

# Seedling Nursery

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## Sun Protection Policy

At Seedling Nursery we want all staff and children to enjoy the sun safely. We will work with staff, parents and carers to achieve this through:-

### Education

- All children will be involved in a discussion, appropriate for their age and understanding, at the start of the summer about sun protection and the risks
- All staff will be educated in the importance of sun protection and the risks involved in not protecting both themselves and others
- Parents and carers will be informed about our policy on sun protection

### Shade

- Where certain areas of the play space get sunny, children will be discouraged from playing there in the very hot weather. If needed, temporary shade will be created with parasols and gazebos.

### Timetabling

- Children will spend more play times in the garden areas before 11am and after 3pm. In extremely hot weather, playtime will be kept to a minimum to avoid prolonged sessions in the sun.

## Children and sun protection

Take extra care to protect babies and children. Their skin is much more sensitive than adult skin, and damage caused by repeated exposure to sunlight could lead to skin cancer developing in later life.

Children aged under 6 months should be kept out of direct strong sunlight.

From March to October in the UK, children should:

- cover up with suitable clothing
- spend time in the shade, particularly from 11am to 3pm
- wear at least SPF30 sunscreen

Apply sunscreen to areas not protected by clothing, such as the face, ears, feet and backs of hands.



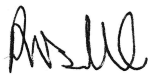
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## Clothing

- All children will be actively encouraged to wear hats when in the garden from April onwards
- Parents should provide their children with sunhats
- Staff have agreed to wear hats in the garden to provide a positive role model for the children

## Sunscreen

- Parents of children that attend for a half-day should apply sunscreen to their child at home. For those children that attend for a full day, parents should apply sunscreen before their child comes to nursery and staff will assist the child in re-applying it during lunchtime.
- Parents are asked to give written permission for sun cream to be applied for those children that are at nursery all day, after lunch, during the summer months.
- If a parent does not give permission as signed document stating this must be received by the nursery
- We will provide a known brand of sun cream for the children. This will be a minimum of factor 50. If parents have concerns over the brand used they must provide their own clearly labelled with the child's name.
- It is nursery policy that all children should access the garden at some point during the day.

This policy was last updated	Signed on behalf of the nursery	Date for review
<i>May 2024</i>		<i>May 2025</i>

