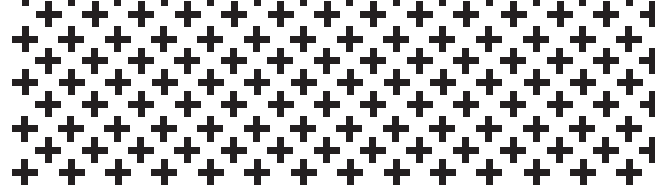


GEL NAILS AFTERCARE

www.smartpolish.co.uk



Aftercare advice for your gel nails...

Once your nails are looking beautiful, it's your responsibility to make sure you get the best out of them. Here is some helpful advice:

Substances that can effect your gel manicure:

- Bleach
- Chlorine
- Detergents
- Insect repellent
- Garden sprays
- Sun Tan Lotion
- Hair dyes
- Moisturisers containing mineral oil or lanolin

These substances can cause lifting, peeling, weakening and discolouration to your SmartPolish manicure. Wash your hands thoroughly, or wear rubber gloves when coming into contact with any of the above. Ultimately, try to avoid using these substances.

APPLY CUTICLE OIL - apply this at least once a day to ensure your nails get the nourishment they need.

BROKE A NAIL? - The seal will be broken and your SmartPolish manicure will lift, file the nail and apply a clear top coat, making sure to paint the edge. Alternatively, get in touch with your nail tech to fix it!

REMOVAL - to avoid causing major damage to your nails never pick or peel SmartPolish off. If you wish to remove your gel nails buff the nail first, saturate a cotton pad with gel polish remover (one that has been recommended by your nail tech) and wrap this around the nail. Then wrap foil around the nails. After 10 to 15 minutes the SmartPolish should lift from the nail easily. Alternatively, ask your nail tech to remove with gel polish remover wraps!

Maintenance appointments should be arranged every 2-3 weeks.

Nail enhancements can be flammable and should be kept away from direct sources of heat.

If you have any adverse reaction contact your GP.

NOTES: _____

