not have to be registered to take part in the program)

### Saddle Club

Description	<p>This is where it all starts; the Saddle club programs are set at introductory walk and trot level.</p> <p>Lunge and new riders are given a private lesson and riders ready to start a group or already in a group get ride together.</p> <p>When not riding, participants will be looking at horsemastership basics. To ensure those who want to come more than once learn all the basics of how to care for their horse or pony the topics covered change.</p>
Recommended for	<ul style="list-style-type: none"> <li>• Lunge Riders</li> <li>• 4.30pm weekday group riders</li> <li>• 11.15am Saturday Group Riders</li> <li>• Lunge lesson riders</li> <li>• New Riders that have little or no horse experience</li> </ul>

### Own a Pony

Description	<p>Ready to know more? Own a pony days start teaching you what it takes to maintain a horse in top health. Our ridden classes for the day are walk, trot, canter (learn to canter).</p> <p>When not riding Horsemastership is taken this July, we've added some focus points in our Own a Pony programs</p> <ul style="list-style-type: none"> <li>• <b>Equine Assisted Learning</b> teaches you the importance behind listening to what your horse has to say to improve your riding – a horse is a valuable teacher &amp; <b>Advanced Horsemastership</b> steps up your horse care knowledge to the next level and helps in preparing riders wanting to take on the Walk, Trot Gallop Programs with Equestrian Australia</li> <li>• <b>Improving Rider Balance</b> focuses on core strength and using pole work to strengthen your riding position and ability to influence your horse or pony</li> </ul>
Recommended for	<ul style="list-style-type: none"> <li>• 5.30pm group riders</li> <li>• 6.30pm group riders</li> <li>• 8am &amp; 9am group Riders</li> <li>• Those thinking about getting their own horse</li> </ul>



### Novice Jumping

Description	<p>Preliminary jumping is phase 1 in our jump program, heights are set from 30cm-40cm.</p> <p>For those riders that can walk, trot, canter and have already attended our preparatory jumping program (previously intro jump) or jump regularly in groups.</p>
Recommended for	<ul style="list-style-type: none"> <li>• 5.30pm, 6.30pm group lesson riders</li> <li>• 8am, 9am and 2pm group lesson riders</li> </ul> <p><i>*Important note if you do not jump regularly in your group lesson and have only attended one or 2 preparatory (intro jump) programs you must speak to your coach before booking this program.</i></p>

### Intermediate Jumping

Description	<p>Novice jumping is phase 2 in our jump program, heights are set from 40cm-60cm.</p> <p>For riders that are jumping regularly jumping in group and private lessons.</p>
Recommended for	<ul style="list-style-type: none"> <li>• 5.30 and 6.30 pm group lesson riders</li> <li>• 8am, 9am, 10:15, 2pm group lessons on Saturdays</li> <li>• Riders who have regular private or semi-private jump lessons</li> </ul> <p><i>*Important note you must speak to your coach before booking this program.</i></p>

### Funkhana / Games day \*New

Description	<p>There are plenty of games to play on horseback some games at Centura are barrel racing, western bending, cup race, Texas keyhole and more!</p> <p>Games days are a fun way to test your riding skills and win some ribbons! Encourage the friends you ride with to come along so we can team you up and you can compete with other riders at the school.</p>
Recommended for	All group riders and all ages

### Trot, Canter, Gallop Program

Description	<p>Welcome to our Trot, Canter, Gallop students!!!! For those who want to sign up it's not too late!!!</p> <p>These two half day programs are set out specifically to help you work through what you need to know to get your certificates.</p> <ul style="list-style-type: none"> <li>• The first session looks at learning the practical skills in your books and helps with any work you're finding challenging.</li> <li>• The second session allows you to start getting assessed so that you can get your sign offs and know what you need to work on next term ready for the next round of assessment opportunities</li> </ul>
Recommended for	All riders interested in Tort, Canter, Gallop



**Novice Jumping Equitation \*New**

Description	<p>Equitation is a joint venture of jumping and dressage where the performance of the rider is judged rather than the horse. Factors that are looked at incl control of the horse, use of riding aids, correct form and the overall turnout of both rider and horse.</p> <p>The program will include an explanation of equitation, learning how to ride equitation tests and what the judging criteria will be. You will learn how to correctly fit tack, clean and plait your horse and perform a correct equitation test</p>
Recommended for	<ul style="list-style-type: none"> <li>• 4:30 &amp; 5:30 pm group lesson riders</li> <li>• 11:15, 2pm group lesson riders on Saturday</li> </ul>

**Advanced Jumping Equitation \*New**

Description	<p>Equitation is a joint venture of jumping and dressage where the performance of the rider is judged rather than the horse. Factors that are looked at incl control of the horse, use of riding aids, correct form and the overall turnout of both rider and horse.</p> <p>The program will include an explanation of equitation, learning how to ride equitation tests and what the judging criteria will be. You will learn how to correctly fit tack, clean and plait your horse and perform a correct equitation test</p>
Recommended for	<ul style="list-style-type: none"> <li>• 5.30 and 6.30 pm group lesson riders</li> <li>• 8am, 9am, 10:15 group lessons on Saturdays</li> <li>• Riders who have regular private or semi-private jump lessons</li> </ul> <p><i>*Important note you must speak to your coach before booking this program.</i></p>

**Quadrille / Musical Ride**

Description	<p>Quadrille is a <b>choreographed dressage ride</b>, commonly performed to music, which is often compared to an equestrian ballet or to a drill team. A minimum of four horses are used, although many times more (always in pairs), which perform movements together</p> <p>Learning the art of riding with a team member and being aware of their movements.</p>
Recommended for	<ul style="list-style-type: none"> <li>• 5.30 and 6.30 pm group lesson riders</li> <li>• 8am, 9am, 10:15, 2pm group lessons on Saturdays</li> <li>• Riders who have regular private or semi-private jump lessons</li> </ul>



**Private Lesson**

Description	<p>Private lessons help us to learn new skills and improve what we already know.</p> <p>Private lessons can run for either 30 minutes for \$65 or one hour for \$90. Upon booking let us know what your group wants to work on so we can have a lesson plan ready to go to suit what you want to do.</p>
Recommended for	<ul style="list-style-type: none"> <li>• All riders</li> </ul> <p><i>*Important note our one hour privates involve 15 minutes to tack up your horse to ensure your lesson covers knowing how to care for horses.</i></p>