

When you buy a FAST Pathways Programme, **you agree** that:

- You're responsible for your own results and for any decisions and actions which you take. The Programme is designed to help you make those changes, but is no substitute for taking action.
- You understand that the Programme doesn't offer any guaranteed results. Your success is dependent on factors outside our control.
- You understand that the Programme is not a substitute for medical advice. You should seek medical advice from a suitable practitioner if you are experiencing physical or physiological symptoms.
- You understand that the approaches within the Programme have not yet been fully and formally researched by western academic, medical, and psychological communities, and may therefore be considered experimental.
- We will send you emails (to the address provided), some of which form part of the Programme content. You may at any point choose to opt out from the non-content communications. You may also choose to opt out from all communications, which would result in you receiving no further emails containing programme content.
- You may not copy the Programme materials, print multiple copies, distribute, share with or email them to anyone else. The Programme materials are for your personal use only. All copyright and intellectual property rights in the Programme materials belong to Sue Evans, Director of Fast and Lasting Change Ltd.
- If you are unhappy with the delivery of the Programme, we will do our best to respond to your issues. Payments are not refundable under any circumstances, so please ensure the Programme is suitable for your needs before making payment.
- Our liability for any losses you may suffer as a result of us breaking this agreement is limited to the purchase price of the Programme. We will not be liable for any costs or losses arising from events outside our control.
- Your contract with us is subject to the laws of England and the English courts have jurisdiction and enforcement rights.

You will receive an email invitation to join the Facebook group, giving you the opportunity to participate in the FAST Pathways on-line learning community. Although Fast and Lasting Change Ltd will provide admin support for this group, it cannot be held responsible for the communications occurring within it.

The FAST Pathways programme is distributed by Fast and Lasting Change Ltd. We are registered in England under company number 7720218 and with our registered office at 23 Reedville, Prenton, Wirral CH43 4UH.

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