

BRAMSHALL NEWS



A Happy Christmas to you all.

December 2018

Send your stories, photos and news for the next edition of Bramshall News!

January deadline is Sunday 16th December 2018



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2 left feet?
Beginners
Aerobics
Class
Basic warm up
Simple moves
Slower paced
Shorter class
Repetition of steps
3 Week Block
January 2019
Bramshall Village Hall
pre-booking required

Beginners Dance Aerobics Class!
Starting Monday 7th January 2019
7.15 – 8.00pm
Please email sair.lovatt@gmail.com
To book your place.
Or message on face book SarahLovattFitness





OPERATION CHRISTMAS CHILD



With a wonderful donation of 50 shoeboxes from Val as well as many other completed boxes and kind donations we have managed to send 250 boxes and £120 to the Samaritans Purse.

I'm sure there will be some very happy children who receive them.

Thank to all who donated, gave their time to wrap/pack and pack the boxes.

Hope to do it all again next year.

Best wishes to all

Linda

SINGALONG

Many thanks to Garry Thomas and Clive Tuck for all their hard work in putting together a programme of songs, from the war years, for our enjoyment on the eve of Remembrance. The evening was well attended and a good time was had by all. £100 was collected for the Royal British Legion.

LIVE & LOCAL - Saturday 17th November

The FB Pocket Orchestra (Ollie, Jenny & Steve) entertained an intimate audience (of only 33) with their lively and engaging sounds of the 20's & 30's. It appears there were many other events taking place on the same evening!! Our next Live & Local performance is scheduled for Saturday 22nd March – look out for details later... and don't miss out.



AUTUMN FAYRE

Well done to Carole & Tom for organising the Autumn Fayre. Again, a sparse attendance, but those who came enjoyed the afternoon as they helped to support this News Sheet, Parish Hall & Church fund-raiser (£114 each).

NEWS SHEET FUNDING

The news sheet is entering its 12th year and has been supported by fund-raising events and in latter years by some advertising. The printing costs of £84 per month are not being met by the current pattern due to lack of support. It is primarily through these community events that this publication can continue – please do your best to assist in 2019 by attending such functions and occasions. Thank you, Rev John.



BRAMSHALL AND DISTRICT GARDENING CLUB

The subject of the last meeting was 'Dwarf Bulbs' and Dave Mountfort gave an excellent presentation illustrated with superb slides (most of which he took in his garden), on the many different varieties which can give colourful displays in the garden throughout the year.

It was most interesting to hear about autumn flowering bulbs and he had suggestions of *Euconium* which gives vividly coloured spikes of flowers, *Colchicum Bormuelleri*, which give crocus-like flowers and, due to its dwarf stance does not get spoiled by the rain so much as normal Colchicums, and *Sternbergia* which looks like a crocus and flourishes in poor dry soil.

Winter flowering bulbs include *Cyclamen Coum*, which, like other hardy Cyclamens, does particularly well growing underneath deciduous trees and some of the early snowdrops. There are apparently 200-300 species of snowdrop, so with judicial choice of which ones to plant, their flowers can be enjoyed from December to March.

Some unusual bulbs (which tend to be on the expensive side) are Trilliums, with a very pronounced 3-part flower and *Rhodohypoxis*, whose cascades of flowers fill the months from May to August.

The December meeting will be the Christmas dinner, organised for Monday 10th December and the new year will begin with a presentation by Clive Tuck on the 'The Natural Delights of Nepal'. This will take place at Bramshall Parish Hall on Monday 28th January 2019 at 7:30pm.

Please put this date in your diary and don't forget - Gardening Club members can claim a 10% discount at the Strawberry Garden Centre on purchases above £10 (excluding discounted items) – just present a 2018-19 Membership Card.

Clive Tuck.

Extra help is always welcome in order to keep Bramshall tidy.

Church News

The Uttoxeter Area of Parishes
Parish Church of St. Lawrence Bramshall
Vicar Revd John Lander
revjsl@aol.com 565228

Services for December 2018

2 nd December	11.00am	Holy Communion
9 th December	8.00am	Holy Communion
	11.00am	Morning Prayer
16 th December	11.00am	Holy Communion
	4.00pm	Traditional Carols & Readings
23 rd December	11.00am	Family Communion
	4.00pm	Christingle Service
24 th December	11.30pm	Midnight Mass
25 th December	10.00am	Holy Communion
30 th December	11.00am	Carols of Praise

Sidespersons Rota:

2 nd	Mr R Jones
9 th	Mrs E Blurton
16 th	Mrs L Corbishley
23 rd	Mrs M Talbot
24 th	volunteer
25 th	volunteer
30 th	Mrs SA Lander

Cleaning Rota (for the Sunday stated)

2 nd	Mrs SA Lander
9 th	Mrs J Corbishley
16 th	Mrs L Corbishley
23 rd	Mrs M Jones
30 th	Mrs SA Lander

Flowers: Mrs M Jones & Mrs E Blurton (no flowers in Advent)

100 Club Winners - October

1 st	No. 4	Bryan & Pam Heath	£30
2 nd	No. 38	Sue Cutts	£25
3 rd	No. 26	Tom Postlethwaite	£20
4 th	No. 53	Hazel Clarke	£15
5 th	No. 174	Helen Lowe	£10

100 Club Winners - November

1 st	No. 177	Mick & Brenda Gascoigne	£30
2 nd	No. 167	Kate Harvey	£25
3 rd	No. 105	Radley Perks	£20
4 th	No. 150	Margaret Beeson	£15
5 th	No. 48	Rose West	£10



Carol Service – We warmly invite everyone to our traditional service of Carols and Readings on Sunday 16th December at 4.00pm, after which we shall be drawing the Hamper raffle and also the last draw for the village 100 Club. If you would like to take part in this service by reading a lesson or poem (all material provided) please contact Rev John.

The very popular **Christingle Service** is on Sunday 23rd December, when we intend to make the Christingles during the service. We encourage young families to come along to make the Christingles and then dress up for the nativity scene. If you have an outfit for your child that is excellent do bring them along. We do have outfits but children may get disappointed if there isn't the correct size for them). You are warmly invited to prepare for the true meaning of Christmas by joining in this favourite of occasions. There is a welcome for everybody at St. Lawrence's.

PCC Meeting – Monday 14th January 7pm in Church

POSTING SUNDAY

Christmas cards for people in the **village only please** can be brought along to church on the 16th December – a donation of 10p per card would be appreciated – and these will be delivered for you the following week. If you are unable to get them to church please let John & SallyAnne know so that they can arrange collection.

CONFIRMATION: Anyone considering confirmation please see Rev. John or phone him on 565228 as the classes will start in the New Year.

FESTIVE CUPPA

Glenda Lovatt invites you to her festive cuppa afternoon on Wednesday 12th December 2-5pm at Bowmore House, Stone Road. The perfect antidote to the Christmas build-up tensions! Do come and join us – everyone welcome

BRAMSHALL 100 CLUB

Our established “100 Club” is entering its twelfth year and we are hoping that you will consider joining or renewing your membership for 2019.

For those new to the village – whether you have a direct connection with Church or not – this can be a way of showing your care and support by purchasing a number for £12 (or more if you are feeling very generous!). We pay out half the proceeds in winnings and the other half is put towards keeping our lovely Church in the condition it is in at the moment.

The cost remains at £12 for the year for each number (£1 per month up front) and follows the usual format of monthly draws with the winners being notified and their names published in the Bramshall News Sheet.

Cheques should be made payable to: **Bramshall 100 Club** and return in an envelope stating your **name and address, phone number and email address please** **TO:** Rev John Lander, 9 Overcroft, or phone 565228 to arrange collection. If you wish to pay directly into our account please use: Nat-west, Uttoxeter Sort Code 60-22-09 Account 64540138 **Bramshall 100 Club** – Ref: put your name. An email to pjsaj@aol.com saying you have paid this way would be most helpful.

RECIPE

Home Made Burgers

1lb Minced beef.
1 small onion chopped small pieces.
1 carrot grated,
1 parsnip grated.
1 clove of garlic.
1 tablespoon grated Parmesan cheese.
Salt and pepper.
Pinch of chilli flakes (optional)



Mix all the ingredients in a bowl, if you do not fancy grated carrot and parsnip then leave out, but they do add some texture and taste to the burgers. The grated parmesan actually binds the burgers together when you are shaping them which you do with your hands. Fry burgers in frying pan and you can also add some mild curry powder if you want some spicy taste.

There is so much in the papers now about how bad red meat can be for you. I was a farmers daughter and went to Agricultural College to get a degree in farming which I did. British beef was reared very differently then, most breeds were British reared on natural milk from their mothers and fed on grass. My father used to say what goes in at one end comes out the other and back into the soil which was so good for the land. The quality of soil was very good then, in the soil you would see worms and insects , you go in fields now worms are a rarity - they have been destroyed by modern fertiliser which has chemicals in it and kill good soil . When in a supermarket if I want meat I buy fresh from the meat counter as it is mostly English meat. All meat packed has come from a distribution centre and could be from anywhere. Therefore I buy 95% of meat from the butcher, he knows where his meat has come from and is British. The other week I ordered a large rib of beef which was tender the fat was a nice creamy white in colour which shows it had been fed on grass and is therefore a good natural fat and not saturated, this helps you build up good immune system. Chicken for roasting from butcher is not filled with water to make it look bigger. A supermarket chicken takes 6weeks from being hatched to be on the shelf it has been filled with liquid to make it look bigger. Mince beef has 10% less fat than packed supermarket mince.

Penny Gilpin

Bramshall News is available to read on the Bramshall Parish website
www.bramshallparish.org.uk

Fun, friendly fitness classes suitable for all fitness levels
Sarah Lovatt Fitness
Sair.lovatt@gmail.com
07817 323095

This is your Bramshall News - be part of it.

Send your news, photographs, special celebrations, "Lost & Found"
If it is happening in the village, please share it.
bramshallnews@gmail.com

RECYCLE YOUR OLD MAGAZINES

If you buy magazines would you consider allowing others to read them? At the back of church we have magazines and periodicals available for others to benefit from reading them, and any donations you may have would be much appreciated. Church is open at weekends so just pop in and choose a magazine (you may be visiting someone in a hospital or know someone who is poorly at home who may appreciate a nice magazine to read.)

Class Timetable

Monday

Dance Aerobics

6-7.00pm

Bramshall Village Hall

Tuesday

Dance Aerobics

6-7.00pm

Picknalls First School

Uttoxeter

Thursday

Circuits

6-6.45pm

Bramshall Village Hall

BRAMSHALL QUILT AND CRAFT CLUB

**The next meeting - Thursday 13th December
at Bramshall Parish Hall**

**10am to 12.30pm.
£5 inc. tea & coffee.**

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ANY JOB CONSIDERED

Dave, Tracey & Simon Carroll

Mobile: 07754 267 511

Landline: 01785 604318

Email: traceycarroll1966@msn.com

We look forward to hearing from you.

Diary Dates

Church Services and Events			Church of St. Lawrence	See page 6 for full details
NCT Bumps, Babies & Toddlers Group	Mondays	10am - 12pm	Parish Hall	Vicky Smith
Dance Aerobics	Mondays	6.00pm - 7.00pm	Parish Hall	Sair Lovatt 07817323095
U3A Philosophy	Tuesdays	10am- 12pm	Parish Hall	David Trenergy 566865
U3A Country Dancing	Tuesdays	2pm - 4pm	Parish Hall	Keith Lowson 564427
Bramshall Bowling Club	Tuesdays	7.30pm	Parish Hall	Harold or Sylvia 567763
Bramshall Art Group	Wednesdays	9.30am – 12pm	Parish Hall	Anne Harris 566006
Yoga	Wednesdays	5.45-6.40pm & 6-45pm - 7.45pm	Parish Hall	Jayne 07765769979
Circuit Training	Thursdays	6.00pm- 6.45pm	Parish Hall	Sair Lovatt 07817323095
Fitness Class	Fridays	10 - 11am	Parish Hall	Barrie Taylor 01543 418242

Events this month

Carols Service	Sunday 16th December	4.00pm	Church	John Lander 565228
Christingle Service	Sunday 23rd December	4.00pm	Church	John Lander 565228