

# Parent/Carers Communication

Welcome to the Buds room with the start of the new term we have a few key messages to share.

## Special Phrases we use

- "Help please"
- "Time to tidy up"
- "Wash your hands"
- "Good listening"
- "Now and then"
- "Kind hands"
- "Use our words"

## In our class we

- We share our toys
- We do good listening
- We look after our toys
- We have kind hands

## Useful advice

- Label all clothing including indoor and outdoor shoes.
- Provide 2 spare sets of everything in their bag ( this is helpful for outside water and messy play activities)
- Invest in shoes and indoor shoes with simple fastenings e.g. Velcro
- Ensure trousers are loose fitting - it helps with the toileting process!
- Provide pull ups, wipes and cream if necessary.
- Ensure your child comes appropriately dressed for outdoors and messy play.
- Rest assured that you will be notified and reminded well in advance of special activities requiring particular outings which your child will be participating in e.g. through letters, notices and verbally.

## How can parents help?

- No dummies at nap time.
- Encourage your child to put on their coat socks and shoes (we can show you some handy strategies - just ask!)
- Allow your child time to 'have a go', practise and eventually master skills and become more confident.
- Make comments and add things that are important to you, your child and your family, in your child's Tapestry log.
- We would love to see your child's special achievements awarded outside of nursery.
- Encouragement with potty training - pull ups. Advice on toileting is available from staff.

## Our focus for the Buds Room

- Increasing children's emotional resilience.
- Increasing children's independent skills throughout the day.
- Snack time - Encourage the children to peel their own fruit with support if needed and wash their own bowls.
- Pouring their own drink - drinking out of a cup without spilling it.
- Getting their shoes, putting it on finding their own coat, putting socks and indoor shoes on.
- 3 circle times - children are able to sit for 10-15 mins.
- Following instructions and having good listening.
- Putting away toys - supporting tidy up time.
- Getting children to wipe their own noses with support if needed.

- Good table manners at meal times i.e: waiting for their peers to finish before receiving pudding.

### How can you support us with positive behaviour strategies

- Role modelling appropriate language in a clear, simple way e.g. "big, red, car" with lots of repetition.
- Express language positively e.g say "good walking," instead of "No running," as children often only hear the last word!
- Role modelling appropriate behaviour e.g. your turn, Zoe's turn.
- Praise all good behaviour e.g. "I like that sharing".
- Praising children for how they learn e.g. "Good job" (focus - determination and perseverance to reach a goal), "You had lots of super ideas!" (focus - effort) (research has taught us that if this is the focus children are more likely to challenge and strive for higher expectations).
- Treat all inappropriate behaviours the same, showing a consistent approach.
- Give two clear warnings e.g. "Stop please, I expect to see sharing and taking turns!"
- On the third occasion, give some 'quiet time' for reflection. Ensure this location is away from others and any possible objects which may offer distractions.
- Always return and calmly encourage your child to say "sorry" and understand the consequences of their actions.
- Do NOT dwell on past incidents and treat any other incident completely separately.

### Important Message

- We are a partnership. If we work together effectively our consistency will only benefit your child.
- Talk to us! We value your thoughts and opinions and appreciate the important role you play in your child's life.
- Check our newsletters - if you prefer a hard copy please request one.
- Talk to your child about their day.
- Keep your contact information up to date.
- The new term will require a huge change for our children and staff. There will be a process of adjustment and it's important that issues are brought to the team as soon as they happen.
- Comment and like your child's tapestry post.

### When and how?

- Feel free to call the office.
- Talk to a member of the staff who will be available at pick up and drop off.
- Arrange a meeting to discuss an issue.
- Leave a comment on Tapestry.

Please approach us with any concerns, ideas and queries at any time. We want to help!

Thank you



Zoe  
Jackie  
Carmel  
Meng  
Lucy

# Buds Room Team



# The routine and daily flow

at Seedling Nursery

8:00 am	Drop off, breakfast & free play
8:45 am	Open gym in our soft play area
9:20 am	Water at table, put on socks, indoor shoes & aprons
9:35 am	Circle time
9:55 - 10:30 am	Free play
10:30 - 11:50 am	Snack time
10:50 - 11:20 am	Free play & focus activities
11:20 - 12:00 pm	Circle time, aprons off, wash hands & lunch time
12:00 pm	Story & indoor shoes off
12:40 pm	Sleep time or quiet time for non sleepers
1:00pm	Morning children go home
2:00 - 2:30 pm	Snack time
2:30 - 2:45 pm	Circle time & indoor shoes on
2:45 - 4:00 pm	Free play & focus activities
4:00 pm	Circle time, wash hands & tea time
4:30 pm	Children sit down & prepare to go outside.
4:30 5:15 pm	Outside play
5:15 -6:00 pm	Story time, quiet play and hand overs